SUMMER STARTS IN
DOWNTOWN
KINGSTON!
downtownkingston.ca
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Cover design by Robert Mutch based on photographs provided by Frontenac Provincial Park, Ontario Parks, Ben Chabot, Lori Dunn, Doug Hamilton, Herb Helmsteadt and Shelby McIvor.
City Maps reprinted with permission of City of Kingston.
Welcome to the July 2019 issue of Summer in the City — a biannual companion to Profile Kingston magazine.

Summer in the City is packed with an extensive list of upcoming events and area attractions designed to entertain your family, friends and visitors all summer long.

Presented in a convenient, easy-to-read format, and available online, Summer in the City contains something for Kingstonians and vacationers of all ages. And this great selection of over 200 cultural and recreational activities all occur Close to Home.

The summer edition of our Restaurantgoer’s Guide features a variety of high-quality local establishments offering warm hospitality. Treat your family and friends to a unique dining experience.

The City Maps provide detailed information that will be helpful to you and your guests as you travel about discovering the excitement and historical beauty of Kingston.

Reacquaint yourself with all Kingston and area has to offer, and you’ll be the perfect ambassador by sharing this guide with visiting friends and family.

Enjoy and explore.

Have a great Summer in the City!

Bonnie H. Golomb
Editor & Publisher
Frontenac Provincial Park

Frontenac Provincial Park, created in 1974 and open year-round, is the perfect venue for camping, paddling, swimming, fishing or hiking. Located near Sydenham, it covers 5,200 hectares of lakes, wetlands, forests and granite outcrops. Historically, this area provided resources for the logging and mining industries. There are 48 waterfront campsites, canoe routes through 22 lakes linked by portages and over 100 kilometres of interconnected trails.

In this semi-wild setting, anglers can catch lake trout, bass and northern pike. Birdwatchers can look for the cerulean warbler, the Louisiana waterthrush, rare in Ontario, and the yellow prairie warbler. This habitat is home to many animals: wolves, deer, bears and foxes. The Friends of Frontenac, a volunteer group, offers courses on kayaking and canoeing, camping, first aid and map and compass use. On July 19, Healthy Parks Healthy People Day at all Ontario Parks, entry to the parks will be free until 10 p.m. as a way of encouraging people to be active and to rediscover their connection to nature.

Go north on Sydenham Road to the village of Sydenham; blue and white Provincial Park signs will guide you the rest of the way. Check out this spectacular natural environment, which is so close to home. 6700 Salmon Lake Road. www.ontarioparks.com/park/frontenac.
LIVE THE DREAM. DON’T CHASE IT.

Kingston’s beauty, livability, and opportunity are calling.

KingstonCanada.com

RANKED ONE OF THE BEST PLACES TO LIVE AND WORK IN CANADA
SHORT COMMUTE TIMES AND PROFESSIONAL GROWTH OPPORTUNITIES
A SENSE OF COMMUNITY LIKE NO OTHER
TOP CITY IN CANADA FOR WOMEN

@KingstonCanada

KINGSTON ECONOMIC Development Corporation
Bellevue House

This summer, explore the heritage grounds and discover the complex history of Canada’s first Prime Minister, Sir John A. Macdonald, at Bellevue House National Historic Site. Exciting activities, exhibits and events take place on the grounds and visitors’ centre that surround the Italianate Villa that Sir John A. once called home. Bellevue House reflects life in 1840s Kingston, where a young John A. lived with his wife, Isabella, and infant son. Relax in the 1840s heritage kitchen garden; visitors will discover some plants that are uncommon today.

The historic house itself is closed this year for restoration, but the national historic site remains open, including the visitor centre and gift shop, heritage gardens and heirloom orchards. An interactive exhibit in the visitor centre depicts The Many Voices of Confederation, and guests can share their dreams for Canada. Children can take the Parks Canada Xplorers Challenge and complete a series of tasks to collect a reward. Joining a tour with a guide in period costume helps you to step into history in a different way. Tours are offered daily throughout the season. Entry fees will not be charged while the house is closed, although fees may apply for special enhanced programs.

ATTRACTIONS

Oeno Gallery.
2274 County Road 1, Bloomfield, 613-393-2216.

Philippe Baud.
182 Norman Rogers Drive, 613-545-9825.

Stinson Studios.
358 Thompson Hill Road, Tamworth, 613-379-2177.
www.stinsonstudios.ca.

Studio22 Open Gallery.
320 King Street East, 613-546-7461.
www.studio22.ca.

Sydenham Street Studio 178.
178 Sydenham Street, 613-634-0154 or 613-542-7413.

Union Gallery.
Stauffer Library, Queen’s University, 613-533-3171.
www.uniongallery.queensu.ca.

Verb Gallery.
85 Princess Street, 613-546-7542.

Museums

Arthur Child Heritage Museum.
125 Water Street, Gananoque, 613-382-2335.

Bellevue House National Historic Site.
35 Centre Street, 613-545-8666.
www.parkscanada.gc.ca/bellevue

Canada’s Penitentiary Museum.
555 King Street West, 613-530-3122.
www.penitentiarymuseum.ca.

Canadian Piano Museum.
138 Robinson Street, Napanee, 613-546-2440.
www.canadianpianos.ca.

Fairfield-Gutzeit House.
341 Main Street, Parkway, Bath 613-384-2813.

Fort Henry National Historic Site.
Highway 2 East below Highway 15, 613-542-7388.

Frontenac County Schools Museum.
414 Regent Street, Barriefield, 613-544-9113.

Kingston Mills Blockhouse.
Kingston Mills Road (north of 401), 613-283-5170.
www.pc.gc.ca.

Lennox and Addington Museum.
97 Thomas Street, Napanee, 613-354-3027.
www.countymuseum.ca.

MacLachlan Woodworking Museum.
2993 Highway 2 East, 613-542-0543.
www.woodworkingmuseum.ca.

Macpherson House and Park.
180 Elizabeth Street, Napanee, 613-354-5982.
www.macphersonhouse.ca.

53 Yonge Street, 613-542-2261.
www.marmuseum.ca.

Military Communications and Electronics Museum.
95 Craftsman Boulevard, CFB Kingston, 613-541-4675.
www.candemuseum.org.

Miller Museum of Geology.
36 Union Street, 613-533-6767.
www.queensu.ca/millermuseumofgeology.

Murney Tower National Historic Site.
King and Barrie Streets, 613-572-5181.
www.kingstonmuseums.ca.

Ann Baillie Building, Kingston General Hospital, 613-548-2419.
www.museumofhealthcare.ca.
PERFORMANCES

**JULY-SEPTEMBER: Music in the Park.** Free lunchtime concerts will be held on the outdoor stage in Confederation Park across from City Hall on Tuesdays, Thursdays and Saturdays from 12:30 to 1:30 p.m. Downtown Country concerts take place in Confederation Park on Thursdays from 7 to 8 p.m. Listen to a free Big Band concert in the Springer Market Square courtyard on Fridays from 7 to 8 p.m. Be entertained by Silly Sounds on Sydenham, with special concerts for children, from 10 to 11 a.m., and Sounds on Sydenham at 1:30 to 2:30 p.m. on Saturdays on Sydenham Street, near Balzac’s Coffee Roasters. You are invited to enjoy over 60 concerts this summer, with many different genres performed by Kingston’s very talented musicians. For performance schedules call 613-542-8677 or visit www.downtownkingston.ca.

**JULY-SEPTEMBER: The Cove Inn.** Every Sunday on the patio (12:30 to 3:30 p.m.), the Cove Country Inn in Westport hosts the vocal/guitar duo Head over Heels. Based in Gananoque, the veteran singer-songwriter-guitarist Kevin Head and vocalist Vanessa Head perform a diverse mix of original music and interpreted covers of well-loved folk, jazz, classic rock and contemporary tunes. Guitar player, singer, alternative lyricist Shawn McCullough breaks up your lunchtime performances, with a production tailored especially for young audiences.

**JULY-AUGUST: Barefoot Players.** The Barefoot Players, an exciting and zany local theatre company made up of talented Queen’s students, will be shaking things up with a production tailored especially for young audiences. Their upcoming show is entitled “Stories of We,” which explores what makes us human through stories from around the world. You will love this show! Performances start in June and continue until mid-August in various schools, libraries, parks and public forums and at special summer events in Kingston and surrounding areas. For details follow the Barefoot Players on Instagram and Facebook, www.queensu.ca/drama/barefoot_players.

**JULY-AUGUST 27: Androcles & the Lion.** The popular revival of dinner theatre lands in Perth; on Tuesdays (dinner at 5 p.m. and performance at 6 p.m.), the Classic Theatre Festival’s Classic Dinner Theatre and Michael’s Table present George Bernard Shaw’s hilarious satire on the Roman Empire as seen through the eyes of a Christian slave and a very different “king of the forest.” Enjoy a three-course meal along with theatre performed by some of the region’s most talented up-and-coming performers. New this year are lunchtime performances, with show at 11 a.m. and lunch at 12 noon. Michael’s Table is at 110 Gore Street East, Perth. 1-877-283-1283. www.classictheatre.ca.

**JULY: Made in Italy.** A teenager struggling to find his place in 1970s Alberta discovers inspiration in Italian cultural icons Rocky Balboa and John Travolta and decides to reinvent himself as a crooner. Filled with music, this lively show by Farren Timotea performed at the Firehall Theatre, Thousand Islands Playhouse, until July 28.
VISIT THE MUSEUMS, GALLERIES & HISTORIC SITES of KINGSTON

BELLEVUE HOUSE
NATIONAL HISTORIC SITE
613.545.8666 | 35 Centre St.
Explore the grounds and gardens of Sir John A. Macdonald's 1840s home, Canada's first Prime Minister, with period costumed interpreters and exhibits in the visitors' centre.

MACLACHLAN WOODWORKING MUSEUM
613.542.0543 | 2993 Hwy 2 E.
A great place for schools and camps to visit for curriculum-based learning, the museum also offers workshops for entry level woodworkers, provides ready-to-make kits that are child friendly, and presents special events.

FRONTENAC COUNTY SCHOOLS MUSEUM
613.544.9113 | 414 Regent St.
Experience educational and social life in Frontenac county till the 1960s through displays and artifacts and memorabilia.

MILLER MUSEUM OF GEOLOGY
613.533.6767 | Miller Hall, Queen's University, 38 Union St.
Come see displays of beautiful minerals and crystals, learn about the geology of the Kingston area, uncover ancient fossils in the dinosaur “dig box”, and play in our new augmented reality sandbox.

PUMPHOUSE
613.544.7867 x1666 | 23 Ontario St.
Take a tour or independently explore the family-friendly Discovery Centre, our model trains, the original steam-powered pumps, and exhibitions.

MUSEUM OF HEALTH CARE AT KINGSTON
613.548.2419 | 32 George St.
Eight fascinating exhibits about the history of health care in Canada, for all ages. Tours and children's programs by appointment.

MILITARY COMMUNICATIONS & ELECTRONICS MUSEUM
613.541.4675 | 95 Craftsman Blvd.
One of Kingston's largest museums, this site features the troops, the times and the technologies used in Canadian military communications.

CANADA'S PENITENTIARY MUSEUM
613.530.3122 | 555 King St. W.
Tracing the history of Canada's federal penitentiaries, the museum is housed in the former Warden’s residence of Kingston Penitentiary.

... and so much more!
Celebrating its 26 seasons, these well-attended concerts are a perfect summer outing, bringing together beautiful music and the remarkable natural setting of St. Paul's Presbyterian Church on Amherst Island, just a half-hour drive from downtown Kingston. The Brazilian Guitar Quartet, combining American jazz, French Impressionism and African rhythmic impulses, perform on July 18 at 7:15 p.m. On August 10 at 4:15 p.m., Gryphon Trio, one of the world's finest piano trios, returns to Waterside. On August 15, Ensemble Made in Canada, a piano quartet of dynamic musicians who share a passion for chamber music, will highlight their program with selections from “The Mosaïque Project,” a newly commissioned suite of engaging piano quartets by Canadian composers. The ferry leaves the mainland on the half-hour. 613-384-2153.

The Kick & Push Festival. This annual innovative performance festival takes place across various venues in Kingston’s downtown core. It is a professionally run three-week festival featuring award-winning Canadian performers and original, internationally award-winning work, from the 18 productions of the Storefront Fringe to Out of the Woods, A (Musical) Midsummer Night’s Dream and Kitchen Chicken. The Kingston Theatre Alliance strives to offer something for everyone and ensure that it is always, always alternative. Details: www.thekickandpush.com.

The Napanee Country Jamboree. Enjoy four days of great country music at this jamboree at the Napanee Fairgrounds, 170 York Street. More than 40 local and also the best in Canadian country music and singer/songwriters have been scheduled to perform. The jamboree offers jam-packed fun and includes open mic and open stage, full lineup, Gospel show and much more. All weekend rough camping or day passes are available. Performers include Dan Paul Rogers, Dean Austin, Jesse Hackett, Lisa Hart, Andy Schick, Cheryl Casselman, Scotty Gartshore, the Napanee
Country Jamboree Band, Hank Williams Revisited and many more. This is a rain-or-shine event. For more information, call 613-476-6535 or find the Napanee Country Jamboree on Facebook.

**JULY 25-28: Palmer Rapids Twin Music Festival.** Enjoy two complete festivals on the banks of the beautiful Madawaska River. Each festival has its own stage, and the two stages are only a three-minute walk apart. For more information and schedule of performers on this 39th Annual Bluegrass Festival and the 33rd Annual Country Festival, please call 613-758-2747. www.palmerrapids.ca.

**JULY 27: Abba Mania.** Ganoque Boat Line presents this tribute show to the amazing group Abba. Abba Mania, complete with costume changes, is one of the most energetic, uplifting and, most importantly, fun tribute bands you will have the pleasure of seeing. Enjoy the three-hour cruise (7 to 10 p.m.). Must be 19 or older. 613-382-2144 or 1-888-717-4837. www.ganboatline.com.

**AUGUST 1-10: Disney Freaky Friday a New Musical.** Blue Canoe Productions presents this musical based on the popular novel and the recent film. The story follows an overlooked mother and her teenage daughter who magically switch bodies and have just one day to put things right again. Don’t miss this musical for the entire family held at the Domino Theatre, Harold Harvey Centre, 52 Church Street. Link to tickets available on the website: www.bluecanoetheatrical.com.

**AUGUST 1: Angela Hewitt.** One of the world’s leading pianists, Angela Hewitt, appears in recital and with major orchestras throughout Europe, the Americas and Asia. Her interpretations of Bach have established her as one of the composer’s foremost

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**Haunted Walks of Kingston**

Haunted Walks Inc., founded in 1995 by Glen Shackleton, offers historical walking tours with a ghostly theme in Kingston and Ottawa. The nightly Kingston tours capture the unique darker history of Kingston, presenting it up close and on foot. The tours, which last approximately 90 minutes, are conducted at a comfortable pace so that everyone can participate. The material is not designed to frighten and is appropriate for children.

Stories about hangings at the old courthouse, the murder of Theresa Beam, the organist’s ghost, a skeleton-filled park and other hair-raising tales are dramatically brought to life by guides wearing black capes and carrying lanterns. These experts on local lore take people through Kingston’s quiet streets, sharing long-buried secrets and fascinating facts. Not one story is exaggerated, and each has been well researched. Tours are available in English and French.

Ghosts of the Fort, a second tour, showcases the ghosts of Fort Henry. There’s no better way to explore Kingston’s rich history than by going on an after-dinner stroll by lantern light with these knowledgeable and exciting storytellers. Reservations are recommended. Tickets can be purchased in the lobby of the Prince George Hotel at 200 Ontario Street, which is where the tour begins. 613-549-6366. www.hauntedwalk.com.
interpreters of our time. In 2018, Angela received the Governor General’s Lifetime Achievement Award, the highest honour for an artist in Canada. She’ll perform at 2 p.m. as part of the 2019 Studio ‘S’ series of classical concerts and conversation hosted by Eric Friesen at the Springer Theatre. 613-382-7020. www.1000islandsplayhouse.com.

AUGUST 2-4: Blue Skies Music Festival. For over four decades, magic has happened on a very special piece of Ontario wilderness near Clarendon, Ontario, featuring music in the woods from around the corner and around the world. Call 613-279-2610 for details. Day passes are available on a limited basis at the gate and at Brian’s Record Option (613-542-2452) and Tara Foods (613-546-4439) in Kingston or online. For a lineup of performers, visit www.blueskiesmusicfestival.ca.

AUGUST 2: The Durham County Poets and the Incomparable Carolyn Fe. King Street Productions presents the Beloved Diva of Blues with her Carolyn Fe Blues Collective and the exciting Durham County Poets on stage together for the first time. They’re combining their amazing talents for an unforgettable concert at 7:30 p.m. at the Royal Theatre Thousands Islands in Gananoque. 613-382-5000. www.royaltheatre.ca.

The Kingston Memorial Centre Farmers’ Market, held Sundays from 9 a.m. to 2 p.m., was founded in 2012 by five farmers wanting to increase access to local food. The market is a busy spot, with live music, arts activities, yoga class at 10 a.m. and tai chi classes at 11:15 a.m. Enjoy special events such as the Zucchini 500 Races on July 21, an off-the-wall competition for all ages. Minotaur Games & Gifts hosts a car-making party on July 20 from 1 to 4 p.m., or you can make your car at the market on Sunday morning; races begin at 11 a.m. sharp. On August 11, head to the market for the annual BBQ Corn Roast, a harvest celebration with games, prizes, corn on the cob and free watermelon slices. The Burger Bash on September 8 features burgers and salads made with ingredients provided by market vendors for $10, as well as live music and kids’ activities. At the Mini-Oktobefest on October 6, enjoy delicious food provided by vendors for $10, a mini-beer garden, live music and kids’ activities. Whether you need groceries or just want to be social, come and experience this thriving community hub. Memorial Centre Grounds, 303 York Street, www.memorialcentremarket.ca.
AUGUST 3: Tribute to Garth Brooks. Garth Brooks has become the biggest-selling solo recording artist in U.S. history. Fresh Horses is a four-piece band paying tribute to the great Garth Brooks with songs such as “Friends in Low Places,” “Standing Outside the Fire,” and finishing the evening with “The Dance.” They tour North America and have garnered rave reviews in their wake; Les Smith, the band leader, looks and sounds just like Brooks. Enjoy the performance on this three-hour (7 to 10 p.m.) cruise with the Gananoque Boat Line that will feature Boldt Castle and view of the American and Canadian channels. Must be 19 or older. 613-382-2144 or 1-888-717-4837. www.ganboatline.com.

AUGUST 6, 7: A (Musical) Midsummer Night’s Dream. Driftwood Theatre presents their 25th annual Bard’s Bus Tour with A (Musical) Midsummer Night’s Dream, an a cappella slant on William Shakespeare’s most popular comedy. Driftwood Theatre brings accessible, live outdoor theatre across Ontario with contemporary Canadian takes on Shakespeare. A Midsummer Night’s Dream is about four lovers and one group of hapless tradespeople who experience a chaos-filled night in the forest as they stumble across the mischievous Puck and the magical denizens of the faery kingdom — sure to delight the hearts of audiences of all ages. There will be a performance on August 6 at Battery Park in Kingston at 7:30 p.m. (pay what you can); and on August 7 at 7:30 p.m. at the Lennox & Addington Museum, Napanee (free). Information: 844-601-8057 or www.driftwoodtheatre.com /see/bardsbustour.

AUGUST 7-SEPTEMBER 1: The Boy in the Moon. Based on the award-winning memoir by Globe and Mail journalist Ian Brown, The Boy in the Moon illuminates the journey of a couple raising a child with disabilities caused by a rare genetic disorder. It’s a profoundly striking, funny and deeply moving story for anyone who has been a parent or caregiver. The play by Emil Sher will be performed at the Firehall Theatre, Thousand Islands Playhouse. 613-382-7020. www.1000islandsplayhouse.com.

AUGUST 8-11: Classic Country Music Festival. Formerly the Grand Old Enterprise Country Jamboree, this event presented by the Newburgh-Camden Lions Club makes its annual visit to the Centreville Fairgrounds. It offers plenty of room for camping, a huge covered grandstand, a large dance area, great food and great music from many entertainers, like Country Sky, Unwound, Don Cochrane, Grassy Fiddle Tyme, and many more. Emcee is Charlie Kitts. Walk-in daily admission is $10 on Thursday (open mic only), Friday and Saturday is $20 ($15 after 5 p.m.), and Sunday $5. A weekend pass is $35 per person (children 12 and under free when accompanied by an adult); $70 per person for weekend rough camping. Reservations: 613-379-9972 or www.classiccountrymusicfestival.ca.

AUGUST 9-10: Voodoo Rockfest. Back for its fourth year, Voodoo Rockfest is devoted to showcasing amazing Indie Rock bands on the verge of breaking to the next level, as well as stellar tribute acts. Just a few of the bands are Days of Thieves, Jailbirds, Soundgarden Tribute Superunknown, Rough Gentlemen and Muse Tribute Uprising. This family-friendly event is set once again at the beautiful Napanee Fairgrounds (170 York Street) and has camping, food trucks, great craft beers and a Kids Zone with lots of activities. www.voodoorockfest.com.

AUGUST 9: Roy Orbison: The All-Star Tribute. Bull Culp Productions presents the incredible career of the legendary Roy Orbison. This fun-filled audience-interactive performance features his greatest hits from the 1950s, 60s, 70s and 80s. You’ll hear a wide range of his classics, including “Only the Lonely,” “Crying” and “Pretty Woman.” The show stars the fabulous Michael Danckert in the lead role, backed by a sizzling live band, the Traveling Wilburys, at The Regent Theatre, 224 Main Street, in Picton, at 8 p.m. 613-476-8416, ext. 28. www.theregenttheatre.org.

AUGUST 10-11: The Music of Ella Fitzgerald and Nora Jones. As Show 2 in the Making the Artist Series, Kingston jazz and adult contemporary Kingston singer Michelle Kasaboski performs the music that has inspired and shaped her into the exciting up-and-coming artist she has become today. The series will culminate with the premiere of new original music from Michelle in Show Front Road, Amherst Island. Tickets are available at the gate (cash only), or reserve by calling 613-389-8297. Bring your lawn chairs and coolers for a great weekend. For more information: www.emeraldmusicfestival.com.
Kissel, Randy Bachman, James

year are Billy Currington, Brett
more than 25 entertainers this
from both Canada and the
It features a mix of veteran and
and 27. Performances are from
7:30 to 9:30 p.m. at Fête Events
in the old S&R Building),
27 Princess Street. For tickets,
contact Paige at 343-364-3889
or www.michellekasaboski.com.

AUGUST 13-18: Prince Edward County Jazz Festival.
Celebrating its 19th year, the
Prince Edward County Arts
Council's largest signature
event features internationally
acclaimed musicians: Colleen
Allen, June Bunnnett & Maqueque,
Jodi Proznick, Robi Botos,
Mike Murley, The Brian Barlow
Big Band and more. They'll be
performing in many satellite
locations around the County.
The Jazz Festival presents a
Rising Young Star Award
annually where the award
winner becomes a featured guest
at the mainstage performances
at The Regent Theatre, Picton.
Information: www.pecjazz.org.
Tickets: 613-476-8416, ext. 28,
or www.theregenttheatre.org.

Canada’s largest live country
music and family camping
festival (and recipient of the
Festivals of Distinction Award
from Festivals and Events of
Ontario) is celebrating its 30th
anniversary, so you will see the
greatest live show on the twin
stages. Most people camp in the
main campgrounds on-site for
the four days (over 500 acres),
or you may purchase a day
ticket good for any one of the
four days. The jamboree is set
up to create a festive, friendly
community atmosphere where
music fans can enjoy their
favourite performers, stroll the
park-like grounds and check
out the wares of the vendors.
It features a mix of veteran and
young up-and-coming artists
from both Canada and the
United States; just a few of the
more than 25 entertainers this
year are Billy Currington, Brett
Kissel, Randy Bachman, James
Barker Band, The Road Hammers,
April Wine, the Good Brothers
and many more. Visit the
website for the schedule and to
order tickets. 1-800-539-3353.

AUGUST 15-17: A Woodstock
Tribute Festival. This 1969
Rewind with emcee Bruce Wylie
will begin with a Super Jam
Session on Thursday at 7 p.m.
and will include, over the
weekend, tributes to such greats
as Cream, CCR, The Grateful
Dead and Neil Young and more.
Weekend passes with or without
camping are available. It is a
rain-or-shine event at 2 Green
Acres Road, Mallorytown.
Reservations: 343-264-2468.
www.happygreenacres.ca.

AUGUST 16: The Michael
Jackson HIStory Show.
Showtime Australia presents
this spectacular music tribute
and full-scale stage production
honouring the one and only
King of Pop, Michael Jackson.
Celebrate Jackson’s creative
genius and unsurpassed talent
with riveting live performances
spanning his early days as a
member of the Jackson 5, his
groundbreaking theatrics in
the 80s and his continued
domination of pop culture in
the 21st century. Songs include
“Thriller,” “Billie Jean,” “Bad,”
“Beat It” and many more.
Get the full Michael Jackson
experience with accomplished
impersonator Dantanio,
electrifying in his role as Jackson,
plus a live band, choreographed
dancers, authentic costumes,
state-of-the-art sound and
lighting, vision and effects.
Truly a mind-blowing stage
production at the Grand Theatre,
in the Regina Rosen Auditorium,
at 8 p.m. 613-530-2050.
www.kingstowngrand.ca.

AUGUST 17: Night Fever, Bee
Gees Tribute. This all-Canadian
cast has been touring for the
past ten years, from Disneyland
to Russia, recreating the look
and sound of the Bee Gees. It
includes songs from “To Love
Somebody” and “Massachusetts,”
to “Tragedy” and “Staying’ Alive.”
Enjoy the performance on this
three-hour (7 to 10 p.m.) cruise
with the Gananoque Boat Line.
Must be 19 or older. 613-
382-2144 or 1-888-717-4837.

AUGUST 18: Back to the Farm:
MacKinnon Brothers Beer &
Music Festival. Celebrate the
fifth anniversary of this popular
event that showcases the
brewery and the farm, along
with great local bands. So if you
love local beer, food and music,
clear your schedule for Sunday,
August 18, from 11 a.m. to
10 p.m. Musical entertainment
by The Beaches, Fast Romantics,
Brother Elsey, Chris Koster, Greg
Ball, Lotus Shaker, Kim Pollard
and many more. The location is
1915 County Road 22, Bath.
www.back2thefarm.ca.

AUGUST 22-25: Limestone City
Blues Festival. When the stage
goes up in downtown Kingston’s
market square, it means one
thing: over 100 hours of blues
for thousands of fans. For over
two decades, performers from
around the world have packed
downtown core to prove
the genre’s continued relevance.
This festival delivers peak
musicianship from the genre’s
biggest names. For details and
schedule: 613-542-8677 or
www.downtownkingston.ca.

AUGUST 31: Fleetwood Mac
Mania. A stunning visual and
musical tribute to Fleetwood
Mac, Fleetwood Mac Mania
has been touring since 2007
and has earned the reputation
of being the most authentic-
sounding Fleetwood Mac tribute
band in North America. The
harmonies, instrumentation
and onstage chemistry of the
musicians has surprised and
captivated audiences from coast
to coast. Enjoy the performance
on this three-hour (7 to 10 p.m.)
cruise with the Gananoque Boat
Line. Must be 19 or older. 613-
SEPTEMBER 5-21: Barefoot in the Park. Paul and Corie Bratter are newlyweds in every sense of the word. After a six-day honeymoon, they get a surprise visit from Corie’s loopy mother and decide to play matchmaker during a dinner with their neighbour-in-the-attic, Velasco. Everything that can go wrong does. This play by Neil Simon is presented by the Domino Theatre on Thursdays, Fridays and Saturdays at 7:30 p.m. (with 2 p.m. performance on Saturdays) at 52 Church Street. Tickets: 613-530-2050 or www.kingstongrand.ca., as well as at the door.

SEPTEMBER 7-22: Prince Edward County Music Festival. Join some of Canada’s best classical performers in superlative surroundings. True North Brass performs on September 7 at 2 p.m. for a free outdoor concert at Macaulay Heritage Park. Festival concerts are held at St. Mary Magdalene Church in Picton: New Orford String Quartet with Aloysia Friedmann on September 13 at 7:30 p.m.; Two Brothers, Four Hands, with Jon Kimura Parker and Jamie Parker, at 7:30 p.m. on September 14; Gryphon Trio at 3 p.m. on September 15; Soloists from Les Violons du Roy at 7:30 p.m. on September 20; An Evening of Song with Julie Nesrallah and Robert Kortgaard at 7:30 p.m. on September 21; and Charles Richard-Hamelin at 3 p.m. on September 22. For details and the schedule of performances, visit www.pecmusicfestival.com.

SEPTEMBER 12: Peter and the Wolves. For the third year in a row, and for one night only, Canadian rockabilly royalty and Las Vegas darlings Peter and the Wolves are back in the area from Calgary to visit family and grace us with another high-energy night of original and
Union Gallery

The Union Gallery, a non-profit organization committed to increasing awareness and appreciation of contemporary visual arts, has been in operation at its current location, on the first floor of Stauffer Library at Queen’s University, since 1994. There are two gallery spaces and a vitrine project space. The gallery staff works with a board of directors that consists of Queen’s students and arts professionals from the university and the community. As well as showcasing university student artists, the gallery presents the work of professional artists with regional, national and international profiles.

From June 8 to August 3, in the Main Space, explore videos and large-scale drawings by Vancouver-based artist Osvaldo Ramirez Castillo, who immigrated to Canada from El Salvador when he was 11. He uses drawings as a vehicle for storytelling and is concerned with issues of collective memory, historical trauma and transnational identity.

In the Project Room, there will be a sculptural installation by Toronto-based artist Soyeon Cho. Born in Korea, Soyeon often uses everyday materials such as plastic forks, household goods and artificial flowers in her work.

Visiting this delightful little gallery will enhance your appreciation of contemporary art. Admission is free. Union Street at University Avenue, 613-533-3171. http://uniongallery.queensu.ca.

SEPTEMBER 13: Chris Morris. Don’t miss folk singer Chris Morris at Riverhead Brewing Company, 631 Fortune Crescent, at 7:30 p.m. His music and high-energy performances encompass folk and other traditional genres from Delta to Dylan, the plantations to the Appalachians, the Mississippi to beyond the Great Lakes. Folk, blues, roots, rock, outlaw country, singer-songwriter, bluegrass, spirituals — all blended together and performed with a captivating intensity. www.chrismorrismusic.ca.

SEPTEMBER 14: Rockin’ the Big House. This will be the first-ever public concert at the notorious Kingston Penitentiary since it closed in 2013. Gates open at 4:30 p.m. for this special outdoor music festival that runs rain or shine from 6 to 11 p.m. in support of the United Way of KFL&A. Some of the finest Canadian musicians, many with a special tie to Kingston, will include The Headstones, The Trews, The Pursuit of Happiness and Kasador; among special guests are Tom Cochrane and the remaining members of The Tragically Hip (Paul Langlois, Gord Sinclair and Rob Baker). There will be food trucks and restaurants, as well as beverages from local breweries and wineries. For guests 12 and older. Tickets: through Suendrini and free all-day kids’ programming. Advance tickets are $30; $1 goes to the Friends of Sandbanks. Children 12 and under accompanied by an adult are free. Tickets and information: www.sandbanksmusicfest.com.

SEPTEMBER 24: Truly, Madly Baroque: Red Priest. Founded in 1997 and named after the flamboyant priest, Antonio Vivaldi, Red Priest has performed sold-out concerts in many of the world’s most prestigious festivals and concert halls. It is the only early music group in the world to have been compared in the press to the Rolling Stones, Jackson Pollock, the Marx Brothers, Spike Jones and Cirque du Soleil. They’ll be performing at the Isabel Bader Centre at 7:30 p.m. 613-533-2424. www.queensu.ca/theisabel.

SEPTEMBER 29: Beethoven 1 & 2. Beethoven’s true talent was obvious to everyone from the beginning. The wit, charm and surprise of his first two symphonies are on full display.

classic rockabilly and old-school rock’n’roll. Come and shake your tailfeather on the dance floor at the Royal Theatre Thousand Islands in Gananoque. 613-382-5000. www.royaltheatre.ca.

SEPTEMBER 14: Verdi Requiem: National Arts Centre Orchestra. Come to the Isabel Bader Centre for Verdi’s tour de force with the National Arts Centre Orchestra, the Ottawa Choral Society and four fabulous soloists. Few works in the repertoire offer the drama of opera and the thrill of spectacular symphonic writing combined with stellar, virtuosic solo moments. Verdi’s Requiem will conjure up both intense pathos and a sense of apocalyptic drama when conductor Alexander Shelley directs a massive group of soloists, choir members and orchestra in what may be the mightiest mass in musical history. 613-533-2424. www.queensu.ca/theisabel.

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at the opening performance of the Kingston Symphony’s 2019-2020 concert season, in which we celebrate Beethoven’s 250th birthday. The performance will be at the Isabel Bader Centre at 2:30 p.m. 613-546-9729. www.kingstonsymphony.on.ca.

OCTOBER 2: Legends Show — Tributes to Buddy, Patsy, Motown and Elvis. Get ready for the number-one tribute show in Canada. Legends Show will feature the most incredible tributes to Buddy Holly (Zachary Stevenson), Patsy Cline (Amberley Beatty), Elvis Presley (Pete Paquette) and Motown (The Tonettes), accompanied by Toronto’s Rockin Royals Band. The show begins at 7 p.m. at the Grand Theatre, in the Regina Rosen Auditorium. 613-530-2050. www.kingstongrand.ca.

OCTOBER 2: Dean Brody & Dallas Smith: Friends Don’t Let Friends Tour Alone 2019. Two iconic country artists will bring their tour to the Leon’s Centre. The award-winning pair remain two of the most celebrated artists in Canadian country music. The show starts at 7 p.m. Tickets: www.leonscentre.com.

JULY-NOVEMBER: Exhibitions at the Agnes. Visit several exhibitions at the Agnes Etherington Art Centre Tuesday to Friday, 10 a.m. to 4:30 p.m.; Thursday, 10 a.m. to 9 p.m.; Saturday and Sunday and holiday Mondays (May to September), 1 to 5 p.m. Admission is always free; donations are welcome. Let’s Talk About Sex is a contemporary group exhibition that brings sex to the table to encourage open and raw conversations about our relationships to our own and each other’s bodies. Stepping Out: Clothes for a Gallery Goer draws upon the Queen’s University Collection of Canadian Dress, where clothing from 1890s to 1970s intermingles as display with contemporaneous works of art. Other exhibits running until August 5 include Any Saint: Emily Pelstring, which experiments with traditional narrative by fragmenting stories across sculpture, installation, holograms, animation and video; and Rome, Capital of Painting, which explores the city’s enduring appeal for artists across Europe in the 17th century. 613-533-2190. www.agnes.queensu.ca.

JULY-NOVEMBER: Model Trains. The PumpHouse is home to a stunning collection of the best model railway trains. An elaborate multilevel O scale train can be set in motion by the push of a button, and the HO scale trains set from the opening of the iconic CBC children’s show The Friendly Giant is on display. Various model railway trains can be enjoyed by the whole family. Summer hours at the PumpHouse are daily, except Monday (closed), 10 a.m. to 5 p.m.; fall hours, September 6 to November 23, Thursday and Friday, noon to 4 p.m., and Saturday, 10 a.m. to 5 p.m. 613-544-PUMP (7867). www.kingstonpumphouse.ca.

JULY-OCTOBER: Frontenac Farmers’ Market. Visit this farmers’ market (or online) every Saturday from 9 a.m. to 2 p.m. at Prince Charles Public School, Verona, for superb quality, locally produced, locally grown or locally homemade products from home-based industrious crafters, bakers, canners, cooks, gardeners, artists and farmers. www.frontenacfarmersmarket.ca.

JULY-OCTOBER: Kingston Senior Softball. If you are interested in playing 55+ softball, join this fun group of men and women to play slo-pitch on Tuesday and Thursday mornings at 10 a.m. at Cloverdale Diamonds (next to Cataraqui/Kinsmen Arenas) on McIvor Road, Kingston. All are welcome. The cost is minimal, and the fun and camaraderie are maximum. The season runs
BEACHES, PARKS & TRAILS
Take a walking tour in town, or wander farther afield to hike, canoe, swim or just stretch out in the sun at one of the Kingston area’s beaches or parks. Nature is nearby — here’s where you can enjoy it. For further details on more provincial parks, visit www.ontarioparks.com.

Big Sandy Bay
Located on the southwestern shore of Wolfe Island; access to Wolfe Island by ferry from Kingston or from Cape Vincent, New York; 613-888-1486; www.bigsandybay.ca

Charleston Lake Provincial Park
Exit Highway 401 east of Gananoque (east of Kingston), head north through the village of Lansdowne; 613-659-2065

Foley Mountain
At Westport, northwest of Kingston; 613-273-3255; www.rideauvalley.on.ca

Frontenac Provincial Park
North of Kingston, 12 kilometres northeast of Sydenham, off Highway 38; 613-376-3489

Grass Creek Park
East of Kingston on Highway 2; 613-542-0418

Kingston Waterfront Trail
Runs between the Holiday Inn at 2 Princess Street and the Providence Care Hospital, all along the waterfront; follow the signs

Lake Ontario Park
920 King Street West; www.cityofkingston.ca

Lake on the Mountain Provincial Park
Loyalist Parkway/Highway 33 west to Adolphustown, ferry to Glenora, continue east and follow park signs; 613-393-3319

Lemoine Point Conservation Area
Front Road past Norman Rogers Airport, or off Coverdale Drive; 613-546-4228

Little Cataraqui Creek Conservation Area
Two kilometres north of Highway 401 on Division Street; 613-546-4228; www.crca.ca

Murphy’s Point Provincial Park
Off Highway 21, 19 kilometres south of Perth, at the top of Big Rideau Lake; 613-267-5060

North Beach
South of Trenton, off Highway 33 along the western shore of Prince Edward County, in eastern Lake Ontario; 613-393-3319

Gananoque Boat Line Cruises

The Gananoque Boat Line was established in 1951 by three local men who started with three single-decker wooden tour boats. Today, five spacious triple-decker vessels with both indoor and outdoor seating depart from Gananoque and tour through the sensational Thousand Islands. Food and beverages and a licensed bar are available on all cruises, which last from one to five hours. After your cruise, visit the Dockside Restaurant and the large gift shop selling nautical gifts — and, of course, Thousand Islands dressing.

This summer, enjoy one of the Saturday Night Entertainment Cruises, with tribute bands of the Eagles, ABBA, Fleetwood Mac, Garth Brooks and the Bee Gees. These three hour cruises feature views of the American and Canadian channels. There are also Sunset Dinner Cruises, which include a gourmet meal and live music. On July 20 and August 10 and 24, there is a special Dinner and Dance Cruise with a buffet, music and a trip past world-famous Boldt Castle.

Whether you want to admire the picturesque Thousand Islands during the day or spend a romantic evening enjoying dinner and some first-class entertainment, you will find the perfect cruise at Gananoque Boat Line. 280 Main Street, Gananoque. 613-382-2144. www.GanBoatLine.com.
until late October, depending on the weather. 613-389-6088. softball55@sympatico.ca. www.facebook.com/KingstonSeniorSoftball.

**JULY-OCTOBER: Memorial Centre Farmers’ Market.** This farmers’ market, which is 100 percent producer-run, offers fresh produce on Sundays from 9 a.m. to 2 p.m. at the Kingston Memorial Centre parking lot. All products are grown and produced in the Kingston foodshed (within about 100 kilometres). Visit the website for scheduled special activities: www.memorialcentremarket.ca.

**JULY-OCTOBER: Haunted Walks of Kingston.** Unearth Kingston’s ghost stories by lantern light. The Original Haunted Walk of Kingston (year-round) is a 90-minute walk that leaves every evening at 8 p.m. from the lobby of the Prince George Hotel at 200 Ontario Street. Haunting locals and newcomers alike, this tour takes you through Kingston’s old Sydenham Ward. It features haunted hotels, hidden burial grounds, grave robbings, hangings at the old courthouse and Kingston’s famous haunted courtyard — a tried-and-true favourite for all ages. The Ghosts of the Fort Walk, which departs from the front gate of Fort Henry National Historic Site, is a 90-minute tour; those who are brave enough to enter will find that the 19th-century fortress has become home to many active ghosts, and some shocking darker history as well. Ghosts of the Fort tours are offered on select evenings from May to October. For more information or to purchase tickets, call 613-549-6366 or book online at www.hauntedwalk.com.

**JULY-OCTOBER: Bath Sunday Market.** Located in Centennial Park in the Village of Bath, the market runs every Sunday from Victoria Day weekend until Thanksgiving weekend from 9:30 a.m. to 2 p.m. You’ll find baked goods, cheese, cut flowers, eggs, garlic, herbs, maple syrup, meats, preserves and vegetables. 613-888-6060.

**JULY-OCTOBER: Kingston Penitentiary Tours.** These tours offer a unique opportunity to go behind the walls of Canada’s oldest and most notorious maximum-security prison, a National Historic Site that predates Canadian Confederation. The tours offer two options in either a 1.5-hour Standard Tour ($35) or the Extended Tour ($60) lasting 2.5 hours, both of which bring historic, architectural and criminological components together into a one-of-a-kind experience. Now there is a tour schedule that includes more accessibility with the provision of dedicated tour times for persons with disabilities. Kingston residents can take advantage of a special local rate of $5 off the Standard Tour on Wednesdays all season long. Get information and buy tickets at www.kingstonpentour.com.

**JULY-OCTOBER: Bellevue House.** Although the historic house itself will be closed for restoration work, the site will remain open with guided tours, interpretive programming, costumed gardeners on the heritage grounds, the heirloom orchard and a new gift shop in the Visitor Centre. Exhibits are still offered in the Visitor Centre, including the Many Voices of Confederation, which shares stories about Sir John A. and the evolving story of Confederation and introduces lesser-known voices of Canada’s history. Also the Imagine A Country interactive photo booth will continue to be offered. The site is open daily, including statutory holidays, 10 a.m. to 5 p.m., from July 1 to September 2; open Thursday to Monday (closed Tuesday and Wednesday) September 3 to October 14. 613-545-8666. www.pc.gc.ca/bellevue.

**JULY-OCTOBER: Dark Sky Viewing Area.** Located just a few kilometres north of Erinsville on Highway 41 near the Sheffield Conservation Area, the Lennox & Addington County Dark Sky Viewing Area is the most southerly point in Ontario where the night sky is still pristine, offering a night sky experience very similar to what was available more than 100 years ago. The site includes a large concrete pad for camera or telescope setup or placement of lawn chairs for general stargazing. The area is open from dusk until dawn, and no reservations are required. Bring binoculars or a telescope if you have one; a reclining lawn chair is an ideal accessory, along with a blanket. It really is dark, so bring a small, dim flashlight. For dates of Stargazing Tours as well as the Astrophotographers Assemble evenings check out www.darkskyviewing.com. 613-354-4883. www.lennox-addington.on.ca.

**JULY-OCTOBER: Singer Castle Tour.** You are invited to join in a 45-minute guided tour of Singer Castle on Dark Island. You’ll see four floors of the castle, featuring the great hall, library, dining room, breakfast room, terrace, drawing room, loggia, wicker room, bedrooms, guest rooms and fourth-floor dormitory, filled with furnishings and artifacts original to the castle. Please note: Walking and climbing stairs are required to view the interior of the castle; comfortable shoes are recommended. The castle will be open for tours seven days a week through mid-October; hours will vary based on boat tour schedules during May, June, September and October. During July and August, tours will be offered hourly from 10 a.m. to 4 p.m. Guided tours are every hour on the hour. As the castle is on U.S. land, proper travelling documents (i.e., passports) are required. 1-877-327-5475. www.singercastle.com.
JULY-OCTOBER 16: Community Harvest Market. Community Harvest Kingston (CHK) is proud to bring to Rideau Heights the 10th Anniversary of the Community Harvest Market. The market, held every Wednesday from 2:30 to 5:30 p.m., is located at St. Matthew’s United Church, 39 Weller Avenue (corner of Weller and Montreal Street), and offers garden-fresh local produce, prepared food and crafts at affordable prices. The goal of CHK is to increase access to local, healthy produce, provide educational opportunities around food issues and build community. The last Wednesday of the month throughout the season features a special event day with live music, face painting, children’s activities, free food and much more. For information, email communityharvestmarket@gmail.com or visit on Facebook at Community Harvest Market.

JULY-SEPTEMBER: Rideau District Museum. Located at 29 Bedford Street, Westport, in an 1850s building that originally housed a coffin shop and furniture manufacturing company, a boat builder and then a blacksmith shop, this museum captures the history of the Village of Westport. It is open daily until Labour Day, Monday to Saturday 10 a.m. to 4:30 p.m. and Sunday 1 to 4:30 p.m. After Labour Day, it is open through the first weekend in October, on Thursday, Friday and Saturday from 10 a.m. to 4:30 p.m. and on Sunday from 1 to 4:30 p.m. Twilight tours are offered throughout the summer months. 613-273-2502. www.villageofwestport.ca.

JULY-SEPTEMBER: 1000 Islands and Rideau Canal Garden Trail. A mix of 14 private, public and garden centre displays have been chosen to be part of the fifth annual Garden Trail throughout Leeds Grenville. The trail features many unique gardens that have perennials, shrubs, trees and food production. Specialty beds include shade, sun, bog, woodland, scree and pollinator gardens. Added experiences include native butterflies, honeybees and birds, monarch butterfly way stations, fountains, ponds and contemporary art exhibits and statuary. Hours and contact vary for each garden. See details on website: www.gardentrail.1000islandsandrideaucanal.com.

JULY-SEPTEMBER: Old Hay Bay Church. At 2365 South Shore Road, Adolphustown, the Old Hay Bay Church is the oldest surviving Methodist building in Canada. It was erected in 1792 by settlers, including United Empire Loyalists. The church, land and its nearby cemetery were designated as a National Historic Site of Canada in 2001. It is open from 9:30 a.m. to 5:30 p.m. until mid-September. www.oldhaybaychurch.ca.

JULY-SEPTEMBER: Joseph Dominik Sensory Garden. This award-winning therapeutic garden is open and free to the public at the Ongwana Resource Centre, 191 Portsmouth Avenue. It provides a dedicated area of sensory-rich stimuli of smells, touches, tastes, movements and sights. Named in memory of Ongwanda past president and former board member Joseph Dominik, the garden is the first fully accessible sensory garden of this size and scope in Kingston and possibly Ontario. 613-548-4417. www.ongwanda.com.

JULY-SEPTEMBER: Elbow Lake Environment Education Centre. This is an environment education and outreach site owned in partnership between Queen’s University Biological Station and the Nature Conservancy of Canada about 30 minutes north of Kingston. Surrounded by 1,000-plus acres of protected land and two beautiful secluded lakes, the site offers a Nature Centre, overnight cabins, over 10 kilometres of public hiking trails and numerous public programs that are offered year-round. For details and events schedule, visit www.elbowlakecentre.ca.

JULY-SEPTEMBER: Cataract Canoe Club Outings. Take to the waters with the Cataract Canoe Club, and experience the rivers and lakes that lace the region. The club provides instruction in canoeing and kayaking and organizes day trips and overnight canoe trip adventures. If you don’t have your own boat, you can paddle with another club member or rent one of the club boats. Trips vary in difficulty, so check with the trip leader or visit the website for trip schedules and more information. There are open paddle nights from the boathouse at 1 Cataract Street, in downtown Kingston, from 6 to 8 p.m. on Tuesdays and Thursdays in July and August. Club activities are open to members (annual $35 individual, $60 family) and non-members. www.cataractcanoecanoe.on.ca.

JULY-SEPTEMBER: Kingston Velo Club. Interested in cycling for exercise, social contact and seeing more than just pavement? Then KVC is for you, with rides, tours and training for all levels of cyclists that will get you up and out on your wheels on regularly scheduled weekday and weekend rides. There are also rides scheduled throughout the season of a variety of length, skill levels and durations. Short courses in bike maintenance and more relaxed rides to increase confidence, skill and fun levels are planned. Guests are welcome, as are new members of all age groups, beginner to experienced cyclists. Visit the website for information and the tour schedule. 613-328-9710. www.kingstonveloclub.ca.

JULY-SEPTEMBER: The Trade Square. The Trade Square,
Kingston’s artisan shopping district, is located inside the walls of Fort Henry. Shoppers will enter the Upper Fort free of charge, shop the rooms and outdoor stalls and have lunch or dinner on the Battery Bistro’s outdoor patio overlooking the beautiful city. The Trade Square will operate Wednesday from 9:30 a.m. to 5 p.m., with extended hours occurring on holidays, special events and Sunset Ceremony nights. Vendors will include artists, craftspersons, retailers, museums, organizations and food and beverage providers. www.forthenry.com.

JULY-SEPTEMBER: Queen’s Athletics & Recreation — Fitness and Wellness. Making exercise a priority is something that’s beneficial to your well-being. Let the experienced instructors at ARC guide you toward your fitness goals. Over the summer, the ARC offers many adult fitness and recreation opportunities, such as indoor or outdoor personal training, kettlebell training, fitness boot camps, fencing, group cycle, kickboxing, dance fitness, yoga, pilates classes and more. www.gogaelsgo.com. 613-533-2500.

JULY-SEPTEMBER: Rideau Trail Hikes. The Rideau Trail Association is a local hiking club that offers organized hikes on Wednesdays and weekends. The pace and level of difficulty can vary and will be announced with each hike. Wednesday Walkers meet weekly at 1:30 p.m. for healthy, social exercise at an easy pace; for details email info@rideautrail.org. Outings are organized for Saturdays and/or Sundays to hike the many scenic places around the Kingston area; and unless otherwise indicated, the meeting place is at the Kingston Centre in the Canadian Tire parking lot along Bath Road. Bring lunch and water. Carpooling will be organized; and gas and any park entry fees will be organized.

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Dry Stone Canada Festival

This year’s Dry Stone Canada Festival, on September 14 and 15, will be hosted by The Lodge, a beautiful cottage resort near the ferry on Amherst Island. Amherst Island has the largest known concentration of historic Irish dry stone walls in Canada. This year, master wallers from around the world will create a lakeside seating area. There is a tremendous feeling of excitement as these experts pool their skills and their energy and joke around as they work. In addition to watching them, you can check out various workshops. The festival also includes food and craft vendors, heritage and community booths and a waller area for youth. The presentation tent features a slideshow of Canadian and international projects and evening talks. Visit the Dry Stone Interpretation and Learning Centre for information on dry stone craft and structures worldwide and particularly the Irish settler walls of Amherst Island.

In partnership with various community groups, Dry Stone Canada members assist in the restoration of existing structures or build new ones through workshop initiatives. Come and learn about a heritage trade, and connect with the welcoming Amherst Island community. This unique, creative festival is free except for the two-day adult workshops. The Lodge is located at 320 McDonald’s Lane, Stella. www.drystonecanada.com.
Wolfe Island

The largest of the Thousand Islands, Wolfe Island is a relaxing getaway for Kingstonians. Inhabited since the 1700s, it is home to some 1,400 residents. Its early aboriginal name, Ganunkousesnot, means “long island standing up.” In 1792, it was renamed Wolfe Island in honour of General James Wolfe.

Visit Marysville, with its 1859 town hall, famous bakery and murals depicting historical events.

Bicycles can be rented in the village, and there is a beautiful sand dune beach at Big Sandy Bay, where visitors can swim, relax and recharge. Boaters can dock at the Wolfe Island Grill in Marysville and enjoy a meal and a drink. Boaters can visit Charleston Lake Provincial Park, where visitors can swim, sand dune beach at Big Sandy Village, and there is a beautiful view of Lake Ontario. Wolfe Island is home to some 1,400 residents. Its early aboriginal name, Ganunkousesnot, means “long island standing up.” In 1792, it was renamed Wolfe Island in honour of General James Wolfe.

JULY-SEPTEMBER: The Children’s Forest. Children have high levels of energy and curiosity and a natural love of the outdoors. Visit Marysville, with its 1859 town hall, famous bakery and murals depicting historical events.

JULY-SEPTEMBER 5: Movies in the Square. Grab your lawn chair and come down to Springer Market Square, which will be transformed into an outdoor movie theatre for another great season of free movies. Shows happen every Thursday at dusk (around 9 p.m. in June and July and closer to 8:30 p.m. in August). 613-542-0543. For the movie lineup: www.woodworkingmuseum.ca.

JULY-SEPTEMBER 2: Gould Lake Conservation Area Open. Gould Lake Conservation Area will be open seven days a week during July and August (until Labour Day). Enjoy picnicking, fishing, canoeing, swimming, wildlife viewing and nature appreciation. Canoe and kayak rentals are available. Staff will be on-site from 8:30 a.m. to 4:30 p.m. 613-546-4228. www.crca.ca.

JULY-SEPTEMBER 2: Summer Interpretive Program, Charleston Lake. A range of fun-filled and informative programs are offered daily all summer at Charleston Lake Provincial Park — children’s programs, guided walks, evening programs and more. See the weekly program schedules posted throughout the park for the dates and times. 613-659-2065. www.ontarioparks.com/park/charlestonlake.

JULY-AUGUST: Kingston Frontenac Public Library Programs. Special programs for all ages are offered year-round, free of charge. Summer highlights include live performers, poetry readings, speakers, workshops and more. The popular Stories in the Park program for children of all ages is held weekly from June through August at City Park and McCallum Park. There are Puppet Show Extravaganzas at several locations, family storytimes and summer reading clubs for children and teens, LEGO My Library, Rhythm and Rhyme, Baby and Me, STEM programs, Summer Art Studios, Family Movie Mondays and much more. See the website for the calendar of events and programs. 613-549-8888. www.kfpl.ca.

JULY-AUGUST: Drop-In Workshops. Over the summer, Kingston Glass Studio & Gallery (56 Queen Street) will be facilitating drop-in workshops. Starting at just $50, this experience allows you to work with hot glass up close, while staying on the cool end of the glassblowing iron at all times. Choose your own adventure, and select from either the glass casting, paperweight, ornament or twisty cup workshops. Call, email or stop by the gallery to schedule your appointment. 613-547-9149. www.kingstonglassgallery.com.

JULY-AUGUST: Combat Light Sabre Fencing. The Kingston Fencing Club will be offering weekend workshops to introduce the concepts of combat light sabre fencing. This type of sabre fencing is the kind you see in Star Wars. It has been officially recognized as a viable form of fencing. Starting at just $50, this experience allows you to work with hot glass up close, while staying on the cool end of the glassblowing iron at all times. Choose your own adventure, and select from either the glass casting, paperweight, ornament or twisty cup workshops. Call, email or stop by the gallery to schedule your appointment. 613-547-9149. www.kingstonglassgallery.com.
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www.kingstonoliveoil.com
fencing in Europe, and international governing bodies would like to see it in future Olympic Games. The Kingston club will be the first to introduce this into its fencing program in Ontario and most likely in Canada. For schedule and fees: www.kingstonfencingclub.ca.

JULY-AUGUST: RKY Camps. Various YMCA summer camps are offered for children aged 7 to 17. There is one-week sleepover Youth Camp for ages 7 to 11; a Youth Camp Games Week for ages 9 to 12; a two-week Youth Camp for ages 8 to 12; a two-week Senior Camp for ages 13 to 15; a two-week Leaders in Training Camp for age 15; a one-month Counsellor in Training Camp for age 16; and the one-week Duke of Edinburgh Summer Gold & Silver Adventurous Journey for age 14 and up. Please check the website for full descriptions, dates and rates of these camps. The RKY camps are held at Eagle Lake, 1194 Sugarbush Lane, Parham. 613-546-2647, ext. 236. www.rkycamp.org.

JULY-AUGUST: Museum of Health Care. The Museum of Health Care at Kingston (32 George Street) is located in the Ann Baillie Building National Historic Site, formerly one of Canada’s first purpose-built nurses’ residences, erected in 1904. Current exhibits feature the use of electricity and x-rays in health care, the history of vaccinations, medical quackery, health care in the First World War, and innovations in surgical tools and medicines. Summer gallery hours: Tuesday to Sunday, 10 a.m. to 4 p.m. Admission is by donation. Guided tours and programs are offered by appointment for a fee. 613-548-2419. www.museumofhealthcare.ca.

THE KICK & PUSH FESTIVAL

The Kick & Push Festival

The Kick & Push Festival was launched in 2015 when six theatre companies joined forces and organized nine exciting summer theatre events that encouraged audience participation. Since then, the festival has returned every summer to feature an ever-expanding collection of collaborators.

The Storefront Fringe, from July 19 to 27, is produced by Theatre Kingston and features 18 productions of emerging artists animating empty storefronts across downtown Kingston. Then the festival relocates to an island a stone’s throw away from Ontario Street for Out of the Woods, which showcases music by Justin Rutledge and Matthew Barber. The following week, Driftwood Theatre returns for their fifth year, bringing their musical adaptation of A Midsummer Night’s Dream to an outdoor location under the stars. They will also perform the mind-blowing Kitchen Chicken at the Grand Theatre. In this quirky production, the songs of American 30s yodel queens The Cackle Sisters contend with the ovens for an improbable meal; the acts fly by at top speed while the team hustles up a chicken, mashed potatoes and appetizers, which may or may not eventually be served.

This wide variety of eclectic, audience-centred theatre runs until August 12. Tickets are available at the Grand Theatre box office or online. 613-530-2010. www.kingstongrand.ca and www.thekickandpush.com.
TICKETS NOW AVAILABLE ONLINE AND AT THE GRAND THEATRE

M.G. Vassanji • Elizabeth Hay
Michael Crummey • Lee Maracle
Andrew Pyper • Emma Donoghue
Joshua M. Ferguson • S.K. Ali
Steven Price + MANY MORE

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SEPTEMBER 25 – 29, 2019
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KINGSTONWRITERSFEST.CA
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MONUMENTS & PLAQUES
If you have a passion for military or social history or an interest in the early colonists who laid the foundations for Kingston as we know it today, you'll be thrilled by all the plaques and monuments around town. This list is just a sampling for a more comprehensive look at Kingston's past, both distant and more recent, have a look at the excellent Illustrated Guide to Monuments, Memorials and Markers of the Kingston Area, published by the Kingston Historical Society.

City Hall and Confederation Park, both on Ontario Street between Brock and Market Streets, have many plaques on early Kingston history and fortifications.

St. George's Cathedral at Johnson and King Streets has one plaque about The Reverend John Stuart and one about Baron Sydenham; plaques about Molly Brant may be found in St. Paul's Churchyard at Montreal and Queen Streets and on the premises of

Rideaucrest Retirement Home, 175 Rideau Street; poet Charles Sanger is commemorated on a plaque in City Park, across from 144 Barrie Street; Sir Oliver Mowat is commemorated at Frontenac County Court House; and the fountain in front of the Court House is dedicated in honour of Sir George Airey Kirkpatrick (1841-1899), a former Member of Parliament and Speaker of the House of Commons.

The Kingston Armouries, 100 Montreal Street, has several memorial plaques inside on the west wall.

Plaques denoting residences of Sir John A. Macdonald, Canada's first prime minister, may be found at 110 and 112 Rideau Street; 134 Earl Street; 194 Johnson Street; 180 Johnson Street; 79-81 Wellington Street; and 35 Centre Street (Bellevue House).

The Royal Military College (RMC) features many military

chefs every Saturday at 11 a.m. talking about what's in season in our area and how to pick the best products, and demonstrating a simple local food recipe that people can make at home. 613-542-8677. www.downtownkingston.ca.

JULY-AUGUST 19: Kingston Glass Studio Summer Exhibition.
Liz Rae Dalton and Mariel Waddell Hunter are the featured artists in Kingston Glass Studio & Gallery's summer exhibition. Both artists work intuitively with organic shapes and forms, inspired by the natural world to create their sculptural pieces in encaustic and glass, respectively. 613-547-9149. www.kingstonglassgallery.com.

JULY-AUGUST 17: Modern Fuel Exhibitions. In the Main Gallery, you'll find Fragments, Modern Fuel's Annual Juried Exhibition. Responding to poet Bian Zhitlin's 1935 poem "Fragment," the participating artists investigate a wide range of subject positions relating to tension, power and POV. In the State of Flux Gallery is LandSCAPE by artist Madison Tyrell; this installation exhibition will focus on representing abstract, expressionist landscapes with utopian/dystopian undertones. Each piece included in the installation speaks to ideas of dissected spaces within the landscapes. Modern Fuel is open Tuesday to Saturday from noon to 5 p.m. 613-548-4883. www.modernfuel.org.

JULY-AUGUST 3: Union Gallery Exhibits. In the Main Space, the gallery will exhibit Catastrophe, Memory and Reconciliation, featuring large-scale drawings and videos by Vancouver-based Osvaldo Ramirez Castillo, an immigrant to Canada from El Salvador, who uses drawings as a vehicle for storytelling on issues about historical trauma and transnational identity. In the Project Room, the Union Gallery will present The Tangled Web.
A total of ten plaques and monuments of historical, military, social and memorial significance may be found at Fort Henry, with the first located at the Tourist Information Centre on Highway 2 at the foot of Fort Henry Hill and the rest scattered throughout the Fort.

The Kingston Gas Light Company is memorialized in the last gas lamp in Kingston, which was used from 1847 to 1947 and may still be seen at 156 King Street East.

An Gorta Mor (The Great Hunger) Park, at the foot of West Street, next to the Pump House Steam Museum, is home to the Irish Famine memorial cross.

In Macdonald Park next to the Murney Martello Tower at the foot of Barrie Street, there are several plaques, including one about the naval engagement of 1812.

The Cross of Sacrifice, King Street West at George Street, is used as a focus for Remembrance Day ceremonies.

City Park contains many monuments and memorials to Canadian war dead.

Kingston General Hospital and Queen’s University both house a number of plaques and monuments, at the hospital’s old entrance and at Summerhill, at the Theological Hall, behind Clark Hall, in Grant Hall and at Fleming Hall.

The Cataracti Cemetery, at 927 Purdy Mills Road, contains the Macdonald family gravesite in Section C off Beech Avenue, with three plaques about Sir John; nearby is a grave belonging to Sir Alexander Campbell (1822-1892), another Father of Confederation.

The Kingston School of Art is excited to present this exhibition at the Window Art Gallery, 647a Princess Street. Building on the success of the 2018 exhibition, this year’s event will showcase up to 65 artworks. See the best of local art on display and for sale for the month of July. The work will be selected by three jurors (Shannon Brown, Ron Pickering and Raymond Vos) from among the entries. Last year, there were about 150 entries, and 60 were chosen for the exhibition. Prizes valued at over $1,500 will be awarded to artists selected by the jurors; there will also be a People’s Choice Award. A juried show provides professional development and support to artists. 613-549-1528. www.windowartgallerykingston.com.

JULY 8-SEPTEMBER 1: Kingston City Hall. Free City Hall tours are led by dedicated volunteer ambassadors who share the history of Kingston, the artifacts within City Hall and the personalities of the past and present who are all part of the story of Canada’s First Capital. The Heritage Resource Centre in the Market Square wing contains dozens of amazing artifacts and fascinating factoids from Kingston’s past. Guided tours are offered Monday to Saturday from July 8 to August 31. Self-guided tours of the first two floors are available year-round during City Hall operating hours.

(No tours are offered on statutory holidays.) Educational and special request tours are provided to those who call in advance, 613-546-4291, ext. 1389, or email cityhalltours@cityofkingston.ca. www.cityofkingston.ca.

JULY 11-AUGUST 31: Fort Night. Have you ever wanted to relive your youth? Come on down to the Pumphouse at 6 p.m. every Thursday night. It’s fun for all ages and everyone is welcome. Basic building items are provided, but you need to complete the challenge of building a fort with a creative design on your own or as a team. Museum programmes are on-site to help if you get stuck. The PumpHouse is at 23 Ontario Street. 613-544-PUMP. www.kingstonpumphouse.ca.

JULY 11-AUGUST 31: Campfire Songs at the Mac. Come down to the MacLachlan Woodworking Museum every Thursday evening from 6 to 8 p.m. for music performed by local musicians. Whether you want to sing or just clap along, everyone is welcome and you will leave with a smile on your face and a tune stuck in your head. Pack a picnic supper and bring a blanket or grab one of the bistro tables set up on the deck. The museum is also open and you can explore the Log House, Odds & Sods exhibit and the Workshop. Please leave pets at home, except service and support animals. 613-542-0543. www.woodworkingmuseum.ca.

JULY 12-14: 184th Annual Odessa Fair. The Odessa Agricultural Fair returns for another fun-filled weekend of entertainment, with live music, an amazing midway, informative agricultural displays, the always entertaining demolition derby and much more. www.odessafair.ca.

JULY 13-SEPTEMBER 28: Napanee Hometown Market. Come to the weekly market on
Experience a Breathtaking Voyage on a 1000 ISLANDS CRUISE
# Dinner & Special Event Cruises

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## Sightseeing Cruises

- **1hr**
- **2.5hr**
- **5hr**

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JULY 13: Thousand Islands Boat Show. Every year the TIBM at 125 Water Street in Gananoque hosts this boat show. With the addition of docks, the museum showcases antique and classic watercraft. The day (9 a.m. to 5 p.m.) includes children's crafts, food offerings, beer garden, music and much more. 613-382-8484. www.tiboatmuseum.org.

JULY 14: Hidden Treasures Garden Tour. Gardening Kingston, Kingston's local horticultural society, presents tours of local neighbourhood gardens. Visit with gardeners who are willing to show off their creative flair, design and landscaping accomplishments. Bring a friend. Tickets ($10) will be available from local businesses (Minotaur, The Jungle, Urban Nature, Avenue Florists, @Un-Wine-D). This fundraising event helps to support community initiatives. Details: 613-389-1714 or www.kingstonhort.ca.

in the house? Maybe you have a church mouse who is secretly longing to act, sing and dance their way into the spotlight. Kids from 9 to 14 can get their acting on, and have some top-notch training in two-week summer musical theatre camps put on by Bottle Tree Productions at Saint Andrews Presbyterian Church, 130 Clergy Street East and Princess. Camps run daily Monday to Friday from 8:30 a.m. to 4:30 p.m. www.bottletreeinc.com.

JULY 15-AUGUST 23: Eco-Adventure Camp. Are you interested in nature, biology, conservation and ecology? Do you love being outdoors? Do you like swimming, hiking and canoeing? Weekly day programs for youth campers (9 to 14 years) are offered at the Elbow Lake Environmental Education Centre, 30 minutes

Royal Military College Museum

Since its opening in 1876, the Royal Military College of Canada has been the academic centre of the Canadian Forces. The RMC Museum is located on the college grounds in the Fort Frederick Tower, Kingston's largest Martello Tower, built in 1846. Its mandate is to collect and display material relating to the history of the college, its former cadets and the Navy Dockyard that previously existed on the same site. The museum is currently closed while the tower undergoes restorations, but visitors are invited to come and walk the grounds of the Royal Naval Dockyard.

The walking tour begins at Panet House, where visitors can pick up a tour brochure in French or English. There are 13 stations, including the Historic Sites and Monuments Board of Canada monument, the site of the launch of the HMS St. Lawrence, the 1815 Commodore's Residence, the Dockyard Workers' Buildings, the Naval Hospital, the Victualling Wharf and Store and the Burying Ground. Anyone interested in the War of 1812 and the history of the Great Lakes will be interested in this fascinating self-guided tour, which is filled with lore and little-known facts about the Dockyards. Brochures are free, but please bring identification with you. www.rmcmuseum.ca.

GOLF COURSES

FORE! Golfing enthusiasts, beware: Golfing at these local courses can be addictive. Why not make it a summer project to play each of them?

Amherstview Golf Club (18 holes) 613-389-5222; Amherstview

Briar Fox Golf & Country Club (18 holes) 613-396-2499; 7415 Highway 2, Marysville

Cataract Glen & Country Club (18 holes) 613-546-1753; 961 King Street West, Kingston

Colonnade Golf & Country Club (18 holes) 613-542-4779; RR 2, Joyceville

Gananoque Golf & Country Club (9 holes) 613-382-3171; Golf Club Lane, Gananoque

Garrison Golf & Curling Club (18 holes) 613-546-4952; CFB Kingston

Glen Lawrence Golf & Country Club (18 holes) 613-545-1021; 2022 Highway 2 East, Kingston

Inverary Golf & Country Club (18 holes) 613-353-2133; 1-888-439-3785; RR 1, Inverary

Kingston Expert Tees 613-384-8337; 1165 Collins Bay Road at Highway 2 experttees.com

The Landings (18 holes) 613-634-7888; Norman Rogers Airport, Kingston thelandings.ca

Loyalist Country Club Estates (18 holes) 613-352-1199; Bath

Lyndsay Hills Golf Club (9 holes) 613-387-2811;

157 Sweet's Corners Rd., Lyndhurst

Napanee Golf & Country Club (9 holes) 613-354-2313; Napanee

Rideau Lakes Golf & Country Club (9 holes) 1-613-273-2937; 326 Sunnyside Road, Westport

Rivendell Golf Club (18 holes) 613-374-3404; 7359 Hwy 38 RR 1, Verona rivendellgolf.on.ca

Smuggler's Glen Golf Club (18 holes) 613-659-4999; 418 Thousand Islands Parkway, Lansdowne

Westbrook Golf Club (18 holes) 613-389-4653; Westbrook

Wolfe Island Riverfront Golf Course (9 holes) 613-385-9978; 802 9 Line Road, Wolfe Island
north of Kingston. The facility features 400 hectares of protected forest and a private lake. Campers leave Queen's University campus daily at 9 a.m. and return at 4:30 p.m. Each week has a theme. And campers have the opportunity to stay overnight with their families each Thursday (cabin $65). The cost of the day camp is $265/week ($215 for short week).

JULY 16-AUGUST 17: Cape Dorset Drawings. In partnership with Print Inuit, Studio 22 will be featuring a special exhibition of Cape Dorset drawings. These original drawings by four northern women artists — Oolooise Saila, Nicoye Samayualie, Padloo Samayualie and Ningiukulu Teevee — are selected and curated by Ellen Fraser of Print Inuit. This is a wonderful opportunity for new and experienced collectors to look beyond the familiar print work of these Cape Dorset artists. Studio22 Open Gallery, 320 King Street East. 613-546-7461. www.s22.ca.

JULY 17, AUGUST 14: Carpentry Camp: Lake Freighter. This fun camp at the MacLachlan Woodworking Museum is for 6- to 12-year-olds, either for the morning session from 9:30 a.m. to 12:30 p.m. or in the afternoon from 1:30 to 4:30 p.m. Kids stay busy making this long freighter full of “cargo,” while learning woodworking skills with instructor Majella Turcotte. They will produce a custom wooden piece to take home and show off. Bring a snack, water, sunscreen and a hat. The cost is $30. For information or to register: 613-542-0543 or www.woodworkingmuseum.ca.

JULY 17: Sandfest. At Sandbanks Provincial Park’s mouth of the Outlet River, Sandfest is sand-sculpting fun for the whole family from 10 a.m. to 12:30 p.m. Bring your shovels and pails. There will be participation prizes for everyone. This event is organized by the Friends of Sandbanks to support the maintenance, enhancement and protection of this unique natural wonder.

this country fair that you would expect and more: parade, tractor pulls, harness racing, chainsaw challenge, cow chip raffle, decoration contest, demolition derby, animal shows, toilet bowl races, talent show, culinary arts, vegetables and farm produce, hobby crafts, photography, agricultural education barn, baby contest, children’s pig scramble, pet show, rabbit-hopping competition, midway, country-and-western and classic rock entertainment and more. www.lansdownefair.ca.

**JULY 19-21: Athens Farmersville Exhibition.** More affectionately known as the “Steam Fair,” the Farmersville Exhibition is an annual event put on by the Athens Lions Club. The agricultural fair includes vintage machinery, steam engines in operation, antique cars, tractors and equipment. Come for the fun at Athens Centennial Park and Fairgrounds on Friday from 6 to 9 p.m. and on Saturday and Sunday from 9 a.m. to 5 p.m. 613-498-7606. www.athenslions.org.

**JULY 19: Healthy Parks Healthy People.** Spending as little as 30 minutes per day in nature can have a variety of positive health benefits. Mental, physical and emotional well-being can be significantly improved simply by spending time in nature. Help Frontenac Provincial Park (and all Ontario Provincial Parks) celebrate Healthy Parks Healthy People by coming for a paddle, hike, swim, picnic or other outdoor activity for free that day from 9 a.m. to 4 p.m. 613-376-3489. www.ontarioparks.com.

**JULY 20, AUGUST 10, 24: Buffet & Dance Cruise.** From 8 to 11 p.m., enjoy the buffet dinner, and dance the night away to a live band all under the full moon of the legendary St. Lawrence River. The sun is setting as the trip begins down the American channel, where you will see the Thousand Islands Bridge and world-famous Boldt Castle, and end the trip through the beautiful Canadian channel. Entertainment on July 20 is by The Keeper — Montreal’s Best Rockers. On August 10, the popular 50s, 60s and 70s party trio Spare Change will be featured. On August 24, Hat Trick entertains. 613-382-2144 or 1-888-717-4837. www.ganboatline.com.

**JULY 20: Lakes and Trails Festival.** Walk, bike and paddle the lakes, trails and history of South Frontenac. Bike around Sydenham Lake, paddle the lake, walk in historic Sydenham Park and Sydenham Lake, paddle the lake, walk in historic Sydenham Park, and get dragon boat instruction and a ride. Well-known local children’s entertainer Gary Raspberry will be returning to the festival this year. There will also be giant lawn games, a cycle skills course, community booths, helmet fitting and yellow bike repair; and enjoy the community barbecue from 9 a.m. to 3 p.m. at The Point Park, Sydenham. Everyone is welcome and all events are free. www.lakesandtrailsfestival.org.

**JULY 20: Keepsake Box Workshop.** Box making offers the perfect opportunity to develop the fundamental skills required to make 90 percent of all wooden projects. Learn basic woodworking skills while you create a beautiful keepsake box. Participants will leave with a finished box and the knowledge to create their own at home. This workshop ($65) for age 18 and up is from 10:30 a.m. to 4:30 p.m. at the MacLachlan Woodworking Museum. For information or to register: 613-542-0543 or www.woodworkingmuseum.ca.

**JULY 20: Arden Artisans Garden Party and Blueberry Social.** The Arden Artisans invite you to their
10th annual garden party and open studio event from 10 a.m. to 5 p.m. The special one-day event showcases the creativity and eclectic versatility of these artisans and their guest artists: pottery, garden art, photography, batik, paintings, jewellery, woodturning, fibre art and more. Dress up in your finest garments, wear your fanciest hat and revel in the fun. The Kennebec Community Hall will be open that day with food, music and guest artists; and don’t miss the Blueberry Social. Come and enjoy a village festival. Arden is just south of Highway 7, an hour north of Kingston. 613-335-2073. www.ardenbatik.com or www.galleryonbay.com.

JULY 21, AUGUST 11, SEPTEMBER 8, OCTOBER 6: Memorial Centre Front Lawn. On July 21, take part in the annual Zucchini Car race, silly fun for all ages, at the Memorial Centre Farmers’ Market. August 11, enjoy the annual Picnic in the Park & Corn Roast, a celebration of the harvest season; bring picnic baskets, blankets and the family for games, live music, fresh local corn and watermelon. The local Burger Bash will be held on September 8; take your choice of beef, pork, lamb and veggie patties with fresh local toppings and sauces and salad, as well as live music. The Mini-Oktoberfest is on October 6, with local sausage, pretzels, mustard and potato salad by Farmers’ Market vendors and beer on tap by MacKinnon Brothers Brewing Co. Details at 613-583-2569 or www.memorialcentremarket.ca.

JULY 21: Pull Together for Epilepsy Fire Truck Pull. This is the Epilepsy South Eastern Ontario’s seventh year for hosting this fun-filled family event for the community in Kingston. Teams of eight collect pledges in advance and work together to compete for the fastest pull, the most funds raised, the most spirited team

Kingston Women’s Art Festival

The 38th annual Kingston Women’s Art Festival, showcasing beautiful works of art by local female artists, takes place on Sunday, August 18. Now the longest running festival in Kingston, it celebrates women and their talent and creative spirit and also provides a supportive marketplace for the over 200 participating artists. In this casual outdoor setting, artists can network with other artists and interact with their customers. The highly anticipated festival is made possible by the dedicated work of a few volunteers; proceeds go to local organizations that help women and children.

There will be a full lineup of excellent female musicians and dancers who will perform on an outdoor stage throughout the day. Children can enjoy face-painting and other creative activities, and delicious food will be available for sale. The silent auction will have a slightly different format this year, with everything available for online bidding in the weeks leading up to the event. This year, all of the vendor booths will be accessible from the pathways in City Park, making it easier to browse and shop.

This event, a wonderful opportunity for socializing and coming together as a community, takes place from 10 a.m. to 5 p.m. at Kingston City Park, between Bagot and King Streets. www.womensartfestivalkingston.ca.

ATTRACTIONS
Celebrating its 189th anniversary, this is one of the oldest country fairs in Ontario. Don’t miss the family horse show, 4-H Club activities, chainsaw log carving, scavenger hunt, goat show, lawn mower races, entertainment, barbecues, eating contest, home craft and agricultural produce judging, Mini King and Mini Queen Pageant, children’s races, petting zoo, Motorcycle Show and Shine and more. Fairgrounds are at 110 Mill Creek Drive, Delta.


JULY 26-28: Bon Echo 2019 Art Exhibition and Sale. Mazinaw Lake and Bon Echo Provincial Park have drawn artists to its shores for hundreds of years. The Friends of Bon Echo Park sponsors this event to maintain the example of the Aboriginal peoples, the Group of Seven and the many artists who still come to appreciate and create. On display will be all original art (juried exhibition), including photography, stained glass, paintings and pottery. There will be a special presentation at 7 p.m. on Saturday at the amphitheatre. Lots of entertainment, live music and kids’ activities will be ongoing, 10 a.m. to 4 p.m. daily.

www.cork.org.

JULY 27: Third Annual Swim for Kids. Easter Seals Ontario presents its third annual 3-km and 1.5-km, open-water swim in beautiful Lake Ontario at Lake Ontario Park. The swim is open to swimmers over the age of 12 of all abilities and provides a healthy way to enjoy some friendly competition while supporting two great causes: Easter Seals Ontario and YMCA of Kingston, Y Penguins Aquatic Club. The event includes a post-swim breakfast and an awards ceremony. Register a swimmer or donate: 613-547-4126, ext. 221. www.swimforkids.org.

JULY 27: Fort Henry Annual Tattoo. The Tattoo is one of Fort Henry’s premiere events, and showcases the drill and musical skills of various Canadian and international acts. Fife, Brass, and the overall winner. There will be games and festivities, as well as displays, until 3 p.m. The goal is to raise funds for support, education and awareness for over 4,000 people affected by epilepsy in Kingston and surrounding areas. Registration is from 11 a.m. to 12:45 p.m., and the competition begins at 1 p.m. at Confederation Park. Register your team: 613-542-6222. www.epilepsyresource.org.

JULY 22-26, AUGUST 6-9: The Barefoot Players Summer Theatre Camp. Children 6 to 12 years old can learn about theatre, acting, dance, music, puppetry and masks in 2 one-week sessions from 8:30 a.m. to 4:30 p.m. (before and after care available) at Theological Hall, Queen’s University. The camp is staffed by the Barefoot Players themselves. 613-533-6000, ext. 77693. www.queensu.ca/drama/barefootplayers.

JULY 24-SEPTEMBER 22: CORK. The City of Kingston and CORK are excited to welcome the world again in 2019. The event program includes two world championships: the ILCA Laser Radial Youth World Championship (July 24 to 31) and the ILCA Laser 4.7 Youth World Championships (August 16 to 23). Kingston’s Freshwater Sailing Festival continues with the CORK International Optimist Regatta, CORK International and Sail Canada Youth Championships, CORK Olympic Classes Regatta and Sail Canada Senior Championships, The Soling and 114 North American Championships, the 505 Canadian Championship, the National Sea Cadet Regatta and finally the Fall Regatta in September. Come celebrate CORK’s 50th and check out the action at Portsmouth Olympic Harbour. For schedule of events, 613-545-1322 or www.cork.org.

JULY 25-28: Delta Fair. Celebrating its 189th anniversary, this is one of the oldest country fairs in Ontario. Don’t miss the family horse show, 4-H Club activities, chainsaw log carving, scavenger hunt, goat show, lawn mower races, entertainment, barbecues, eating contest, home craft and agricultural produce judging, Mini King and Mini Queen Pageant, children’s races, petting zoo, Motorcycle Show and Shine and more. Fairgrounds are at 110 Mill Creek Drive, Delta. www.deltafair.com.

JULY 26-28: Perth Ribfest Music Festival. The Rotary Club of Perth is hosting this fifth annual Ribfest Music Festival and car shows at Last Duel Park in Perth. Come for the ribs, stay for the music — rock, pop, country, blues and jazz. There will be live local entertainment, kids’ activities, multiple vendors, draws for rib dinner and door prizes. Car shows, starting at 11 a.m. on Saturday and Sunday, feature antique and exotic vehicles and people’s choice prizes. Admission by donation. www.perthribfest.com.

JULY 27: Thousand Islands Bark Bash. This outdoor summer festival at Gananoque Town Park from 10 a.m. to 4 p.m. will centre on dog-related products and services as well as Rescue Lane, where you will learn about the wonderful behind-the-scenes work done for dogs. Admission is free. And don’t forget to bring your dog. Bill McCormick, 613-888-0812. www.1000islandsbarkbash.weebly.com.

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WHAT IS AVAX HOME?
AVAXHOME - the biggest Internet portal, providing you various content: brand new books, trending movies, fresh magazines, hot games, recent software, latest music releases.

Unlimited satisfaction one low price
Cheap constant access to piping hot media
Protect your downloadings from Big brother
Safer, than torrent-trackers
18 years of seamless operation and our users' satisfaction

All languages
Brand new content
One site

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and Pipe & Drum bands will fill the Parade Square with music, culminating in a massed bands grand finale with over 250 performers, ending with a fireworks display. This event, which starts at 7:30 p.m., is usually well attended; to avoid disappointment, purchase tickets in advance. 613-542-7388. www.forthenry.com.

JULY 27: Sword and Shield Workshop. Childhood dreams are coming true! Design and shape your own wooden sword, then build a traditional shield to protect yourself. Once finished, become a sword master with the guest sword instructor. Workshop participants will learn important sword safety and basic sparring techniques. This workshop ($60) is for ages 6 to 12 at the MacLachlan Woodworking Museum from 10:30 a.m. to 4:30 p.m. For more information and to register: 613-542-0543 or www.woodworkingmuseum.ca.

JULY 28, AUGUST 25, SEPTEMBER 29: Tea Room Socials. Enjoy seasonal delights the last Sunday of each month at Ameliasburgh Heritage Village, from raspberries and blueberries in July and peaches in August to apples in September. Located at 517 County Road 19, Ameliasburgh. 613-476-2148, ext 2522. www.thecounty.ca.

JULY 28: Taste of Kingston Food Festival. The Canadian Diabetes Association is celebrating its 21st annual food festival, with over 20 restaurants participating, from 10:30 a.m. to 3 p.m., at Confederation Park, across from City Hall. This unique event brings the community together in a family-friendly environment to enjoy the many flavours that Kingston has to offer, while raising funds for Diabetes Canada’s D-Camps for children and youth with Type 1 diabetes in Ontario. Enjoy the live music, inflatable zone, cooking demos, kids’ activities and fresh local food. 226-791-4523.

JULY 31, AUGUST 28: Carpentry Camp: Antique-Looking Wall Box. This fun camp at the MacLachlan Woodworking Museum is for 6-to-12-year-olds, either for the morning session from 9:30 a.m. to 12:30 p.m. or in the afternoon from 1:30 to 4:30. Want to build an antique-looking piece? The wall box will look great on a dresser or hung on a wall for all to see. Kids will learn woodworking skills with instructor Majella Turcotte. They’ll produce a custom wooden piece to take home and show off. Bring a snack, water, sunscreen and a hat. The cost is $30. For information or to register: 613-542-0543 or www.woodworkingmuseum.ca.

AUGUST 2-5: 188th Annual Napanee Fair. This year, the Lennox Agricultural Society celebrates 188 years. There’s fun for the whole family. Festivities include a great midway, tractor/truck and modified pulls, agricultural exhibits, heavy horse draws, youth talent show, evening entertainment and the popular demolition derby. www.napanefair.ca.

AUGUST 2-4: Thousand Islands Open. Renegade Bass Tour, the recognized leader in live release bass tournament fishing in Canada, along with Hookset, is pleased to announce that the 2019 Thousand Islands Open will launch out of Portsmouth Olympic Harbour in Kingston. Being held here, the tournament will be on the doorstep to Lake Ontario, creating a more competitive event, which will also level the playing field for teams that now have full access to Lake Ontario, the St. Lawrence River and the Bay of Quinte. www.hookset.com and www.thousandislandsopen.com.

Pad Events. On August 3 and 4, see Jupiter and Saturn, as well as thin crescent Moon; on the evening of August 31 and September 1, the theme is “Star Names and Meanings,” and the Great Red Spot on Jupiter will be visible on the 31st. On October 5, the theme is “Return to the Moons”; view our Moon 2 degrees from Saturn, as well as Jupiter’s moon and those of Saturn. On October 26, view the star clusters Pleiades and Hyades plus the Crab Nebula, as well as last call for Saturn. See these special night sky events, weather permitting, from the exceptionally dark skies at the North Frontenac Stargazing Pad, located at 5816 Road 506, just south of Plevna. Expert astronomers and astrophotographers will assist on these public stargazing nights. 613-479-2231, ext. 233. www.northfrontenac.com.

AUGUST 3, SEPTEMBER 28: Princess Street Promenade. Princess Street will be closed to vehicles from Division Street to Ontario Street from 10 a.m. to 5 p.m. so that visitors can stroll down Kingston’s main street and enjoy free entertainment, great shopping deals, offerings by local restaurants, demonstrations, fashion shows, buskers and activities for all ages. www.downtownkingston.ca.

AUGUST 3-4: Art in the Sawmill. This sixth annual show and sale at a historic sawmill at 6037B Verona Street, Verona, from 12 to 4 p.m., hosts local artists in various mediums: painting, quilting, pottery, jewellery and photography. 613-374-3053.

AUGUST 3-4: Presqu’ile Provincial Park History Weekend. Relive Presqu’ile’s storied past. See War of 1812 reenactments. Evening programs, walks, croquet relay, old-fashioned fun and games, boat-building bee and regatta, music
by Peter Solmes and a history play are all featured. Favourites include “Fun and Games,” recreating events at a 1900s social picnic, with the time-honoured sack race; and the Sunday Calthumpian Parade. The climax is always the Sunday night ghost walk when spirits of the past tell their stories. 613-475-4324, ext. 225. www.friendsofpresquile.on.ca.

AUGUST 4: K-Town Triathlon. Swim, run and cycle in one of the most exciting and challenging races in eastern Ontario. The event’s spirit and community participation have made it stand out, and athletes continue to return year after year. You can also watch the action at Confederation Park. This year, the K-Town Triathlon will be a collaboration between MultiSport Canada and Somersault Events and will remain part of the overall series points as well as apply to the multi-race discount. To participate, register early online at www.multisportcanada.com.

AUGUST 5-23: Blue Canoe’s Musical Theatre Intensive. Blue Canoe Productions is offering a theatre intensive summer program for ages 8 to 14, with a goal to create well-rounded musical theatre performers with professional attitudes. Students will spend three weeks in workshops, mock auditions, rehearsals, dance and vocal training and, at the end, will perform a full-length high-quality production. The camp takes place at Sydenham Street United Church. www.bluecanoetheatrical.ca.

AUGUST 7, 21: Lakeshore Lodge Day. Come to Sandbanks Provincial Park from 1 to 4 p.m. for a recreation of an old-fashioned picnic from the 1890s. Discover what was happening at Sandbanks at the time when Ontario’s first provincial park was created. Music, games, corn and lemonade, face
painting, hayrides and photo ops are all part of the festivities. Most activities are free, though donations are welcome; refreshments and hayrides are provided for a nominal fee. 613-393-3319. www.ontarioparks.com.

AUGUST 8: 2019 International Day of the World’s Indigenous Peoples Celebration. This special event, which was first pronounced by the General Assembly of the United Nations in 1994, is taking place at Lake Ontario Park in Kingston from 2 to 6 p.m. to celebrate our connection to our environment with international indigenous speakers, artists and performers, knowledge sharing, interactive activities, arts and crafts vendors, as well as environmental, holistic, wellness and community booths and more. This event is open to the public, to all people of all nations! www.worldsindigenouspeoples.ca.

AUGUST 9-11: Kingston Sheep Dog Trials Festival. This world-class competition of traditional sheep-herding border collies keeps growing in popularity, attracting thousands of spectators from across North America to Grass Creek Park. The largest trial in North America will run Friday and Saturday from 8 a.m. to 6 p.m. and Sunday from 8 a.m. to 5 p.m. Visitors can also look forward to a variety of interactive side attractions, such as...
as Kingston Police K-9 Unit demonstrations, horsemanship shows, dock-diving competitions, a lure course and a children's play area. This festival is one that you won't want to miss. Your dog is welcome too if it is on a leash. 613-546-4291. Look for Feature Events on www.cityofkingston.ca.

AUGUST 9: Share the Care Family Golf Tournament. This 14th Annual Breast Cancer Action Kingston golf tournament will have a shotgun start at 12:30 p.m. at the Colonnade Golf and Country Club. Registration opens at 11 a.m. The fee ($135) includes 18 holes of golf with a cart, lunch, dinner with live entertainment, wine tasting, cash prize holes, contests and silent and live auctions. Sign up as a single or as a team, or just come for dinner and enjoy the entertainment and auctions. Register early. All funds raised are used locally to help breast cancer patients and their families, provide education and support research projects. 613-531-7912. www.bcakingston.ca.

AUGUST 10-11: 31st Odessa Antique Show and Sale. The largest outdoor antique show in eastern Ontario, with more than 100 dealers from Ontario, Quebec and the Maritimes, returns to the Odessa Fairgrounds. You'll find a huge selection of furniture, housewares and collectibles. The prices range from a few dollars to a few thousand dollars. The dealers arrive and unpack their wares on Saturday afternoon at 2 p.m.; keen visitors can pay the $15 early-bird admission, which includes re-entry on Sunday. The show runs Sunday from 8 a.m. to 4 p.m., and admission is $8; children under 15 free. The fairgrounds are located 15 km west of Kingston, just south of the 401, at exit 599 (Wilton Road). 613-391-8331. www.odessaantiquesshow.ca.

AUGUST 10-11: Perth Lions Garlic Festival. Celebrating its 22nd year, the festival has something for everyone. Educational sessions in garlic growing, harvesting, cooking, preserving and braiding are just the beginning. There will be children’s activities, beer and wine tastings, cooking demonstrations and live music. Giant bouquets of “Stinking Rose” are sold here the way cotton candy is sold at other festivals. The event takes place at the Perth Fairgrounds. From Kingston, take Highway 15 toward Smiths Falls, and turn left at City Road 1. Proceed to Perth and follow the signs. 1-877-268-2833. www.perthgarlicfestival.com.

AUGUST 11: Verona Car Show. The 24th annual car show will be held at the Verona Lions Club Centre from 9 a.m. to 3 p.m. (rain or shine), with free admission for spectators. There will be 24 vehicle classes judged and awarded prizes. Live entertainment will be on hand with comedy guy Jim McNally and the Ontario Provincial Police Pipes and Drums. As well, there will be a kid zone, with everything from face painting to mini-putt golf, kub kar racing and the Verona Express Train. 613-358-5353. www.veronacarshow.com.

AUGUST 11: Boot’n Bonnet. This will be the 30th year of the local Boot’n Bonnet “The All British Car Club” gathering in City Park. Car enthusiasts will come from miles to share their passion for British-made automobiles. It is the 60th birthday of the Mini and the 50th anniversary of the production of the Triumph TR6. Browse an array of shiny restored cars you don’t often see on the road anymore. www.bootbonnet.ca.

AUGUST 12-16: Arts at the Tett Summer Camp. The Tett Centre for Creativity & Learning is delighted to be offering an immersive one-week summer arts program for children aged 8 to 13. This collaborative camp offers young people an opportunity to discover new talents, build confidence and find new ways of problem solving in the arts-enriched, heritage building on Kingston’s waterfront. Each participant will explore a variety of art forms while engaging with resident Tett Centre organizations and local artists: metal, rocks, pottery, fibre arts, painting, printmaking, bookmaking, yoga, hand-lettering, felting, drumming and more. It runs Monday to Friday from 9 a.m. to 4 p.m., with an open house on the last day. The cost is $300 plus tax. Register early: 343-266-0009, ext. 3090, or www.tettcentre.org.

AUGUST 14: Pork on Your Fork. There's nothing like a summer pig roast! Enjoy a delicious meal of freshly roasted pork, seasonal salads and decadent desserts. Bask in the warmth of the evening or cool off inside in the lovely café. Everyone is welcome. In partnership with the Leon’s Centre Kingston. Tickets ($15 per person) available at the Seniors Centre, 56 Francis Street, or call 613-548-7810.

AUGUST 16-18: 2019 Discover L&A County Mega Geocaching Event. Don’t miss this annual event in Napanee that attracts thousands of geocachers to Lennox & Addington County, including visitors from across Canada, the United States and Europe. Leading up to the big day are L&A County activities: on August 16 is a Water Cache Canoe Cruise starting from the Salmon River boat launch in Roblin (10 a.m. to 2 p.m.), as well as the annual Friday evening concert and kick-off party. The main event, geocaching, is on Saturday, the 17th, from 8 a.m. to 5 p.m., with amazing new caches; finish it off with the Post-Mega Meal at the Royal Coachman Restaurant at 5:30. Home base is at the grounds at the L&A County
cheering stations and much more. Spectators will be thrilled with the Wee Lads and Lassies races, the much-anticipated Haggis Toss Competition, live Celtic music, face painting and Perth Brewery beer all afternoon. 613-264-8904. www.perthkiltrun.ca.

AUGUST 18: Wooly Bully Races, Amherst Island. This is a terrific family event which has three different distances: 1K Kids Fun Run, 5K and 10K races. The 5/10K events are held on a very scenic out-and-back route along the South Shore of Lake Ontario. A timed event for children 5 to 12 years old ends with a souvenir ribbon at the finish line and refreshments. The 10K race counts for points toward the KRRA members Race Series standings; it is also the final event in the Tri-Island Series, which also includes the Howe Island Hustle and the Wolfe Island 5K. The race site is at the farm of Dave Willard, 600 South Shore Road; signs will direct you to the site once you leave the ferry. For information on the series, visit www.krra.org; for details on the Wooly Bully Race and to register: www.amherstisland.on.ca/WoolyBully.

AUGUST 18: Kingston Women’s Art Festival. This rain-or-shine event is a celebration of women’s creativity and provides a forum for artists to display their work, as well as a place for women to meet, exchange ideas and connect with women’s organizations. The whole family can enjoy art, live music, food, a silent auction and a children’s area. Proceeds from the fundraiser go to support a number of local women’s organizations serving women and children, including Interval House, Joe’s Mill Musical Instrument Lending Library, Ban Righ Foundation, to name a few. The event takes place from 10 a.m. to 5 p.m. at Kingston City Park. www.womensartfestivalkingston.ca.

AUGUST 30-31: Centreville Fair. For over 160 years, the Centreville Agricultural Society has organized a fall fair during the Labour Day weekend that boasts the best things that a country fair has to offer: animal showing competitions, tractor pulls, food booths, local vendors, games for all ages and local music. 613-378-0928. www.centrevillefair.ca.

AUGUST 31-SEPTEMBER 2: Rednersville Road Art Tour. Artists invite you to their homes and studios for this special weekend to view their work, share their enthusiasm and purchase that unique treasure. All the work presented is original and represents a variety of styles, media and prices. Doors are open from 10 a.m. to 5 p.m. each day. The Rednersville Road, or Prince Edward County Road 3, follows along the shore of the Bay of Quinte from Highway 62 at Rossmore. Watch for the signs at each tour stop. www.rednersvilleroadarttour.com.

AUGUST 31-SEPTEMBER 1: Monarchs and Migrants Weekend. Now is the best time to see migrants heading south. Bird banders will be there both days from 8 a.m. to noon to demonstrate the catching and banding of migrating birds. There will also be the very popular monarch butterfly-tagging demonstrations from 1 to 3 p.m. The chance to release a tagged butterfly is the highlight of the year for many visitors. There will be walks to look for migrating birds, butterflies and dragonflies. www.friendsofpresquile.on.ca.

AUGUST 31: Verona Garlic Festival. This festival is celebrated at the spacious Verona Lions Club facility, 4504 Verona Sand Road, 20 minutes north of Kingston on Road 38. It is a rain-or-shine event with both indoor and outdoor venues, with something for all ages; a children's centre
with arts and crafts, mini-golf and the popular mini-tour train provide popular entertainment. No pets, please. 613-374-2821. www.veronalions.ca.

SEPTEMBER 1- OCTOBER 31: The Frontenac Challenge, Frontenac Jr. Challenge and Frontenac Trek. Presented by the Friends of Frontenac, this is the Friends’ most popular event and a great way to get to know the park. In the Frontenac Challenge, adult participants must hike each of the 11 main hiking loops of the park’s trail system between September 1 and October 31. The Junior Challenge, for hikers 12 years and younger, requires the completion of any six of the major trail loops (the Bufflehead Trail, Dedication Trail and Little Slide Lake Loops do not qualify as major trail loops). The Frontenac Trek challenges hikers to complete any six of the main trail loops, excluding the Arab Lake Gorge Trial, Doe Lake Trail and above-mentioned trail loops. If successful, participants receive a certificate and are acknowledged on a plaque in the park office. Register for free at the park office before setting out to hike: 613-376-3489. www.frontenacpark.ca.

SEPTEMBER 3- OCTOBER 12: Modern Fuel Exhibitions. In the Main Gallery is artists Florence Yee, Pansee Atta and Stephanie Vegh’s exhibition Encyclopedias, which expands on the notion of knowledge and considers questions of collection and colonization by way of challenging what is considered the norm within a Western framework. In the State of Flux Gallery is Condensed Milk by artist Nelly Matorina; it is a three-piece video installation divided into “Consuming my Dead,” “Prayer” and “Lesson.” The body of work explores multi-generational migration in the context of recent death in the artist’s family. Modern Fuel is open Tuesday to Saturday from 10 am to 5 pm. www.frontenacpark.ca.
SEPTEMBER 6-8: Paint the Town! 2019. The Kingston School of Art presents the 7th annual plein air painting and sketching weekend in Barriefield Village, a favourite spot for artists. For more information, please visit www.ksoa.info.

SEPTEMBER 6: 16th Annual Fogies & Friends Golf Tournament. Enjoy a casual day of golf at Amherstview Golf Club followed by a delicious barbecue steak dinner; this is a Seniors Association fundraiser. The $100 per golfer registration includes cart, prizes and dinner. Registration forms are available at the Seniors Centre, 56 Francis Street or by email info@seniorskingston.ca.

SEPTEMBER 7-OCTOBER: Pick-Your-Own Apples. Visit scenic Waddell Apples orchard overlooking the historic Rideau Canal, and pick your own after Labour Day to mid-October while supplies last. Picking apples is a great fall tradition and an opportunity to connect with your family and friends, your farmer and your food. Find the apple orchard at 1345 Washburn Road (Highway 15 and Washburn Road), Kingston. 613-546-1690. www.waddellapples.com.

SEPTEMBER 8: Life Cycle on Wolfe Island. Life Cycle is more than a cycling event. It’s about giving back to the hospitals that have helped your family, friends and neighbours during all stages of life. By taking part in this ride, you are contributing to the next exciting chapter in the history of your Kingston hospitals. Ride a 24-km, 52-km or 102-km route on scenic Wolfe Island. Checkpoints along each route will offer refreshments and bike maintenance. The event (not a race) begins and ends at the Wolfe Island Community Centre. Join in for an afternoon.
**barbecue when you cross the finish line. For information and to register: 613-549-5452 or www.ukhf.ca/events/lifecycle.**

**SEPTEMBER 8: Kingston Multicultural Arts Festival.** The festival celebrates its 10th anniversary in 2019. In our multicultural community, it is not enough to merely co-exist; we need to be able to come together in a safe environment, learn more about and celebrate our differences and reaffirm our similarities #MeetYourNeighbour and #sayHello to someone new. The festival is a non-ticketed family event that promises to delight all your senses. At different cultural pavilions at Confederation Park from 11:30 a.m. to 5:30 p.m., participate in workshops, music, dance, arts and other activities while you enjoy food from around the world. Stay tuned for additional 10th anniversary events leading up to the festival. 613-544-4661, ext. 5156. www.kipcouncil.ca.

**SEPTEMBER 12-15: 189th Kingston Fall Fair.** The Kingston and District Agricultural Society sponsors this event, promoting “Education Through Agriculture” by bringing the country to the city for four days at the Kingston Memorial Centre. The fair showcases agricultural displays, educational days, horse and cattle shows and 4-H shows. Participate in or watch a variety of competitions in various categories: culinary arts; home crafts; photography; flowers, fruits and vegetables. Don’t miss the antique and farm stock tractor pulls, the demolition derby and the Motorcross Thrill Show. Enjoy entertainment at the grandstand and attractions in the midway. There’s something for everyone. 613-542-6701, ext. 2. www.kingstonfair.com.

**SEPTEMBER 14-15: Model Train Show.** The Greater Napanee Valley Railroad presents its first ever model train show at the arena on the fairgrounds, 170 York Street, Napanee. You will find 20 operating train layouts and 20 hobby vendors. The show is open from 10 a.m. to 4 p.m. both days. Admission is $5 for adults and $2 for children 12 and under. 613-354-4298.

**SEPTEMBER 14-15: Fifth International Dry Stone Festival.** Drystone Canada will be hosting this festival at The Lodge, a cottage resort on Amherst Island. Amherst Island has the largest known concentration of historic Irish dry stone walls in Canada. Dry Stone Canada is committed to sharing the passion of this ancient building practice of stacking stones precisely to create structures that last hundreds of years using only gravity and technique (no mortar). There will be a mix of professional wallers, amateur wallers and students. Students (age 9 to 99) pay a fee to take part in the build. This is also a spectator event as you watch 60-plus builders working along the space of 100 feet, lifting, grabbing, searching, stacking and hammering. The Lodge is located at 320 McDonald’s Lane, Stella. For updates on activities, visit www.drystonecanada.com.

**SEPTEMBER 15: Sandbanks Fall Getaway Fun Run.** Celebrating 25 years! Join the Friends of Sandbanks for a 5-km and 10-km run along the scenic trails and shoreline of Lake Ontario within Sandbanks Provincial Park. Note that the 10-km run qualifies for the Terry Fox Run as well. For more information, visit www.friendsofsandbanks.org or www.runningroom.com.

**SEPTEMBER 20-22: Prince Edward County Studio Tour.** Now in its 26th year, the Prince Edward County Studio Tour features the work of quality local and guest artists. The public can spend from 4 to 7 p.m. on Friday and from 10 a.m. to 5 p.m. on Saturday.

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**Movies in the Square**

Movies in the Square, Downtown Kingston’s outdoor summer film festival, is one of the best additions to our city’s summer scene. Outdoor film showings have become extremely popular throughout Canada in recent years. What could be better than sitting on a lawn chair on a starry night, surrounded by fellow citizens, and watching a good movie? Kingston’s Movies in the Square came into being in 2007, shortly after the renovations to beautiful Springer Market Square were completed. Until the beginning of September, enjoyable classic movies are projected onto a huge screen in the square on Thursday nights at dusk. Bring a blanket and your own lawn chair, preferably one with a low back; come early, since seat positioning is on a first-come, first-served basis. (Chairs with high backs will be relegated to the back of the square.) In the event of a rain-out, rain dates will be announced.

Be sure to participate in Movies in the Square this summer with your friends or family members. It’s free, it’s fun, it’s social, and it’s outdoors! This year’s lineup includes appealing family-friendly favourites such as: Mamma Mia! Here We Go Again, Who Framed Roger Rabbit, La La Land, Incredibles 2, Beauty & the Beast (2017), Harry Potter & the Chamber of Secrets and Ferngully. 613-542-8677. www.downtownkingston.ca
and Sunday travelling the County to visit artists’ studios and workshops, as well as multi-artist, multi-disciplinary galleries. This is one of Ontario’s most diverse tours, as the artists’ works include sculpture, drawing, painting, glass, pottery, woodturning, printmaking, photography, jewellery and fibre. www.pecstudiotour.com.

SEPTEMBER 20: Canadian Red Cross Wilderness First Aid. Presented by Steve Tripp, Wilderness Tripping, this 20-hour course (Friday 5 p.m. to Sunday 4 p.m.) takes place in the interior of Frontenac Provincial Park and is designed to give participants training needed to care for someone for up to 24 hours in wilderness or remote context. Focus is on prevention, but in this scenario-based course, you will learn and practise assessment, treatment and stabilization of casualties. CPR-C and AED training is included. Camping equipment and food are not included, but arrangements can be made upon request. Cost: $230 plus HST plus park camping permit. Information and to register: wildernessstripping@gmail.com.

SEPTEMBER 21: Discover L&A Ride. Hop on your bike and enjoy the 2019 Discover L&A Ride. Beginning at MacKinnon Brothers Brewing Company at 10 a.m., this 58-km journey takes you along paved roads that overlook the water’s edge and authentic rural eastern Ontario landscapes. Rest stops are at fascinating historic sites, beautiful parks and award-winning wineries and apple orchards for a day of cycling you won’t soon forget. For the cost of $25 (after August 16, $30; event day, $35 cash only), participants ride, receive a fun event souvenir, taste wines and enjoy an ice-cold glass of brew at the end. You’ll also hear great local music at each stop. For registration and details, visit www.discoverride.ca.

SEPTEMBER 21: Breast Cancer Walk for Awareness. Take the 3.4-km scenic route round-trip from Lake Ontario to Portsmouth Olympic Harbour rain or shine from 2 to 4:30 p.m. Walk at your own pace and enjoy the view. Registration fee is $40 and will be waived if you collect $100 in pledges. A pink BCAK Walk T-shirt is included if you sign up before August 30. This is a walk for all ages. Children under 12 are free; a parent or guardian must sign for those under 18 years. Information: 613-531-7912. Please register online at www.bcakingston.ca.

SEPTEMBER 22: Big Paws. Bring your friends and family — canine or human — for an afternoon of fun at Lake Ontario Park. The Kingston Humane Society’s biggest fundraiser of the year, it is the 21st annual Big Paws pledge walk fundraiser. The walk starts at 11 a.m. Visit the website to register and begin collecting pledges for shelter animals now: www.kingstonhumanesociety.ca.

SEPTEMBER 22: Kingston (Frontenac) TELUS Walk to Cure Diabetes. Join the community for a day of family fun, including entertainment, children’s crafts and activities, a barbecue lunch, prizes and so much more. The 5-km and 10-km walks take place rain or shine at Lake Ontario Park. Help raise funds for Type 1 diabetes research. For pledge forms or information or to volunteer, contact Tracey at 705-792-4833 or tracycroft@jdrf.ca; online registration and fundraising at www.jdrf.ca/walk.

SEPTEMBER 25-29: Kingston WritersFest. This festival for readers, writers and book lovers welcomes a stunning list of guests to the 2019 stage in its 11th year. WritersFest brings over 60 authors to Kingston, including Lee Maracle, Michael Crummey, Elizabeth Hay and many more. Many events will take place at the Holiday Inn Kingston Waterfront, including readings, onstage conversations, a Book Lovers’ Lunch, the Saturday Night Speakeasy and Festival Field Trips for youth. Avid readers will be thrilled to see their favourite authors and hear them read. Off-site events include the International Marquee and the Writers’ Retreat at Residence Inn by Marriott Kingston Water’s Edge. A new event this year is a three-hour literary pub crawl on Saturday night honouring poets and authors at local downtown hot spots. Be sure to visit the website for author profiles and the full event schedule: www.kingstonwritersfest.ca. Tickets: 613-530-2050 or www.kingstongrand.ca.

SEPTEMBER 27: Art After Dark. Take a stroll downtown and discover the city’s galleries on one great night of art, thought and conversation from 7 to 10 p.m. This is a Downtown Kingston event that is run in coordination with local galleries. 613-542-8677. www.downtownkingston.ca.

OCTOBER 3-6, 10-13, 17-20, 24-NOVEMBER 2: Fort Fright. Once again Fort Henry will turn dark during the fall season as ghosts, ghouls, zombies and more take over the Fort’s garrison. Get ready for the interior ditch, dark hallways and tunnels to be filled with live scare actors out to test your goosebumps’ reaction. It is a haunted experience focusing on phobias and fears. This year, six individual PhobiA renais will target your worst nightmare and fears from death, decay, clowns and more. If you get the Total Scare Package, you’ll experience haunted walks, a coffin ride and escape game. Open Thursday to Sunday (October 3 to 13) from 7 to 10 p.m.; opening nightly from 6:30 to 10 p.m. from October 17 to November 2. 613-542-7388. www.forthenry.com.
OCTOBER 6: 16th Annual County Marathon. Full services are provided along this scenic flat and fast course (about 37 km) in Prince Edward County, as you run through the small communities of Wellington, Bloomfield and Picton, as well as Sandbanks Provincial Park, with just enough wind from the west to push you along. The race is Ontario Road Runner Certified and Athletics Canada Certified, and features a Boston Qualifying Full Marathon, Half Marathon and Team Challenge for runners, walkers and wheeled athletes. The Team Challenge relay race draws as many as 800 runners each year and raises money for the Prince Edward County Memorial Hospital. Race kit pickup will be on Saturday, October 5, from 10 a.m. to 6 p.m., at the Prince Edward Community Centre in Picton. 613-391-7129. www.thecountymarathon.ca.

OCTOBER 12: Battersea Pumpkin Festival. It’s one of the biggest and best events in Frontenac County: the world-famous Battersea Pumpkinfest! Your family can enjoy a pancake breakfast, parade, music, model train rides, pie-eating contest, petting zoo, wagon rides and “guess-the-weight” of giant pumpkin contest, farmers’ market, pumpkin carving, games and so much more. This fun community event from 9:30 a.m. to 4 p.m. at the Battersea Ball Park is a spectacular celebration of the fall harvest. www.southfrontenac.net.

Listings in Close to Home are published free of charge subject to the publisher’s approval and may be edited for reasons of space and clarity. To receive more detailed information, Summer in the City recommends you contact event organizers directly at the telephone numbers provided. For a free digital version of this issue and more information, visit www.summerinthe_city_kingston.com.
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Welcome to our annual RESTAURANTGOER’S GUIDE-Summer Edition. Prepared as a guide for Kingstonians and their visitors for use all summer long, the following restaurant listings represent a cross-section of Kingston and area’s most popular establishments. Since prices, hours and menus are subject to change, we recommend you contact the restaurant directly for further information.

BELLA BISTRO. Bella Bistro prides itself on offering local fresh products and serving wine and beer selections from the Kingston region in a charming and cozy atmosphere. Daily specials are offered throughout the week, including a fish and chips special every Friday for lunch. Salads and appetizers range in price from $8 to $16 and include the Insalata Caprino, pistachio-crusted goat cheese on a bed of field greens with shallot vinaigrette dressing. Entrées range in price from $14.20 to $23.90 or by the slice from $3.40 to $4.25. Or choose from an assortment of specials, like two large pizzas with eight toppings (combined) and four cans of soda for $38.95. Enjoy homemade ham burgers and cheese and bacon burgers and foot-long subs. Now serving four different kinds of poutine, including the onion ring poutine. Get a free small poutine with any single pizza at regular price. Open Monday 11am to 1:30am, Tuesday to Thursday 11am to 2:30 am, Friday and Saturday 11am to 3:30am, and Sunday 11am to 2:30am. Eat in the cozy 20-seat self-serve restaurant, or order for takeout or delivery. Interac and all major credit cards accepted. 4050 Bath Road (at Collins Bay Road). 613-634-4050. www.bellabistro.ca

BUBBA'S POUTINE AND PIZZERIA. Located downtown, just minutes from the lake, Bubba’s offers made-from-scratch pizzas and more. Vegetarian and meat pizzas are available from $14.20 to $23.90 or by the slice from $3.40 to $4.25. Or choose from an assortment of specials, like two large pizzas with eight toppings (combined) and four cans of soda for $38.95. Enjoy homemade hamburgers and cheese and bacon burgers and foot-long subs. Now serving four different kinds of poutine, including the onion ring poutine. Get a free small poutine with any single pizza at regular price. Open Monday 11am to 1:30am, Tuesday to Thursday 11am to 2:30 am, Friday and Saturday 11am to 3:30am, and Sunday 11am to 2:30am. Eat in the cozy 20-seat self-serve restaurant, or order for takeout or delivery. Interac and all major credit cards accepted. 349 King Street East, 613-549-5422; and 401 Princess Street, 613-549-5420. www.bubbas.ca

THE CAVELIER DINING ROOM AND CAFÉ LA SALLE. Situated within the Travelodge Hotel and with an elegant dining atmosphere made cozy by brick and wood accents and antique windows, this restaurant serves everything from breakfast items to gourmet food. Breakfast includes pancakes, eggs and French toast ranging from $5 to $15. Choose from a variety of sandwiches and salads for lunch. The dinner menu ranges from pastas to entrees such as scallops supreme (sea scallops baked in a white sauce with onions, mushrooms and peppers), filet mignon and souvlaki, priced from $16 to $42. The Cavelier is open Monday to Sunday 7am to 10pm. Café La Salle is open Sunday to Thursday 6am to 9pm and Friday and Saturday 6am to 10pm. Fully licensed. Dinner reservations are recommended. Wheelchair-accessible. Interac and all major credit cards accepted. 2360 Princess Street. 613-546-4233. www.travelodgekingston.ca

DELIGHTFULLY DIFFERENT TEA ROOM. This cheerfully decorated tea room offers a wide variety of teas served in your choice of teapot. Scones, muffins and toasted Egg Delight sandwiches are on the all-day menu starting at $3.25. “Delightful” homemade dishes,
including Greek, deli and fruit salads, are available, as well as quiche, tasty soups, such as the famous Moroccan peanut tomato ($6.50), and freshly prepared sandwiches served with gluten-friendly bread options. Lunch combinations with sandwich, soup or salad begin at $12.50. Try the tea room's best-selling Mystery Plate, an assortment of samples from the menu at $17.25. Desserts, from $4.25, include lemon loaf, butter pecan cake and cranberry cake with warm butter sauce. Afternoon High Tea, by reservation, offers scones with Kingstonshire cream and jam, assorted finger sandwiches and a variety of mini desserts, $35 per person. Open Tuesday to Saturday 10am to 5pm and on Sunday during July and August. Wheelchair-accessible. Bilingual service. Patio open, weather permitting. 197 Wellington Street. 613-766-5966.

DIANNE'S FISH SHACK AND SMOKESHOP. Just steps from the waterfront, a classic East Coast kitchen meets the flavours of Baja Mexico. The atmosphere is casual and fun. The appetizer menu, from $7 to $21, includes fish cakes, house guacamole, seafood poutine, salads, mussels and fresh oysters. Main courses include lobster rolls, beer-battered Alaskan Pacific haddock, steaks, smokehouse platters, sandwiches and more, featuring in-house smoked meats and Ocean Wise-approved ingredients. Children's menu, vegetarian and gluten-free options available. From the bar, there is ice cold craft beer on tap and local wines, plus premium whiskies and tequilas, refreshing cocktails and fresh-squeezed lime margaritas. Open Monday to Sunday 11:30am to 9pm. A sidewalk patio overlooking the marina is open seasonally. All major credit cards accepted. Follow on Facebook, Twitter and Instagram. 195 Ontario Street, 613-507-3474. www.dianneskingston.com
HARPER'S BURGER BAR.
Kingston’s local burger joint, Harper’s, offers its patrons gourmet versions of traditional favourites in a relaxed and contemporary atmosphere. Harper’s uses 100 percent fresh, local Enright Cattle Co. beef in such specialties as the customizable Classic with Harper’s secret sauce, ranging from $12.50 to $15.50; or the LaLa Land, topped with goat cheese, avocado spread, roasted red pepper and arugula pesto mayo for $16. A slider sampler of three delicious mini-burgers is available for $16.50. There is a large selection of appetizers, along with interesting versions of poutine and a variety of salads and sandwiches. Harper’s also has an assortment of sweet desserts, such as Kawartha Dairy premium ice-cream milkshakes and “boozy floats” (different beers and ice cream) for under $10. An extensive craft beer, wine and cocktail list is available. Children’s menu and takeout are available, as are vegetarian, vegan and gluten-free options. Open Sunday to Monday 11:30am to 9pm. All major credit cards accepted. Fully accessible. Patio open, weather permitting. 93 Princess Street. 613-507-3663. www.harpersburgerbar.com

JUNIPER CAFE.
Located in the Tett Centre on Kingston’s waterfront, Juniper Cafe offers a unique menu that changes weekly using fresh, local ingredients. Options typically include sandwiches, salads and soups that are priced between $8 and $16. Choose to sit in and enjoy a cappuccino, latte or tea, or opt to take it with you. The full menu is also offered for catering. Open Monday to Saturday 8am to 6pm and Sunday 9am to 5pm. Waterfront patio open, weather permitting. Closed on holidays. Debit and credit accepted. 370 King Street West. 613-344-1736. www.junipercafe.ca

HOMESTYLE DELI.
With a wide selection of sandwiches and hot foods, Homestyle Deli is a great choice to find your new lunchtime or breakfast favourite. Sandwich menu prices range from $2.75 for half and $4.45 for a full sandwich. The breakfast menu is available until 11am. The hot menu includes savoury choices such as lasagna and macaroni and cheese. There is also a salad menu starting from $2.29. Specials and soups du jour are listed on the website. Open Monday to Friday from 6:30am to 4:30pm and Saturday from 7:30am to 3pm. Closed Sunday. Take out and catering are available. Wheelchair-accessible. All major credit cards accepted. 629 Fortune Crescent. 613-634-9992. www.homestyledeli.ca

THE MANSION.
Just west of University Avenue on Princess Street, the Mansion offers a vibrant atmosphere with live music almost every night of the week. Divided into the Living Room, the Rec Room, the Patio and the Wine Cellar, the menu features daily food and drink specials and late-night service. Items such as soups, salads, sandwiches, tacos, pizzas, grilled burgers, fish, steak and chicken entrees and desserts are available. Sandwiches, served with fresh-cut Yukon gold potato fries, start at $11, and include the Sriracha tuna melt, with Sriracha hot chili tuna salad on a French baguette baked with garlic butter and layered with basil pesto, broiled with Black River aged cheddar and topped with grilled tomatoes. The Mansion uses fresh local products, including organic ingredients. Entrées include the Buffalo Wing and Blue Mac and Cheese — farfalle bow-tie pasta, local seasoned ground beef tossed in a white wine and shallot three-cheese cream sauce, with a baked panko breadcrumb and blue cheese crust — along with spears of garlic bread, at $13. The locally farms 9 oz. AAA centre-cut
strip loin, from Wallace Farms in Glenburnie, is served with seasonal vegetables, roasted garlic potatoes and topped with marinated portobello mushrooms and caramelized onions, at $22. Check out the website for live entertainment listings. Patio open, weather permitting. Open Monday to Friday 11am to 2am and Saturday and Sunday 10am to 2am. VISA, MasterCard and Interac accepted. 506 Princess Street, 613-531-0003. www.mansion.rocks

MORRISON’S. Downtown Kingston’s oldest family diner, established in 1921, Morrison’s 110-seat restaurant is directly across from the Market Square and City Hall. An all-day breakfast, lunch and dinner menu is sure to accommodate any schedule. Morrison’s Supreme breakfast features pancakes, French toast, two eggs with bacon, ham, or sausage for $9.50. Lunch fare includes fresh-sliced turkey and other sandwiches, homemade hamburgers and salad plates for under $10. Enjoy dinner, including a New York steak with soup and salad, as well as a selection of other favourites, such as trout, salmon, fish and chips, and spaghetti and meat sauce for around $17 to $20. Open Monday to Saturday 6am to 7pm and Sunday 8am to 2pm. MasterCard, VISA and Interac accepted. 318 King Street East. 613-542-9483.

RED LOBSTER RESTAURANT. Specializing in seafood, Red Lobster offers a range of choices from fresh fish to shellfish, including shrimp and lobster. Create-your-own meals are available where you can choose any two or three menu items for $21.99 or $25.99, respectively. In addition, the menu features a variety of steaks, chicken and pasta dishes. Lunch ranges from $9.79 to $18.99, with a create-your-own combination available for $11.49. Dinner prices range from around $21.99 to $30.49.

Rockin’ the Big House

Rockin’ the Big House, the first-ever public concert at the notorious Kingston Penitentiary, which closed in 2013, takes place on September 14. Guests will walk through the gates of Canada’s oldest penitentiary at 4:30 p.m. and enjoy a very special outdoor music festival, which runs from 6 to 11 p.m. This event in support of United Way of KFL&A succeeds the Fare for Friends fundraiser, which was held for 25 years, and brings together some of the finest Canadian musicians, many of whom have a special tie to Kingston. Participants include The Headstones, The Trews, The Pursuit of Happiness and Kasador; among the special guests are Tom Cochrane and the remaining members of The Tragically Hip, Paul Langlois, Gord Sinclair and Rob Baker.

All of the musicians are performing for free. There will be specialty food trucks and restaurants, as well as beverages from local breweries and wineries, some of whom are donating all of their earnings to the United Way. Tickets are $75 and can be purchased through Ticketmaster online or at the León’s Centre box office. This spectacular concert, which is expected to raise at least $250,000 for the United Way, will take place rain or shine and is for guests 19 years and older. www.unitedwaykfla.ca/rockin-the-big-house. 613-542-2674.
THE RUSTIC SPUD. Located in downtown Kingston just a few blocks from the waterfront. The Rustic Spud offers an extensive menu with something for everyone. Appetizers start at $11 and include artichoke dip and ponados. Try one of 11 pizzas on the menu, such as The Bourgeois (pesto, smoked bacon, feta, smoked chicken, mozzarella, red onions, tomatoes and balsamic drizzle), or create your own. Entrées start at $20 and include Braised Boneless Short Ribs, which come with poached tomatoes, blue haze rustic mash potatoes and vegetables with a braised wine sauce. A children's menu is available at $8 and comes with a drink, ice cream and cookie. Kitchen hours are Sunday to Wednesday 11am to 9pm and Thursday to Saturday 11am to 10pm; and now serving brunch on weekends from 9am to 2pm. VISA, MasterCard, American Express and Interac accepted. 175 Bagot Street. 613-544-6969. www.rusticspud.com

SAN TUR BREWING. Kingston's newest gastro brewpub is located in the heart of downtown. SanTur Brewing offers a creative selection of in-house brewed beers and beertails. Their full-service menu provides the perfect pairing to your choice of beer, including starters such as the Barcelona Style Salted Cod Salad Tacos for $14 or one of many main dishes ranging in price from $15 to $27. Many menu choices are inspired by Iberian dishes. Try a flight of four beers for $8. Open Sunday and Tuesday to Thursday 11am to 11pm and Friday to Saturday 11am to 2am. Closed Monday. Wheelchair-accessible. All major credit cards and Interac accepted. 177 Princess Street. 613-542-3774. Follow SanTur Brewing on social media. www.santurbrewing.com

SWISS CHALET. This family restaurant's signature dishes are rosièrerie chicken, ribs and beef, as well as pastas, sandwiches, burgers and wraps, from around $10 to $20. The Quarter Chicken dinner includes rosièrerie chicken served with one side, roll and Chalet dipping sauce for $13.49. A healthy alternatives menu is offered as well, which features smaller portion sizes and lean chicken cuts. Enjoy appetizers such as spinach dip, potato and cheese perogies and chicken spring rolls. The Dalton Avenue location houses a separate bar area for your enjoyment and a drive-thru for convenient takeout orders. Full takeout and delivery menus are available from both locations. Both restaurants are open Monday to Saturday 11:30am to 10pm and Sunday 11am to 9:30pm. Wheelchair-accessible. All major credit cards and Interac accepted. Locations: 1330 Bath Road, 613-542-4432; and 85 Dalton Avenue, 613-547-0100. For delivery or to call ahead: 1-866-439-0439. www.swisschalet.com

UNION KITCHEN + COCKTAILS. In the former location of Windmills Restaurant, Union Kitchen + Cocktails offers a gourmet take on your favourite diner classics, with some fresh new plates that deserve some recognition. Union Kitchen + Cocktails provides a brunch menu available until 3pm every day that includes dishes like the Tater-Tot Poutine and the recognizable Windmills Breakfast. Lunch and dinner menus range in price from $12 to $32. Try the Drunken Mussels and other fresh seafood dishes from the Sharing Plates menu.

THE WINDWARD RESTAURANT & LOUNGE. Enjoy a casual dining experience at the Shorelines Casino. The Windward Restaurant features an all-day breakfast menu starting at $6.99. Casino favourites, such as salads, sandwiches, pastas and steaks, are available for lunch or dinner, from $8 to $30. Sunday and Monday brunch is offered from 7:30am until 2pm. Delightful delicacies are created nightly by the creative culinary team. Ask about weekly specials and membership pricing. The full-service menu is available from 9am to 10pm; a smaller-selection menu is offered from 10pm. Casino is open 24 hours daily, table games 11am to 4am. Fully licensed. Wheelchair-accessible. MasterCard, VISA, American Express and Interac accepted. Located at Highway 2, between the Thousand Islands Parkway and Highway 401, near Gananoque. 613-382-6800 or toll-free 1-866-266-8422. www.shorelinescasinos.com/thousand-islands/dining

THE WOLFE ISLAND GRILL. Just steps from the Wolfe Island ferry dock, The Grill offers casual fine dining in a relaxed, friendly atmosphere with a spectacular view from the licensed waterfront patio. Starters such as P.E.I. mussels and the Wolfe Island nacho platter start at $14. Many menu items feature local organic ingredients, such as the DeRuiter Farms 12 oz. grass-fed Black Angus rib-eye with roasted garlic mashed potatoes, seasonal vegetables, caramelized onions,
marinated portobello mushrooms and green peppercorn demiglace at $36. Other regular dinner items include a marinated portobello mushroom pasta and panang red Thai curry served with meat or tofu over jasmine rice. Daily lunch specials and a children’s menu are also available. A brunch menu is available Saturday, Sunday and holidays from 10am to 3pm. Patio open, weather permitting. Open Thursday and Friday 11am to 11pm, Saturday and Sunday and holidays 10am to 11pm. Closed Monday to Wednesday during winter season. VISA, MasterCard and Interac accepted. Live music on weekends. Located in Marysville on Wolfe Island. There is a free ferry ride from the Ontario Street dock, or boat docking is available at no charge, space permitting. 613-385-1515. www.wolfeislandgrill.ca

WOODEN HEADS. Popular for its gourmet pizzas and funky atmosphere, Wooden Heads also serves a wide selection of unique salads, tapas and fusion entrées. Selections from the Molto Gusto menu start at $18.50 and include options such as the Polpette e Risotto (Sicilian-style meatballs of local beef, pork and wild boar simmered in tomato and red wine sugo over risotto bianco with buttered brown mushrooms). Pizzas start at $10.65 and include options such as the Dynamo (pesto, roasted Roma tomatoes, feta cheese, smoked chicken and a honey drizzle); or you can choose from a wide variety of toppings to create your own pizza starting at $3.50. Tapas, including coco shrimp, start at $8. Daily specials are available for lunch and dinner. Fully licensed. Takeout offered. Reservations strongly recommended. Patio open, weather permitting. VISA, MasterCard and American Express accepted. Open daily 11:30am to midnight. 192 Ontario Street. 613-549-1812. www.woodenheads.com

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LIVE MUSIC VENUES
Kingston's very own boogie nights happen in these night spots, where live music is offered from as often as every night to once-a-month special occasions. Before you head out for your night on the town, call to find out who's gracing the stage where you're going. Whether you're a little bit country or you've got the blues or you're ready to rock, Kingston has music to suit your taste.

The Ale House
393 Princess Street, 613-531-5300

Ambassador Resort Hotel & Conference Centre
1550 Princess Street, 613-548-3605

Atomica
71 Brock Street, 613-530-2118

Dox
2 Princess Street, 613-549-8400

Kingston Brewing Co.
The Brew Pub
34 Clarence Street, 613-542-4978

Legion Branch 560
734 Montreal Street, 613-546-4570

The Loyal Oarsman
1724 Bath Road, 613-384-5236

The Mansion
506 Princess Street, 613-531-0003

The Merchant Tap House
6A Princess Street, 613-547-1313

Musikki Café
73 Brock Street, 613-542-2233

The Octave Theatre
711 Dalton Ave., 613-546-1331

Olivea Restaurant
39 Brock Street, 613-547-5483

Portsmouth Tavern
96 Yonge Street

Queen's Grad Club
162 Barrie Street, 613-546-3427

Raxx Bar and Grill
665 Development Drive, 613-634-3337

RCHA Club
193 Ontario Street, 3rd Floor, 613-542-8152

The Rose and Crown
2815 Princess Street, 613-389-1278

Tir Nan Og at the Prince George Hotel
200 Ontario Street, 613-544-7474

The Toucan
76 Princess Street, 613-544-1966

The Wolfe Island Grill
1222 Main Street, Wolfe Island, 613-385-1515

INTERNATIONAL

ATOMICA GOURMET PIZZA AND WINE BAR. The specialty is gourmet thin-crust pizza. The menu also features a variety of bruschettas, appetizers, grilled panini sandwiches, an array of salads, pastas, sharing plates and entrées. Local ingredients are showcased on the daily features card and are utilized throughout the menu. Many vegetarian, vegan and gluten-free options are available. Prices range from $8 to $16 for appetizers and desserts, and from $12 to $21 for pizzas, paninis and pastas. There is a large selection of homemade Italian desserts, gelato and premium Italian coffees; and from the bar, contemporary cocktails and craft beer. Choose from the extensive wine list, with many selections by the glass. Children's menu and takeout are available. Open Monday to Thursday 11:30am to 9pm, Friday and Saturday 11:30am to 12am and Sunday 12:30pm to 10pm. All major credit cards and Interac accepted. Fully accessible. Patio open, weather permitting. Located in "The Brock Street Common," 71 Brock Street. 613-530-2118. www(atomica.ca

LE CHIEN NOIR BISTRO. Le Chien Noir provides a setting that is relaxed, stylish and upbeat. The dinner menu, with small plates ranging from $11 to $24 and large plates from $21 to $39, features French bistro classics — lamb, duck confit, and mussels — along with modern "farm-to-table" features. A daily blackboard menu includes fresh oysters, appetizer and main course offerings. Dishes are prepared with fresh, high-quality, local, market-driven ingredients. The in-house pastry chef creates signature desserts, including crème brûlée. From the spacious zinc bar, there are ten craft beers on tap, as well as an extensive wine list and various vintage and contemporary cocktails. Heated courtyard terrace and sidewalk patio open, weather permitting. Fully accessible. Children's menu, vegetarian and gluten-free options are available. Visit the website for full menus and upcoming events. Open Monday to Wednesday 11:30am to 9pm, Thursday to Saturday 11:30am to 10pm and Sunday 11am to 9pm. All major credit cards and Interac accepted. Located in the "Brock Street Common," 69 Brock Street. 613-549-5635. www.lechiennoir.com

CURRY ORIGINAL. Elegantly decorated and steps from the waterfront, Curry Original has been featured in Where to Eat in Canada since 1999. Enjoy a variety of Indian dishes, including Shrimp Phatia — a hot, spicy sweet-and-sour curry dish — and
Tandoori Chicken. No artificial flavour, colour or preservative is used; and organic rice, bread and wine are now available. Appetizers such as papadum and samosa range from $1.25 to $5.95, and an average three-course dinner with a drink costs $35. Daily lunch specials starting at $10.95 are available Tuesday to Friday. Students receive 20 percent off regular menu items Monday through Friday. A variety of dinner combination plates are also available for two people. Vegetarian dishes are offered, and 95 percent of the menu is gluten-free. Takeout is available for groups of 10 to 100 people. Reservations recommended for the weekend. Open Tuesday to Saturday 11:30am to 2pm for lunch. Dinner is served Tuesday to Thursday 5pm to 9:30pm, Friday and Saturday 5pm to 10pm and Sunday 5pm to 9pm. VISA, MasterCard, American Express and Interac accepted. Wheelchair-accessible. 253A Ontario Street (beside the Lone Star). 613-531-9376.

www.curryoriginal.ca

DARBAR. Darbar offers exotic Indian cuisine, with fine dining in an authentic and relaxing atmosphere. A comprehensive menu features items from different regions of India, including many vegetarian dishes. Each dish is prepared to order to accommodate special dietary requests. Appetizers start at a dollar, with the option of an appetizer platter for $10.50. An extensive curry menu starts at around $10. Meal combination menus have been designed for both single-diner and multiple-diner patrons. Takeout and delivery are available, with 10 percent off takeout orders that are picked up (excluding lunch specials), and free delivery for orders of $50 before tax. Recommended in the Vegetarian Journal. No MSG, artificial food additives or preservatives are used. Licensed. All major credit cards and Interac accepted.

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MINOS (Barrie Street). A wide variety of Greek and Canadian cuisine is offered here. Minos is best known for its broiled lamb chops entree, $24, and its golden broiled shrimp platter at $21. Lunch and dinner appetizers start at $6, with house specialties ranging in price from $13 to $24. Light meals are also on the menu. Most entrées are served with salad, rice, potatoes and steamed vegetables such as the Minos combo platter at $19, with souvlaki skewer, chicken brochette and two garlic broiled shrimp; or the Minos Delight at $24, with marinated cubes of filet mignon wrapped in bacon, broiled shrimp, green peppers, onions and tomatoes on a skewer. Meal packages and barbecue-at-home items are also available. Desserts start at $5 and include baklava and Minos Supreme. Eat in dining room or take out. Open Wednesday to Saturday 11:30am to 9:30pm and Sunday to Tuesday 3pm to 9pm. All major credit cards are accepted. 340 Barrie Street. 613-545-7770. www.minosonbarriestreet.com

PASTA GENOVA. Pasta Genova specializes in fresh pasta and homemade sauces, sold to be prepared at home. Italian deli meats, oven-ready lasagna, cannelloni and chicken and eggplant Parmesan are popular features, as is the focaccia bread baked daily on the premises. Many Italian specialty items are available, including a huge variety of olive oils, fresh herbs and antipasto products. Cash and cheques only. Open Tuesday to Friday 10am to 6pm, Saturday 10am to 5pm. Closed Sunday, Monday and holidays. 234 Wellington Street. 613-542-6414.

PAT’S RESTAURANT. This quaint family-owned restaurant features Cambodian and Thai cuisine. Pat’s offers a variety of vegetarian, chicken and shrimp dishes, including Vermicelli with Spring Roll (vermicelli noodles with grilled pork loin, shrimp, spring roll and fresh vegetables with peanuts and fish sauce) and Golden Chicken (spicy hot-and-sour chicken with lemongrass, peanuts, coconut and rice), priced at around $12. Vegetarian dishes are generally $10. Daily specials offered at $13.95 include yellow curry chicken with sweet potato, pineapple and rice; and beef tenderloin with lemongrass, spring rolls, rice noodles, fresh vegetables and coconut sauce. Takeout is available. Open Monday to Friday 11:30am to 8pm and Saturday 12pm to 8pm, with a break in service between 3pm and 4pm daily. Interac and cash accepted. 455 Princess Street. 613-344-0450. Follow on Facebook.

THE ROSE AND CROWN. The Rose and Crown offers an English pub atmosphere and is famous for its fish and chips. Dinner items like soups, salads, sandwiches and a wide variety of fish range in price from $11.95 to $21.25. Family-size dinner takeout options are available starting at $32.95 and include four pieces of fish, a large chips, large Caesar salad and gravy. Enjoy half-priced appetizers on Wednesday nights with open-mic entertainment. Imported and domestic draughts are also offered. British imported candy and groceries are available at the store adjacent to the restaurant. Patio open, weather permitting. Wheelchair-accessible. All major credit cards and Interac accepted. Open Monday to Saturday 11am to 11pm and Sunday 11am to 11pm. 2815 Princess Street. 613-389-1278. www.roseandcrownkingston.com

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ShorelinesCasinos.com
*Poker at Thousand Islands location only. All You Can Eat Buffet and Facebook available at Belleville location only.