LITTLE MOUSE'S
Emily Gravett's
Big Book of Fears
Spiders: Little Mouse is afraid of them (arachnophobia). Shadows: Little Mouse is afraid of those (sciaphobia). In fact, Little Mouse is afraid of everything. Join her as she faces her fears and records them in her journal—and discovers that even the biggest people are afraid of some things.
Everyone is scared of something.

Living with fear can make even the bravest person feel small.

Emily Gravett's
Big Book of Fears
is the essential book to help you overcome your phobias.

It has been put together by an expert in worrying, who draws on a lifetime's experience of managing her fears through the medium of doodle.

You too can overcome your fears through the use of art!

Each page in this book provides a large blank space for you to record and face your fear using a combination of:
Drawing
Writing
Collage.

Sale of this book benefits The Library.

REMEMBER!
A FEAR FACED IS A FEAR DEFEATED.
Little Mouse's
Emily Gravett’s
Big Book
of Fears

SIMON & SCHUSTER BOOKS FOR YOUNG READERS
NEW YORK  LONDON  TORONTO  SYDNEY
Arachnophobia
(Fear of spiders)

Use the space below to record your fears.

I'm scared

of creepy crawlies

(especially spiders!)
Entomophobia
(Fear of insects)

Use the space below to record your fears.
Teratophobia
(Fear of monsters)

Use the space below to record your fears.

I worry about what's under the bed.
Clinophobia
(Fear of going to bed)

Use the space below to record your fears.
Aichmophobia
(Fear of knives)

Use the space below to record your fears.

I get edgy near sharp knives.
The Farmer's Friend

News, views, and moos from down on th

Mouse numb

Tail End for
Deep Cut Farm’s
Mouse Problem

by M. Ferguson

Deep Cut Farm of Lower Wallop is enjoying its first mouse-free evening for weeks after a recent assault by a trio of cheese-mad rodents made life intolerable on the once peaceful dairy farm.

Matters came to a head last Saturday when Mrs. Sabatier, wife of Farmer Sabatier (Best Big Cheese Award Winner 2005), decided that enough was enough.

"The blinking mice had been driving me mad! They were running after me while I was working. I think they could smell the cheese!" she fumed. "I just lost it, I was blind mad! I picked up the nearest thing to hand, which was my carving knife, and before I knew what I had done, there were three tails in my hand, and three mice running as fast as their legs could carry them out of the door."

Well, one thing’s for certain, that’s the last time...
Ablutophobia
(Fear of bathing)

Use the space below to record your fears.

I'm frightened I may get sucked down the drain!
Hydrophobia
(Fear of water)

Use the space below to record your fears.

or

flushed down

the toilet.
Dystychiphobia
(Fear of accidents)

BATHROOMS
Toilets to Go!

Super Deluxe Luxury "Decorative" Toilets

The Super Deluxe Luxury "Demise" range of sanitary ware is the best that money can buy. The satin smooth porcelain ensures ease of cleaning for even the most stubborn marks and stains. The ergonomically engineered seal incorporates Warm Seat™ technology for a comfortable and enjoyable experience.

ME (TINY)

SEAT TOO HIGH

<table>
<thead>
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<th>Serial No.</th>
<th>Type</th>
</tr>
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<tbody>
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<td>Push flush</td>
</tr>
<tr>
<td>123.40</td>
<td>Close-coupled pan</td>
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</table>

NEW

Build this in time?
Rupophobia
(Fear of dirt)

Use the space below to record your fears.

I worry about having accidents.
Ligyrophobia
(Fear of loud noises)

I'M 
ALARMED BY

HICKORY

Hickory Dickory
The mouse,
The clock strik-
The mouse
Hick
Chronomentrophobia
(Fear of clocks)
I don't like being alone, or in the dark.
Whereamiophobia
(Fear of getting lost)

Use the space below to record your fears.

I'm scared of getting lost....
Acrophobia
(Fear of heights)

Use the space below to record your fears.

VISITORS’ MAP
OF THE
ISLE OF FRIGHT

Detailed plans of things; places of interest; major and minor stuff; measurements and map-type things.
Ornithophobia
(Fear of birds)

Use the space below to record your fears.

Birds make me feel twitchy.
Phagophobia
(Fear of being eaten)

Use the space below to record your fears.
Cynophobia
(Fear of dogs)

Use the space below to write your fears.

I get nervous near dogs.
Panophobia
(Fear of everything)

Use the space below to record your fears.

I'm afraid of nearly EVERYTHING I see.
Sciaphobia
(Fear of shadows)

Use the space below to record your fears.

But even though I'm very small...
Musophobia
(Fear of mice)

Use the space below to record your fears.

she's afraid of ME!
This book is dedicated to
above the nether from Metaphobia
Fear of mice

The fabulous rats
Button and Mr. Moo,
who taught me everything I know
about nibbling.

Emil, Gravett is the
author and illustrator
of Monkey and Me
and Meerkat Mail. Her
first book, Wolves, was
the winner of the Kate
Greenaway Medal and
the Boston Globe-Horn
Book Honor Award for
Illustration. Orange
Peach Apple Bear, a Quills
Award finalist and on
the shortlist for the
Kate Greenaway Medal,
appeared on four best-of-
the-year lists. Emil lives
in Brighton, England,
with her partner, their
daughter, and the
family dog. Visit Emil at