POWER UP
Home Booklet

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with Caroline Nixon and Michael Tomlinson
Where’s Jack swimming?

Circle five more words → ↓. Which word completes the sentence?

mountain
tortrock
olleaves
clanceaa
pxkotonm
adesorte
ntgrass

Jack’s swimming in the ____________.

Window to the World

The Amazon water lily is from the Amazon River, in South America. Its leaves are very big. They’re two metres wide!

What’s two metres wide at home? Write.

At home, the ____________ is two metres wide.

Tongue Twister

Can you say this ten times?

Luke loves leaves.
Answer Jack

1. She’s having breakfast.
2. Watch a film before I do ___.
3. ___.
4. ___.

What’s Daisy doing?

Home mission

Days of the week puzzle

Write the missing days!

1. Monday, ___________ and ___________ have got six letters.
2. ___________ and ___________ start with the letter ‘S’.
3. ___________, ___________ and ___________ have got the letter ‘t’ in them.
4. ___________ is my favourite day.

Window to the World

‘Sunday’ comes from the word ‘sun’, and ‘Monday’ comes from the word ‘moon’.

In your language, which words do ‘Monday’ and ‘Tuesday’ come from?

the sun
the moon
Home rules

Write Daisy’s home rules. Then write your home rules in your notebook.

get up early for school  have sweets for breakfast
go to bed late  get dressed for school

I must ...
- clean my teeth after breakfast, lunch and dinner.
- get up early for school

I mustn’t ...
- watch a film before I do my homework.
- 
- 

Tongue twister

Can you say this ten times?
She goes shopping and skating on Sundays.

Home mission

On the cover of your book, draw yourself with someone you live with, or stick a photo.
What do you do together? Write.

This is me and my sister, Ana.
We listen to music at the weekend.
Guess who

- The pop star’s singing.
- The cook’s making a cake.
- The farmer’s riding a horse.
- The clown’s taking photos.

pop star  clown  cook  farmer

Tongue twister

Can you say this ten times?

Peter Pirate's puppy's playing.
Why are you buying that?

Write Daisy and Jack’s answers.

1. Because I want to be a pirate.

2. 

3. 

4. 

Window to the World

In the world, the most common hair colour is black, then brown and then blonde.

What colour is your hair? Is it straight or curly?

Draw, colour and write.

My hair is ______________ and ______________.

Home mission

Ask two people at home, ‘What’s your favourite costume?’ and write their answers. On page 1 of your book, draw a crazy costume using the answers.

Write about the costume.

My dad’s favourite costume is a pirate and my brother’s favourite costume is a farmer. This is a pirate-farmer costume!
Jack’s family photos

Read, look and write the numbers. They must add up to 17!

1. Which aunt is shorter? 2
2. Which son is older? _____
3. Which snake is longer? _____
4. Which cousin has got curlier hair? _____

2 + _____ + _____ + _____ = 17

Tongue twister

Can you say this ten times? Frank’s flat is on the first floor.
What's he saying?

theirs  mine  his  hers

1. It's mine.

2. It's

3. They're

4. It's

The Empire State Building in New York City has 102 floors and there are more than 1,500 steps on the stairs!

Count the steps on the stairs at home. How many are there?

Window to the World

Home mission

Draw someone from your family on page 2 of your book: an aunt, a cousin ... Show your picture to the people you live with. Can they guess who it is? Write about the person in the picture.

This is my aunt, Laura. She's got curly ... She lives in ...
Animal locomotion!

Write the animals’ names in the circles!

atbs  bbarits  roongkaas  lehwas  rrtoaps  philodsn

They fly.

bats

They jump.

Window to the World

Animals can be diurnal or nocturnal. Diurnal animals are awake in the daytime and they sleep at night. Nocturnal animals sleep in the daytime and they’re awake at night. Penguins are diurnal, and bats are nocturnal.

Which other animals are nocturnal? Find two.
Help Jack find the animals. Write.

1. The ___ lions ___ are opposite the bears.
2. The lions are above the ___.
3. The kangaroos are below the ___.
4. The bears are near the ___.

Tongue twister
Can you say this ten times?
Can Kangaroos climb?

Home mission
Ask someone at home, ‘What’s your favourite animal?’ Draw the animal on page 3 of your book, or stick a photo. Write about the animal.
My mum loves pandas. They live in the mountains in China ...
Weather trail

Help Daisy get to the rainbow. Make a trail with seven more weather words.

A rainbow happens when there’s rain in one part of the sky and it’s sunny in another part. Learn the colours of the rainbow. Practise this sentence:

**Ride on your **green** bike in **Venice.**

Match the coloured letters in the sentence to the names of the colours.
Crazy clothes!

Look at the pictures of Daisy’s bedroom. Can you complete Jack’s notes?

<table>
<thead>
<tr>
<th></th>
<th>shorts</th>
<th>sweater</th>
<th>T-shirt</th>
<th>coat</th>
<th>boots</th>
<th>scarf</th>
</tr>
</thead>
</table>

**Monday**

It was cold, but there was a [T-shirt] and [ ] on the bed!

**Tuesday**

It was hot, but there was a [ ] and a [ ] on the chair!

**Wednesday**

There was snow, but the [ ] and the [ ] were behind the door!

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Tongue twister

Can you say this ten times?

Walter wants windy weather.

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Home mission

Describe the weather today on page 4 of your book.

Then ask someone at home, ‘What are you wearing?’

Draw the person and write.

Today it’s cold and sunny.

My dad’s wearing a green sweater ...
Let's cook!

The best menu

Look at the menus and the food Jack and Daisy like and don’t like. Choose the best menu for them.

<table>
<thead>
<tr>
<th>Menu 1</th>
<th>Menu 2</th>
<th>Menu 3</th>
<th>Menu 4</th>
</tr>
</thead>
<tbody>
<tr>
<td>vegetable soup</td>
<td>salad</td>
<td>vegetable soup</td>
<td>salad cheese sandwich</td>
</tr>
<tr>
<td>meatballs</td>
<td>burger</td>
<td>pasta</td>
<td>sandwich</td>
</tr>
</tbody>
</table>

![Images of food items corresponding to each menu]

- The best menu for Jack is number ________.
- The best menu for Daisy is number ________.

Tongue twister

Can you say this ten times?

Paula's putting the pasta on the plate.
What did Daisy and Jack do yesterday? Look, read and write *Daisy or Jack*.

1. I carried the plates.  
2. I washed the cups.  
3. I cut the onion with my dad.  
4. I dropped a glass!

Jack

**Window to the World**

Remember that to keep healthy, it’s good to eat five portions of fruit and vegetables every day.

Which fruit and vegetables did you eat yesterday?

Look at the photo. Make your number 5 with fruit and vegetables!

**Home mission**

Ask three people at home, ‘What has your favourite sandwich got in it?’ and write their answers. On page 5 of your book, draw a ‘super sandwich’ with all the ingredients. Write about it!

This is our super sandwich. It’s got cheese, chicken ...
Words for a day trip

Write the missing letters. Make a new word with those letters. What is it?

1. sta tion
2. fun fa r
3. ar par
4. mark

The new word is t_______.

What did Jack do?

Look and answer.

1. Did Jack get a DVD from the library?
   No, he got a book.

2. Did Jack buy some cake in the café?

3. Did Jack give Daisy a hat?
Daisy’s list

Look at Daisy’s list. Where does she have to go? Tell her.

library  bus station
supermarket  sports centre

Monday  buy the bus tickets for school with Mum
Tuesday  buy some food for the party with Dad
Wednesday  go to my swimming class
Thursday  get some books for the weekend

On Monday, you have to go to the bus station .
On Tuesday, 

On Wednesday, 

On Thursday, 

Home mission

Ask three people at home, ‘What’s your favourite place in town?’ and write their answers. Choose one of the places for page 6 of your book. Draw the place or stick a photo. Write about the place.

My grandma’s favourite place in town is the sports centre. She goes ...
Look and write the words!

Use the code to write more words. Show them to people at home. Can they guess the words?

Window to the World

Wiley Post was an American aviator. He went around the world on a plane in 1933 – that’s more than 80 years ago! He did this in seven days, 18 hours and 49 minutes. Now, you can fly around the world in 51 hours!

How many days are there in 51 hours? Find out!
What do you think? Look and write A, B or C.

1. ___ is more beautiful than ___ . ___ is the most beautiful.
2. ___ is more exciting than ___ . ___ is the most exciting.
3. ___ is more difficult than ___ . ___ is the most difficult.
4. ___ is more dangerous than ___ . ___ is the most dangerous.

Can you say this ten times?
Here’s Henry the hungry horse!

Home mission
Ask three people at home, ‘What’s the most exciting place to visit?’ and write their answers. Choose one of the places for page 7 of your book. Draw the place or stick a photo. Write about the place. This is the last page of your book. Congratulations!

These are the Victoria Falls, in Africa. It’s my dad’s most exciting place to visit.
Picture dictionary

Countryside

- field
- forest
- grass
- ground
- lake
- leaf
- mountain
- river
- rock
- tractor

Say the name of a forest, a mountain and a river from your country.

Daily routines

- get dressed
- get up
- have a shower
- have breakfast
- toothbrush
- toothpaste
- towel
- wake up

What time do you ...? Choose three activities.
Days of the week

Monday
Tuesday
Wednesday
Thursday
Friday
Saturday
Sunday

Which day comes after Tuesday and before Thursday?

Free time activities

go shopping
go skating
listen to a CD
listen to music
read a comic
watch a DVD
watch films
write an email

What do you like doing? Say three things.
Jobs and parties

clown  cook  dentist  doctor  farmer  film star

nurse  pirate  pop star  present  treasure

Which is your favourite costume?

Physical descriptions

beard  blonde  curly  fair  fat

moustache  short  straight  tall  thin

Describe a person from your favourite TV show.
Extended family

- aunt
- cousin
- daughter
- granddaughter
- grandparents
- grandson
- parents
- son
- uncle

Can you think of five more family words?

In and around the home

- balcony
- basement
- downstairs
- first floor
- second floor
- third floor
- inside
- lift
- outside
- roof
- stairs
- upstairs

At school, which floor is your classroom on?
Wild and domestic animals

bat  bear  cage  dolphin  kangaroo  lion

panda  parrot  penguin  rabbit  whale

Can you think of five more animals?

Action verbs

climb  fall  fly  hide  jump

lose  move  run  walk

Choose five actions. How do you do them?
The weather

- cloud
- cold
- hot
- rain
- rainbow
- snow
- sunny
- wind

What's the weather like today?

Clothes

- boots
- coat
- put on
- scarf
- shorts
- sweater
- T-shirt
- take off

What are you wearing today?
Food

- bottle
- bowl
- cheese
- cup
- glass
- pasta
- plate
- salad
- sandwich
- soup
- vegetables

What can you drink in a glass? What can you eat in a bowl?

Actions in the kitchen

- boil
- carry
- cook
- cry
- cut
- drop
- fry
- wash

Do you help in the kitchen? What do you do?
A day trip

- car park
- city centre
- funfair
- map
- ride

- road
- station
- ticket
- trip

What’s the name of a funfair where you live?
What’s your favourite ride?

Places in town

- bus station
- café
- cinema
- hospital
- library
- market
- shopping centre
- sports centre
- square
- supermarket
- swimming pool

Choose three places. How often do you go to them?
Adjectives for opinions and feelings

afraid  boring  dangerous  difficult  easy  exciting
frightened  hungry  thirsty  tired  surprised

Choose five adjectives. Act them out!

A new adventure

adventure  busy  email  round

Close your eyes. How many adventure words can you remember?
text / send a text  travel  world
Draw and write words you know in English.