Youth Exchange

“Hiking for YOU-th”

10 – 21 August, 2019
Kakheti Region / Georgia

Erasmus+
**DATES**

*APV (Advanced Planning Visit)*
Arrival: 17 June / Departure: 20 July, 2019
(Only for Group Leaders)

*YE (Youth Exchange)*
Arrival: 10 August / Departure: 21 August, 2019
(for Full Group)

**VENUE**

*APV - TBILISI*
Indoor - in Tbilisi Old town

*YE - Pona Campsite*
Full Outdoor - in Low Mountainous District of Kakheti Region
Due to the extraordinary situation related to the mass migration in Europe & neighboring countries, youth-Educational organisations “Schoolclash” (Germany) & Network of youth-Educational organisation “Youth For the World”-YFW (Georgia) & “Inovativy Karta” (Lithuania) together with partners initiates a project “Hiking for YOU-th", which is based on sports, outdoor education & social inclusion. We noticed that Europe citizens are very frustrated because of current changes & new wave of discrimination, hate & anger is starting in the continent again. Huge number of racist crimes in Europe has risen as well, especially hate crimes against Muslims following Paris attacks. There is an urgent need to reduce social tensions, to raise the level of tolerance, to promote the understanding & accepting each other despite the cultural & religious differences. We believe that sport(we will use various sport & outdoor education methods but hiking as the core)through its universality, can transcend cultural, socio-economic & political barriers, which is very important in a international context. Sport is powerful tools for development, within international communities. Moreover, sport reflects on different values & can create a bridge between different social groups forming better mutual understanding. The answer could be reaffirmed by citing United Nations, which “recognize that sport, as a tool for education, development & peace, can promote cooperation, solidarity, tolerance, understanding, social inclusion & health at the local, national & international levels".
The Main Objectives

- To reach personal development which helps to understand ourselves and reflect on own & others behavior;
- Challenge the perception of the structures within our society that undermine social inclusion or foster discrimination;
- Overcoming the stereotypes of different religious & raise awareness on the topic of discrimination;
- To understand the connections between culture, sport and inter-cultural aspects of sport in religious dialogue;
- To build a broader understanding of what an inclusive attitude means,
- To raise the sense of empathy towards other people
PARTICIPANTS PROFILE

Expected Participants: youngsters, youth workers & young leaders who are already active but aim to develop as youth leaders, concretely in the sphere of motivation & Outdoor Education

AGE limit for Group Leaders: +18
AGE limit for participants: From 18 - Till 29
* All participants should be ready to present their organizations during the NGO Fair.

* All participants should be ready to present their countries during the intercultural evenings. Feel free to bring traditional music, dances, food and drink.

**IMPORTANT!** We encourage not to use video/photo & PowerPoint presentation

* We kindly ask our partners organizations & group leaders to prepare participants according the needs of the Youth Exchange (will be discussed during the APV).

* All participants have to be ready for full outdoor activities, as we are planning to have lot of actions in outdoors. Participants need to be prepared for various weather conditions. (Please bring comfortable shoes or sneakers, outdoor suits & rain coats). We will go for hiking (day & night) few times during the YE.
YE will be implemented in the frame of the ERASMUS+ Programme. Accommodation, living, working materials & other project (Youth Exchange) related expenses will be funded 100% by the European Commission.

**NOTICE!!! Health & travel insurance need to be covered by the participants**

<table>
<thead>
<tr>
<th>Partner Countries</th>
<th>Partner Organization</th>
<th>Number of Participants</th>
</tr>
</thead>
<tbody>
<tr>
<td>Germany (Applicant)</td>
<td>Schoolclash eV</td>
<td>4 Participant + 1 Leader</td>
</tr>
<tr>
<td>Georgia (Hosting)</td>
<td>Youth for the World - YFW</td>
<td>4 Participant + 1 Leader</td>
</tr>
<tr>
<td>Portugal</td>
<td>Associação Faisca Voadora</td>
<td>4 Participant + 1 Leader</td>
</tr>
<tr>
<td>Lithuania</td>
<td>Vsl &quot;Inovatyvi karta&quot;</td>
<td>4 Participant + 1 Leader</td>
</tr>
<tr>
<td>The Netherlands</td>
<td>Stichting Schoolclash</td>
<td>4 Participant + 1 Leader</td>
</tr>
<tr>
<td>Russia</td>
<td>Academy of innovation</td>
<td>4 Participant + 1 Leader</td>
</tr>
<tr>
<td>Ukraine</td>
<td>Society Initiatives Institute</td>
<td>4 Participant + 1 Leader</td>
</tr>
<tr>
<td>Armenia</td>
<td>Youth Empower Lab</td>
<td>4 Participant + 1 Leader</td>
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WEATHER

In July/August in Georgia usually is very hot weather. Normally temperature is around 35/37°C, but because of we go to mountains, evenings will be chilly, or can be rainy, so be prepared ;) We strongly recommend checking the forecast before coming or to write the coordinators to consult. Please don’t forget that we will be sleeping in Tents.

* No Electronic life * Just Nature & Us * Be ready!!! *
Participants have several possibilities to arrive in Georgia (Kutaisi & Tbilisi Airports). Most cheap arrival flight point is Kutaisi international airport (Wizz Air). Cheap Flights mostly are operated by Ukraine international (Tbilisi, Kutaisi, ), AirBaltic (Tbilisi), Pegasus(Tbilisi), LOT (Tbilisi), Atlas Global(Tbilisi), Aegean(Tbilisi) from/via Istanbul, Kiev, Riga, Athens, Warsaw. For participants arriving from Armenia we recommend to use bus/minivan or train connection to TBS.

! Please note that if some participants will arrive earlier of stay longer for Discovery reasons, organizers will not provide them with transportation to/from the airport.

**LOCAL TRANSFER**

All participants will be picked up from the meeting points (on arrival day) depending their arrival date/time & will be brought to project Venue. Transfer schedule will be sent, as soon as we will have all tickets.

! Please note that travel between arrival places & project venue and back will be organised by hosts & then the costs for this trip have to be covered by the participants with the actual travel costs budget (Under the table budget limit).
The Youth Exchange will take place in Pona eco village. The Camping Place is surrounded by nature and situated in the low mountainous region of Kakheti in eastern part of Georgia (around 190km far from Tbilisi city). Venue is hosting local and international camps since summer 2013. Campsite is good location for the outdoor activities with all the necessary facilities for living and working. Participants will be living in tents shared by 6 & 8 people depending on tent size. Organizers will provide matrasses, but we are expecting participants to take their own **SEEPING BAGS**. Hosts will provide participants with three times meal per day & two Fruit/coffee breaks also Picnics and food packages during the hiking.

We strongly recommend Group Leaders to inform the organizers about any special needs of participants, such as special diet or other (i.e. vegetarians, vegan, gluten etc.)
SPECIAL PREPARATION FOR HIKING

You should bring (associative photos):

1. **Torch** or **head lamp**, make sure to have fully charged batteries and have some extra:

2. **Reflectors**, to see each other better and **sleeping bag**

3. **Comfortable clothes** and **shoes** for active moving (look for weather forecast):

4. **Backpack** or any other **bag** – it is easier to carry something if you have it:

5. Any needed **personal medicine** and **water container/bottle**:

Rain Coats
Participants are requested to have all tickets for round trip!

We will need few important documents for your travel reimbursement:
1. Boarding pass (Plane)
2. E-ticket (Plane)
3. Any other kind of tickets, bills & payment proof, which you will receive during the travel.
4. Payment proof(from card history) for the PLANE ticket & for every ticket purchased online.
   a) If you pay by CASH - we will need ORIGINAL INVOICE from company with STAMP & SIGNATURE.
   b) If you pay by CARD - we will need PRINT FROM CARD HISTORY (From i-Banking).

Travel reimbursement for ALL COUNTRIES will be done by BANK transfer approximately in 1 month after the activity, based on full travel documents from all the Groups & participants.

Travel (flights, other means of transport) expenses are compensated (up to 100%), based on the distance from location of organisation to the location of the project. These distances must be calculated using the distance calculator supported by the European Commission.

<table>
<thead>
<tr>
<th>€</th>
<th>Per Participant from</th>
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</thead>
<tbody>
<tr>
<td>180</td>
<td>ARMENIA (only Land Transport allowed)</td>
</tr>
<tr>
<td>275</td>
<td>RUSSIA &amp; UKRAINE</td>
</tr>
<tr>
<td>360</td>
<td>LITHUANIA &amp; GERMANY</td>
</tr>
<tr>
<td>530</td>
<td>PORTUGAL &amp; NETHERLANDS</td>
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VISA ARRANGEMENTS

Participants with passport of EU states, Armenia, Ukraine, Russia do not need VISA to enter the territory of Georgia. You will need to have only a Valid for next 6 month & not Damaged international Passport.

IMPORTANT: check the validity of your passports before the departure.

IMPORTANT DATES

Sending travel options & purchasing the tickets for GL (APV): from 04 to 05 June 2019
Sending travel options & purchasing the tickets for GL & participants (YE): till 15.06.2019

NOTICE!!! Tickets purchased without our conformation will not be accepted, organisers should see the travel details before participants buy tickets!!!
If you have any questions or need some extra information about the Youth Exchange, feel free to contact us via email: Youthforttheworld@yahoo.com or Mobile (“Viber”/”Whats Up”): +995 592 258000 - George Bukia