Also by Charles Mage

Magickal Imagination: Learn to Use Your Imagination in a Magickal and Witchy Way
Dowsing the Casino: Make Money Dowsing
Magickal Partnership
Energy Ball Manual
Sex Magick for the Solitary Practitioner
Elemental Invocation
Vampirism Magick for Beginners
Vril Mastery: Harness the Force of the Gods
Psi Constructs
The Magickal Mindset
Instant Magick for Everyday Use
Healing with Psi
Magick as a Way of Life
Dowsing Without Tools
Creating an Astral Temple
Fun Things to Do with Your Energy Ball
In Search of Beauty,
Imagination Magick: Learn to Use Your Imagination to Live a Magickal Life
Pendulum Magick: Communicate with Spirits
Magick in Your Pocket: Magical Spells You Can Cast Anywhere, Even in Your Pocket!
Make Your Own Magick Wand The Intuitive Way
The Way of the Magus
The Secret Occult Techniques of Making and Using a Ouija Board
Table of Contents

Title Page

Copyright Page

Also By Charles Mage

Dedication

Introduction

Part I: Theory

Part II: Practice

Part III: Tips and Advice

Part IV: Answers to Questions

Sign up for Charles Mage's Mailing List

Further Reading: Heal Your Body with Meditation

Also By Charles Mage
To all true and passionate practitioners of the arts magickal...
Introduction

Sex magick is an ancient and sacred practice that has immense power, if only you know how to do it properly. For ages, many practitioners of the occult sought for a handy manual that offers clear instructions, but only ended in vain. *Sex Magick for the Solitary Practitioner* is a magickal manual that clearly teaches the techniques of sex magick that you can do on your own, without the need of a partner. Although done in solitary, it should be noted that the techniques in this book can pave a way to a great and immeasurable divine power that you can harness for whatever purpose you need.

*Sex Magick for the Solitary Practitioner* is divided into 4 parts:

**Part I** discusses the basics of sex magick. It teaches valuable information to understand this ancient magickal practice. As with any other magickal working, it is important to gain the right knowledge before you engage in the actual practice.

**Part II** shows the clear-cut instructions on how you can do sex magick. This is the how-to guide that you have been looking for. It is time for you to put your magickal knowledge into actual practice.

**Part III** shares notable tips and best practices that you should observe to ensure your success in your magickal working.

**Part IV** gives answers to frequently asked questions that beginners often wonder about regarding the practice of sex magick.

May this magickal manual be your guiding light to success, happiness, peace, prosperity, love, and a meaningful and magickal life.

Blessed be!
What is sex magick?

Sex magick is an ancient and sacred magickal practice. It is the use of sexual energy to commune with the Divine. As such, it includes sensual or sexual actions. However, do not take such sexuality in a malicious way. If by now you have not realized it yet, then you should understand that sex is an art, and sex is holy. Unfortunately, the modern world with all its wretched system and corrupt morality has made sex into nothing but a mundane and low-life activity enough only for the satisfaction of the flesh. As you go through the teachings in this book, and as you practice sex magick on your own, you will discover for yourself the art and holiness of sex and the beauty of your sexuality. Whether you are a male or a female, you can use sex magick to create positive changes in your life. It does not matter what your sexual orientation is. Sex is a gift, and it is for all. Now, just add a little magick, and great things are within your reach. Let the beauty of miracles unfold.

One of the greatest magicians in the world who ever lived, Aleister Crowley, was also deeply engaged in sex magick. In fact, it was one of his primary occult practices. Raising energy through sexual means is also one of the best and most natural ways to accumulate energy and divine power. Sadly, many practitioners today only use the term "sex magick" only to advance their selfish and malicious desires. They do not really practice sex magick, they only claim to do so in order to satisfy their malicious and low-life desires. This is one of the reasons why it is good to practice solo sex magick (all by yourself).
Another name that can be given to sex magick is tantra. However, it should be noted that sex magick is bigger than tantra. It is not limited by tantric rules and teachings. This makes sex magick even far more interesting.

Of course, when it comes to magick, sex magick is highly significant since it is very natural, potent, and extremely powerful. When you raise energy through sexual means, you will feel your whole body vibrate with immense energy. Imagine being in an endless cycle of having a whole body orgasm. The feeling is fantastic, and the pleasure is indescribable. When you practice sex magick, this shall be your normal reality. Imagine such power you can harness, the greatness you can achieve. Indeed, sex magick can create powerful, amazing, and extremely magickal changes in your life.

**Solitary practice of sex magick**

It might come as a surprise to the uninitiated: "How could anyone practice sex magick in solitary (solo)?" In the old days, when magick was still very much alive in the world, the practice of sex magick was first taught to be done in solitary. This might surprise you, but it is true. At least, this was how covens and lodges, as well as groups of magicians and witches, who truly knew sex magick used to practice it. Of course, sex magick with a partner was also common, but for starters, solitary sex was strongly recommended. The reason is that it is not that easy to find the right partner to do sex magick with. You have to understand that when you do sex magic with another, you have to merge your soul and energy with that person. Hence, you would not want to do it with someone who has a corrupt and immoral soul. This is also why many sex magick workings these days tend to fail. Many
men just trick women into the act in the guise that it is a holy act (which it is supposed to be), but then their corrupt soul betrays the whole working. In the end, the woman is only used for the sexual gratification of the male. Mostly, the males are the ones who take advantage of this vain practice, with some exceptions. Listen, do not be like them, and stay away from those that have a dirty soul. Hence, this manual, just as in the old days, also suggest that you practice sex magick in solitary—on your own.

**Spiritual orgasm**

You have to understand what spiritual orgasm it. This is the kind of orgasm that you will mostly have when you engage in sex magick. For this purpose, it is important to be able to differentiate it from ejaculation. Take note that there is a difference between having an orgasm and ejaculating. When you do sex magick, you will learn to have multiple orgasms without ejaculating. Ejaculation is the physical release of the substance from your body. This is not recommended since it makes you lose your energy, which explains why you often feel drained right after you ejaculate. But, wait a second, isn't it that ejaculation is the most pleasurable part of sex? The answer is no—it is orgasm, and not ejaculation. However, those who are not trained in the ways of sex magick or tantra are not aware that you can have an orgasm, even multiple orgasms, even without ejaculating (or the loss of the energetic fluid). Do not worry, as you go through the teachings in this book, you will learn how to train yourself, and you will soon be able to cum or achieve a mind-blowing and pleasurable orgasm without the need of ejaculation. In occult circles, this is referred to as a spiritual orgasm. It is also possible to achieve this without any physical contact of any kind. Also, if you
get good at this practice, which you can provided you pursue the teachings in this manual, then you will be able to achieve a state of ecstasy where your whole body will be vibrating, fully revitalized with magical energy. When you reach this state, you will have multiple whole body orgasms, which is something that you would love to experience as a magickal practitioner. It is a holy state where you shall be fully aroused, filled with the divine power of sacred sex.

**What is magickal energy?**

Before we discuss the actual instructions, it is important for you to first have the right understanding of what magickal energy is. When you do sex magick, you harness this energy to commune with the Divine or the Ultimate Source. It does not matter whether you believe in a Good/Goddess or not. The Source remains supreme, and you can tap into this Source when you practice sex magick. So, do not be limited by any religious or spiritual belief, for sex magick is not owned by any group or religion. It is pure magick that you can do and harness in accordance with your Will. Moving forward, let us look deeper into this magickal energy. You have to realize that magickal energy is everywhere—it is inside you and all around you. Without this energy, no life can ever exist. It is also nothing new. It has been known through the ages by different names in various cultures. For example, this magickal energy is known as chi in China. It is also referred to as ki in Japan. In Greece, this magickal energy is called pneuma. In Polynesia, they call it manna. In India, it is popularly known as prana. In the world of psionics (psychism), it is called as psi. It has many other names, yet you have to take note that all these terms all refer to the same magickal energy. There are some who
even refer to it as the breath of God, while a few even go on to believe that this energy is actually good since it has the same description as how humans describe God. Now, it does not matter what this energy is to you—that is your own right to decide. As much as this magickal manual is concerned, it is the energy that you can harness through sexual means to commune with Divinity.

But what is this energy? Interestingly, even modern science, specifically in quantum physics, it has already been proven that the world is not made of molecules and atoms. Instead, all is made of energy. When you dig into every atom, you will see energy. Hence, all is energy. Now, to give you a better idea of this energy, it would be nice if you could feel it with your hand. Here is a simple yet effective exercise you can do:

*Rub your hands together, and then position them in front of you as if you were holding a ball. Now, move your hands as close as possible while you inhale. Do not let them touch. Do not even allow for your fingers to touch. As you exhale, slowly pull your hands apart. Continue this to and fro motion as you breathe in and out. Be careful not to let your hands touch, yet bring them as close as possible. Let this movement sync with your breath. As you do, put your focus on your palms, especially on the space between your hands. It is as if you are compressing a ball between your hands. In a few minutes, you will start to feel something between your hands. You may feel some pressure building up or some kind of tingling sensation. It is magickal energy that you are sensing. The to and fro motion that you have been doing concentrates the energy between your hands, which makes you feel it easily. Rubbing the hands together before the exercise, although optional, is a good way to activate the chakras in the hands*
to make it easier for you to feel the energy. If you do not feel anything, do not be discouraged. Just keep on practicing every day, and you will soon succeed.

The exercise described above is just an easy way to give you a better idea and connection with magical energy. When you do the sex magick technique, you will be filled with immense magickal energy to the point that your whole body will vibrate and pulsate with revitalizing living energy. It is, indeed, a magickal experience.
Part II: Practice

Now that you have a good idea of what sex magic is, as well as what magickal energy is, it is time for you to take it to the next level and practice the ancient science and art of sex magick. This is a sacred art, so proceed with respect and holiness.
The practice involves an act of self-love via masturbation. Fill yourself with lust, but be sure to use this energy of lust in a holy day. Lust, like sex, is not evil. It is how you use it that matters.
The best way to learn and discover sex magic is by experience, so let us now move to the actual instructions:

*Make yourself comfortable in bed. You can assume any position, but be sure that your spine is straight. Think of lusty and desirous thoughts. Feel...*

*Remove your clothes and be completely naked. You are about to explore your sexuality, which is raw and beautiful. Begin to touch yourself as you think about those sensual and sexual thoughts. Be lusty and wild. Be aroused and fill yourself with extreme desire. Keep pleasing yourself and do not stop. You deserve to be pleased without end.*

You will feel energy start to accumulate inside you. Normally, it tends to accumulate in the genital area. Now, what you need to do is to make it spread and flow throughout your body. Know that this living energy will revitalize every cell and every part of your being and soul. To do this, feel it and connect with it. Now, you will use the power of your breath to control it. As you breathe in and out gently, you will make it flow with every exhalation. Feel it with every inhalation, and then let it just flow all over your body as you exhale.

*Do this continuously until the pressure that is concentrated around*
the genital area disappears. This is the way to charge your whole body with sexual energy. The more that you do this, the more that you increase your vibration. Soon enough, your whole body will be vibrating with lots and lots of pure energy, bringing you closer and in communion with the Divine.

This is the first part of your sexual magickal working. You ought to be able to get a feel of this energy and be able to control it well. Once you get used to this, you can now move to the next part, and this involves having multiple orgasms. The steps are as follows:

As usual, be comfortable in bed and touch yourself. Bring yourself near the moment of orgasm. However, you ought to stop before you reach the point of no return. Instead of ejaculating, immediately stop touching yourself and tense your muscle, also known as the PC muscle to prevent yourself from ejaculating. It is the same muscle that you use to stop the flow of urine. If you find it hard to locate, simply stop the flow of your urine as you see. This is the muscle that you will use. Now, while you do this, use the technique that you have learned from the previous exercise. Let the explosive arousal spread throughout your body. Continue to do this for as many times as you can.

You should be able to have mastery over this sexual energy and be able to play with it. Direct and manipulate it effectively. If you are able to do the working as already explained, you will soon find yourself in a state of ecstasy where your whole body vibrates, and every cell of your being is just filled with life. As you gain more experience, the more that you will have control over this magickal energy that you will be able to direct it in any way you want. This opens to a lot of possibilities. To give you an idea, let us use it for healing. As you bring yourself to orgasm,
feel and firmly believe that that the explosive powerful energy shall enter every cell of your body and will heal and revitalize it completely. Know that with every orgasm, you are being healed. Continue this practice until you are satisfied and feel a deep sense of complete healing. Indeed, this may seem simple (as it should be), but once you experience this magick, it is something that you will never forget. This is something that goes beyond sex or plain masturbation as you know it. Be sure to focus on the spiritual aspect. Focus on the flow of magickal energy. You are free to stimulate yourself in any way you want. You need to be pleased. You deserve to be pleased and be full of pleasure. You are pleasure. You are sacred sex.

I have given you the key to the mystery. It is now time for you to practice and discover the wonder on your own. It is not good to reveal everything as it may ruin the journey, and it can also vary from person to person. Let the energy of the universe guide you. And, if you have not realized it yet, this magickal act is in and of itself a sacred meditation.
Part III: Tips and Advice

Let us now discuss notable tips and advice that you should observe to increase your chances of success:

**Breathe**

It is important for you to breathe while you touch yourself. Many untrained people tend to hold their breath as they bring themselves to orgasm. Just as energy follows thought, so does energy also follow the breath. By breathing smoothly and deeply, you can have more control of the energy. You just have to try it out to see how this works. Breathe and relax. Remember that you are not in a hurry. You do not need to prove anything nor do you need to please anyone. Everything is okay. You just have to experience the pleasures of the present moment and be glad.

**Let the energy flow**

Do not allow the energy to accumulate in a local or specific part of the body. You should let it flow and spread through your body. This is how you fill your body with magickal energy and also to achieve a whole body orgasm that only a few have experienced. In the beginning, you might not be able to feel the importance of having the energy flow all over your body, but as you add more and more energy, you will start to feel that your body begins to vibrate. From here, you will soon feel revitalized, and the more pleasure you will experience the more that you add energy into your system. So, continue with the process. Keep on raising energy and spreading it all over your body, filling every cell and fiber of your soul, and you will soon reach a high vibrational state of ecstasy.

**Meditate**
Although this practice is off itself already a form of meditation (which is also a good reason why the instructions are not complicated), it is still strongly suggested that you engage in some other form of meditation, such as the simple meditation on the breath. The practice of meditation is an overall spiritual exercise. It is good for your chakras, as well as for the development of your magickal faculties. To do the meditation on the breath, simply put your focus on your breathing. Nothing must exist but the breath. If the mind starts to wander, that is normal, especially if you are a beginner. When this happens, just relax and simply and gently bring your focus back to your breath. Nothing must exist but the breath.

When you meditate, there are various postures that you can assume. It does not matter whether you meditate in a sitting or standing, or even in a lying down position, or even while walking. The important thing is to ensure that your spine is straight. The reason for this is the 7 main chakras of the body are located just along the spine, so it is important that you keep it straight to ensure the free flow of energy.

**Reflect**

You should also make it a habit to stop and make reflections. This is a good way to gain wisdom. Reflect on any knowledge that you have gained, as well as any experiences that you have encountered in your practice. The magickal world is full of beauty and wonder. There is no book that can ever talk about it in full, and it is up to you to make your own discovery. A master can only show you the way. It is still you who must take it and experience the miracles unfold before your steps.

**Make adjustments and experiments**
Sex magick is a continuously evolving art. Feel free to make adjustments to the techniques in this book. You are also encouraged to make your own experiments and discoveries. Remember that sex magick is also an art, so feel free to express yourself in any way that pleases you. Continue to learn and enjoy this learning process. After all, the path of magick has no end.

**Continuous practice**

Of course, just like learning any skill or ability, you have to practice sex magick for you to get good at it. Take, for example, the art of juggling. Even if you are given full and clear instructions on how to juggle five balls, you will most likely fail in your first few attempts. You might even take weeks or even months to learn it. But, if you practice enough, then you will soon succeed. A similar principle applies to learn sex magick. It is also a new skill or magical technique that you want to learn. It is only right that you dedicate time and efforts for regular practice.

**Take a break**

The learning process should be fun. Hence, when you feel too tired or disappointment, take a break. You are not in a race or competition. Although you have to exercise discipline to avoid being lazy, you also need to take a break to recover from your training. Once again, the magickal path has no end, so do not rush the learning process unnecessarily. Enjoy it and have fun. Remember that sex magick is full of joy and pleasure.
Since I really want you to learn sex magick, let us now discuss the answers to common questions that people who are new to sex magick often ask:

Is it safe?
Yes, it is safe. After all, you are doing it all by yourself. Do whatever makes you feel comfortable.

How often can I practice sex magick?
Since you will not be ejaculating, you are free to do it every day. It is not uncommon for adepts to practice it every day. It is okay to have multiple orgasms every day. What is not okay is to ejaculate every day since it makes you lose a tremendous amount of energy.

How long should it last?
A session can last for as long as you are comfortable. If you are just starting out, you might want to do it for 15 minutes, and then continue to add more time as you get used to it. Once you get good at it, you can do it even for an hour or more without any problem. It is not the time that you spend doing it that matters but the quality of your working.

Can I also do it with my partner?
The answer is yes. In fact, sex magick is also commonly done with another person who may or may not be your romantic partner. However, as far as this manual is concerned and for reasons we have already discussed, it is suggested that you learn to do sex magick by yourself, in solitary.

Will it also improve my sex life?
Yes. in fact it can improve your overall life and well-being. Once
you do this practice correctly, you will notice and appreciate how it affects you as a person in a positive way. Once you have all that energy flowing through you and you have a better realization and appreciation of your sexuality, you just simply become a much better person. As far as sex life is concerned, it will naturally make you a better lover as you will be able to last longer in bed and have a better understanding of the chemistry of sex.

I find it hard to control. What should I do?
Do not forget to breathe and to relax. You are not racing against anyone, and you do not need to please anyone or anything. Just relax and let the energy rise and flow. Stop touching yourself and tense your PC muscle before you reach the point of no return. Just keep on practicing, and you will soon get used to it.

Can I watch porn while I practice?
Yes, you are free to stimulate yourself in any way you want. You can also use a vibrator or any sex toy that might please you. Still, for a magickal purpose, it is suggested that you be able to do this naturally just with your hands and the use of your imagination. But, if porn and the use of sex toys really excite you that much, then you are free to use them as well. Just remembered that this is a magickal act, and you are not just there to masturbate and satisfy your animalistic lust.

Am I really not allowed to ejaculate?
In the beginning, you will surely feel the need to ejaculate. If you find it really uncomfortable, then you may give yourself the leisure to ejaculate sometimes. However, remember that you need to teach and train yourself to be able to achieve orgasm without ejaculating. Hence, you will want to not ejaculate as much as you can. You are only given leeway if you are a complete
beginner. However, even if you are a beginner, but if you have been practicing this already for about a month, then it is time for you to control your desire to ejaculate; otherwise, you will not be able to learn the magical technique completely. Of course, even an adept can choose to ejaculate from time to time. You are free to do that. However, you should only do it sometimes only.

Also, depending on the magickal practice that you use, ejaculation may be a part of it. However, such practice is outside the scope of this manual as it relates to the use of sexual fluid which is a different study.

**Any last words or advice?**

By now, you should already be equipped with the right knowledge. Use it wisely as a key to enter into the door of sexual magick and discover a beautiful magickal world of power and pleasure. This is a blessing from the Divine Source, so use it also as a blessing and only for doing good. Otherwise, these magickal texts shall curse you and destroy your soul. As a true and passionate practitioner of the sacred and veritable art of magick, remember that you are a divine being, and you have the power to create miracles and make positive changes in your life. Now that you have the key, use it and be happy.

Finally, I want to thank you for being with me up to this point. I hope you enjoyed our little yet magickal journey. I do not promote my books. If this magickal manual has been helpful to you, kindly give it a positive rating and review.

Thank you and blessed be!

*If you wish to contact the author, you may send an e-mail:*

writerc912@gmail.com

*If you love poetry, click HERE!*