Project Location
Nikko, TOCHIGI, Japan

Description of the partner organizing/hosting the project
NPO Mainichi Christmas is dedicated to help the elderly and children in a broad range of ways in their daily lives with respect for Christianity. ‘MAINICHI’ means ‘Everyday’ in Japanese, the founder hopes that their residents can spend “Everyday like a Christmas holiday”. At a day care service facility, they help seniors with the daily tasks; bathing, food preparation, basic medical care and entertainment. They also offer service for people who do not have family members or people who just want to have a chat or some activities. 30 workers also look after children, playing a role of “Afterschool” so that they provide some activities and comfortable places.

They also work closely with NPO Nikko International Nature School, Nikko UNESCO world heritage environmental survey group and Dokkyo Medical University Nikko to provide a variety of activity and stimulate the community and accelerate the communication among international members and local Japanese. CIEE Japan started the partnership since 2014.

Mainichi Christmas: [http://www.xmas.or.jp/instanthp/page03.html](http://www.xmas.or.jp/instanthp/page03.html)

Description of work
Basic daily work is to help staff of Mainichi Christmas. This project also includes activities in the nature of Nikko and cultural activities. On a day in the last week of the project, volunteers will join Nikko UNESCO world heritage association and work for a survey. You may have a precious chance to enter inside of world heritage building where tourists can’t enter.
- Supporting senior residents at day care center, joining activities like art, dance, songs, talk in Japanese.
- Supporting children at an after school and local school (playing and mingling)
- Playing with Children at NPO international nature school (sports, games, songs and fitness along riverside to the mountains)
- Working with Nikko UNESCO World Heritage association (environmental survey at the temples which is registered as a World Heritage, join exchange event with local high school students)
- Cultural exchange with Dokkyo Medical University Nikko (Interact with Japanese-German association medical staff and eat lunch together for intercultural communication)

Description of accommodation and food
Accommodating facility of Mainichi Christmas (Japanese style house)
Facilities: Bedding is provided (Japanese futon mattress), kitchen, toilet, bathroom with bathtub, laundry machine, wi-fi.
Volunteers prepare for breakfast and dinner (sometimes have dinner with staff of Mainichi Christmas). Lunch is provided by the host organisation. Vegetarian is acceptable, but not Vegan.
Description of location and leisure

Nikko city is located in northwest of TOCHIGI Prefecture and attracts many tourists over the world. There is a famous shrine, Nikko-Toshogu, a UNESCO World Heritage Site, dedicated to the general, Tokugawa Ieyasu administered Japan in Edo era (1603-1868). Beautiful nature such as Kegon waterfall, Senjojihara and spiritual power spots such as Nikko mountain Rinno-ji temple attract tourists around the world. There are also theme (amusement) park such as Edo Village, Monkey Park, Tobu World Square, art museum you can enjoy before/after workcamp. A volunteer needs at least 20,000 JPY in cash if she/he wants to go sightseeing on free-day.

Nikko Toshogu Shrine (UNESCO World Heritage) in Nikko city (Eng.) http://www.toshogu.jp/english/
RINNOJI Temple (UNESCO World Heritage) in Nikko city (Jpn.) http://rinnoji.or.jp/
Nikko City official website (Eng.) https://www.city.nikko.lg.jp/foreign/index.html

Remarks
- The host organisation relates with Christianity but volunteers with any religions are welcome.
- Prepare for a presentation of your home country and a meal representing the country. Bring recipe, ingredients and seasonings you can’t get in Japan.
- Should bring: Long sleeve shirts and long pants to cover your hands, arms and legs, sports shoes, sunscreen, sports shoes, swim wear, beach sandals, bath towels, facial towels, anti-mosquito bites spray, medicine you need (there are many cedar trees nearby).
- Volunteers are NOT ALLOWED TO DRINK ALCHOL AND SMOKE during the workcamp.
- Please pay attention on what you wear when you work as a volunteer. Short skirt, shirt pants, sleeveless shirt, and other clothes which are too tight, transparent, too short, showing your underwear or private body are NOT ALLOWED.

Requirement
Age: 18 -
- Active attitude to interaction with children and senior people and staff of the center.
- Interests and understanding of Japanese culture and social manner.
- Must submit a motivation letter or description of motivation in the application form. Please include your self-introduction, interests on the project, experience, motivation in English or Japanese (if possible).
- Submit a confirmation slip (Travel information) online after your application is accepted by CIEE Japan.

Language
English and Japanese (Greetings and self-introduction)

Extra Fee
No extra fee

Terminal
Airport: Narita /Haneda Airport (International) /Train Station: Tobu Nikko Station (Tobu Nikko Line)
Meeting Point and time
Tobu Nikko Station/4 PM, 10 August