Welcome. I am happy to invite you and welcome you to the beginning of our course on Gnostic Astrology. To begin, it is always helpful to understand the context of our studies. As you know, we will be discussing the science of Gnosis, and as many of you know, this term gnosis is Greek and refers to knowledge. It is the root of many words that we use in common, everyday language, such as diagnosis. The term gnosis does not refer to a simple intellectual form of knowledge or any kind of cultural or traditionally inherited knowledge, but instead it refers to a perceptible, experiential form of knowledge, something that is individual, something that is unique. Real Gnosis is not theoretical; it is one’s own experience, it is one’s own reality, it is the truth.

We all have Gnosis to some level, to some degree, because we have some degree of consciousness, and in truth, Gnosis is the Science of Consciousness. To understand what Gnosis is, we must recognize what the consciousness is, and to work with the science of Gnosis is to work with one’s own consciousness.

From another point of view, we can say there are two doctrines that exist in the world: the doctrine of the eye and the doctrine of the heart.

The doctrine of the eye, related to the physical eye, is that collection of theories, collection of ideas, it is all the beliefs and traditions, all of the varying interpretations of spiritual knowledge. And as you know as an investigator of spirituality, the theories are as varied as the human beings themselves, and one theory will contradict another, and it is difficult to find any real truth.

But in the doctrine of the heart we find the experiential knowledge, the doctrine of Gnosis, the doctrine that one grasps through one’s own effort. This type of doctrine, the doctrine of the heart, is not a cultural, it is not found in a book, it is not found in any school, nor in any religion. The doctrine of the heart exists within yourself, within your own heart. Residing in the depths of your own heart is a spiritual flame, a spark, which in Western traditions is called the Atom Nous. It is called an “atom” because of its relative size, not because it is a physical atom. The Atom Nous is a sort of architect, a kind of intelligence that resides in the heart of every human, and it is from this atom within the heart that the Doctrine of the Heart can be discovered and learned.

When we approach the study of Gnosis, we have to bear in mind that if we limit ourselves to merely a theoretical analysis we will never grasp it, we will never find it. We will find only complication and contradiction, because theories always contradict other theories, and in this physical formation that people call “Gnosis” there are contradictions, but those contradictions are a matter of appearances: they are a matter that has to be comprehended in the consciousness. And the reason behind that is that the Heart Doctrine - or true Gnosis - is individualized as the Christ becomes individualized, as the Krestos, that Divine Intelligence, becomes individualized, and in that individualization the knowledge applies to the level of that aspirant, of that initiate. What is appropriate and good for an aspirant or an initiate at a certain level has to be abandoned by one at a
higher level. Therefore, the one who limits his study to the intellect will perceive two contradictory instructions that apply to two different levels of development, and they will enter into conflict. The synthesis or the answer to that is to discover Gnosis inside of oneself, for oneself.

Gnosis demands exactly what the Buddha taught:

As the wise test gold by burning, cutting and rubbing it. So, bhikkhus, should you accept my words -- after testing them, and not merely out of respect.

You have to live these teachings, you have to apply them in your moment to moment existence, otherwise they have no purpose.

We can say that Gnosis, this doctrine of the heart, is directed towards the expansion of our self-knowledge. To “know oneself” is to gather Gnosis of the truth of life and death of reality. This is not something to be taken lightly; the fact is that death awaits everyone of us. None of us know when the moment of our death will arrive; it could be today, it could be in the next matter of hours, and that comprehension, that recognition, is important because it provides a foundation for us to manage our attention, to manage our will, to not be distracted. Some traditions in the West have this phrase “Memento Morte,” “remember death.” The purpose behind that is to always be mindful of the present moment, and when we are mindful and present and observant of ourselves, we are standing in the door of Gnosis.

Gnosis as a Science and as an Art does not exist in the past, nor does it exist in the future. The only way to enter into and access Gnosis, or experiential knowledge, is in the present moment, and to do that, to acquire that, requires discipline, it requires effort, but most of all it requires consciousness, to be conscious, to be attentive, to be aware.

This refers to one of the foundational teachings in this doctrine of the heart, which says that there are two lines that exist in life. There is the horizontal line that moves from birth through all the experiences we can have in life, to death. That line moves steadily in accordance with our Karma, in accordance with our karmic values, positive and negative, which are within us. Most of humanity remains on this line in ignorance, in confusion, in darkness, and this is because there are in truth four levels, roughly speaking, to the capacities of human consciousness.

If you can imagine a building that has four floors, most human beings (what we call “human beings”) live the entirety of their time within a physical body on the bottom two floors and have no idea about the other two.

The first level, the bottommost level, is what we commonly call “sleep,” but in this case we would say this really refers to the sleep of the physical body. And this state is when we need to rest and we lie down; the physical body goes to sleep and the consciousness leaves the physical body and we begin to dream. In our own experience as an individual person, as one human entity, what is our own experience of dreaming? This is a key factor of great importance in your life because it indicates your own conscious capacities. Most people do not remember their dreams or if they do, the dreams are very vague or sporadic and the ones they remember obscure, incoherent, and this is because the consciousness is weak, conditioned, trapped.

The second state of consciousness is what we call the “vigil state” and it is when our physical body is active, moving around, doing things, but, according to the heart doctrine, according to Gnosis, this is really just another level of sleep. And all of the great masters and prophets, teachers have said so. Jesus repeatedly emphasized that we are asleep, so did Buddha, so did Moses, so did Quetzalcoatl. All these great teachers point out to us that our consciousness is asleep. We think we are awake and this is the problem. We believe that we are awake because we perceive and act and we think that is equivalent to being awake, but it is not.
### The Four States of Consciousness

<table>
<thead>
<tr>
<th>Degree of Awakened Consciousness</th>
<th>Gnostic</th>
<th>Greek</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>The consciousness is completely awake. This is the level of Buddha, Jesus, Krishna, etc.</td>
<td>Fourth State</td>
<td>Nous</td>
<td>Objective, awakened consciousness: Objective Clairvoyance. Intuition. Samadhi. There is no dreaming in this state.</td>
</tr>
<tr>
<td>The consciousness is awake to some degree.</td>
<td>Third State</td>
<td>Dianoia</td>
<td>Self-remembering; continual directed attention, constant penetrating Self-observation; Inner separation from thoughts, feelings and sensations. Accompanied by conceptual analysis, revision of beliefs, etc.</td>
</tr>
<tr>
<td>The consciousness is asleep and dreaming.</td>
<td>Second State</td>
<td>Pistis</td>
<td>The so-called “Vigil State.” Marked by beliefs, concepts, ideologies, opinions, prejudices, theories, fanaticism, etc. Common humanity never rises above this state.</td>
</tr>
<tr>
<td>The consciousness is deeply asleep and dreaming.</td>
<td>First State</td>
<td>Elkinsa</td>
<td>Physical sleep; Marked by brutality, animal passion, cruelty, instinctive desire.</td>
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An awakened consciousness is something distinct, something different. The consciousness itself is the ability to perceive. It is perception, but it is not perception limited by the five senses. The consciousness can perceive more than merely the physical dimension, which is what we correspond to this second level of consciousness.

Many people have experiences of becoming very conscious and very awake in a dream, when the physical body is asleep. This is so commonplace that it cannot be ignored, and it in fact indicates precisely that the consciousness is not dependant upon the physical body. It is a separate entity, it is an entity which inhabits the physical body when it is necessary to do so, and when the physical body is discarded either at night when we sleep or at death (the great sleep), the consciousness moves to some other vehicle in order to operate. There are many vehicles that the consciousness can utilize, and it can even act without vehicles of any kind if it is trained.
When we are dreaming, the consciousness is inhabiting what we call the "Astral Body," but in fact it is a protoplasmatic lunar body whose very particles belong to nature and whose core is karma. It is, in fact, the ego. That is why our dreams commonly, typically, are mere manifestations of desire, whether craving or aversion, whether desires of craving things or desires to avoid things. Most dreams manifest from this fundamental pendulum of craving and aversion.

The consciousness can be trained to be awake while the physical body sleeps. Some people call this "lucid dreaming" or "out of body experiences." In the East, they call it Dream Yoga, which is one of the four yogas that Naropa taught. This science of Dream Yoga is an integral part of the Heart Doctrine of Gnosis because it is concerned directly with awakening the consciousness in the first level, when the physical body is sleeping.

But we also have to awaken the consciousness in the second level when the physical body is active. We commonly call this mindfulness, watchfulness, attentiveness, and we have practices of meditation whether walking or sitting, practices of concentration, Japa, many different types of techniques, the use of mantra or prayer, all of which exist in order to assist us as we train our attention. The training has as its purpose the development of the consciousness, the ability of the individual to maintain continuous consciousness. The difficulty is we feel we are already conscious. Why would someone try to get something they already think they have? This is the problem.

In truth, in the same way that the stars are not visible during the day, dreams are still there, we just don't see them. But when we learn how to observe, to start the process, to learn the science of Self-observation, to be present from moment to moment, to remain watchful of everything that passes within our own psyche, we can begin to see the shocking truth of the dreaming mind; that this mind that we have continues dreaming all day long. Obviously, we have daydreaming, which everyone is familiar with, but dreaming is something that is happening all the time, below our awareness. We say in Gnosis that our consciousness extends only to a small part of who we really are and the purpose that we have is to expand that, to extend that, to become more conscious of ourselves, to know more about why we suffer.

Why do we suffer? Why are there so many problems? Why do we make ourselves suffer so much? Why do we make others suffer so much? Because of ignorance, because of craving, because of aversion. These three aspects, these three causes are symbolized in the very center of the Bhavachakra, the Wheel of Samsara. You see there a pig, a rooster, and a snake. These three symbolize three destructive factors that keep us trapped in this wheel of suffering: ignorance, craving, and aversion. Gnosis is the method, the science, to train the consciousness to perceive the causes of suffering which are within and in that way to begin to conquer them.

Consciousness in itself is light. Wherever you find light, you find consciousness. To the great astonishment of modern scientists, they are proving this. If you have done any investigation into quantum mechanics, modern physics, you'll know what I am referring to. Scientists are amazed to discover that consciousness is far more than what they thought it was.

In Universal Gnosticism, it has long been taught (just as the Buddha taught) that every atom in nature has consciousness. Every atom is a combination of three parts: energy, matter, and consciousness. This is why scientists have been unable to create atoms, because they cannot manipulate the conscious aspect. They can manipulate matter, but that is all. The management of the consciousness belongs to the one who has consciousness developed. In other words, what our forefathers called the "Gods."
The Gods were human beings, human beings who developed themselves and became perfect, like Jesus, like Buddha. We call them “Gods” because they have powers that the terrestrial human cannot even conceive, but which lay dormant, nestled within our very atoms, within our very structure. All our spiritual traditions exist in order to indicate and point the way for each person to develop that on their own, inside. In other words we seek light, to become a transmitter of light, to emit light, but light is consciousness, perception, reality.

This is not a theory, this is not an idea; this is palpable, this is something you have to taste, you have to experience. You have to create the causes which produce the effects. Believing in it will not help you, rejecting it will not help you. One has to experiment, to work.

To awaken the consciousness is to accumulate light, to begin to see new things. The doorway to that is the third state of consciousness. The third state is what we call Self-remembering; but the Self is the Real Self, the Being, the One who is, our own Spirit, our own Sather, our own God, our own Divine Mother: the divinity that rests within us and that has given us existence, but whom we have forgotten.

The third state of consciousness is a state of active, expansive perception, from moment to moment. If your consciousness is passive, you are asleep. To be active means to be under the active guidance of attentive will, that is: you are consciously choosing what you perceive and how you perceive it. This does not require thought, it does not require belief, it has nothing to do with theory; it is an activity, an action, which has to be provoked, produced by will from moment to moment. And this is why spiritual aspirants learn concentration practices, how to follow a mantra, how to visualize, how to imagine. These are training exercises. They are preliminary exercises, which develop the capacity to remain in the third state of consciousness.

Meditation is the most potent tool for the development of the third state of consciousness - but by meditation I am not referring to preliminary concentration practices. I am referring to Pratyahara, to Dhyana, to Dharana, to Samadhi: to the levels of perception which exist beyond mere concentration. Concentration is the beginning; meditation is the door itself.

In that state of observation, one comes to recognize that the consciousness exists separate from the intellect, separate from feelings, separate from sensations. These three realms are what we call the Three Brains, which exist within every intellectual humanoid.

The Three Brains are:
The intellect, related to thoughts and ideas and theories
The emotional center, the emotional brain related to feelings whether good or bad, liking and disliking
The motor instinctual sexual brain, related to sensation, to instinct and to the functionalism of the sexual energy

These three brains are all transmitters and processors of energy, each one having its distinct purpose and function. The consciousness is separate from those three, but in us it is weak and the consciousness is tossed about in this mess of craving and aversion as our dreams, as our desires, process through our Three Brains all night long and all day long, with the end result that the energy, the light, is processed through our three brains in a harmful way. In other words, we are victims of our own mind.

We have pride within, we have anger, we have lust, we have fear, we have envy, gluttony, laziness, many defects, many problems, many mistakes, so many in fact that in the gospels they are called “the legion.” In the Egyptian mysteries, they are called the Red Demons. They are a multitude. They do not exist outside of us: they are inside, and they trap the consciousness.
By learning how to access and sustain the third state of consciousness, this profound, active, attentive state, we can begin to perceive those dreams, those desires, as they arise. We begin to perceive: “Oh here comes this resentment against my friend, which wants me to be critical and sarcastic and get revenge for something they said to me.” If we are consciously attentive, we can say no to our mind. “I am tired of suffering and I am tired of making people I love suffer.” So we can directly deal with that desire and conquer it. If not, we will continue to act mechanically, manipulated by all these hidden, subconscious, unconscious, and infra-consciousness desires. We are like puppets, like marionettes, manipulated by our own mind, by our own karma. This is the sad state of humanity.

Fortunately, there is a cure; there is an answer. The answer cannot be bought, there is no magic bullet, and there are no promises. The answer requires more energy and effort than you can possibly imagine. It requires your very life: the price is your life. The answer is to awaken.

You may recall that after the Buddha Shakyamuni had attained his comprehension, his enlightenment, he was approached by a Brahman, who, seeing that the Buddha was unusual, asked him, “Are you a man?”

The Buddha answered, “No.”

“Are you a God?”

The Buddha said, “No.”

The Brahman asks, “Then what are you?”

And the Buddha replies, “I am awake.”

Any Buddha, Angel, or Master was once like us.

Humanity is a womb within the body of the Divine Mother Nature. This womb is receiving influences, forces, energies, in order to gestate something, to generate the birth of something. There are two potential outcomes: Angels or demons. If you survey our current state of humanity, what would you say is the most common outcome?

We are not saying that demons are what we classically imagine, like people in red suits with pitchforks. The true definition of a demon is an entity which is divorced from God, which is completely separated, in other words: which has no conscience. Such a creature is able to commit extreme acts of harm and not regret it. They hurt others and feel good about that: this is a demon in Gnostic terms, and the world is filled with them.

An angel is pure of desire. An angel is not afraid. An angel is not lustful or proud. An angel does not have anger, or gluttony, or jealousy, or envy.

To become a demon is easy, very easy. A demon can pray and be religious, a demon can walk the streets like any person, can buy and sell and have children. A demon can also awaken consciousness, a demon can meditate, a demon knows many sciences that are esoteric. A demon knows many things that the common man does not. The difference is that the demon remains enslaved to desire.

Therefore, how do you see humanity going? I am not asking what you want to believe, I am asking you to see humanity as it is.

So this womb within the Divine Mother Nature is encircled by many forces acting upon it. The one we have gathered to discuss is the Zodiac. Twelve rays, twelve stellar influences, which descend and provide light, in other words consciousness, elements, influences.
Where does that light come from? Where does our own consciousness come from?

In the Kabbalah, we understand that at the root, at the base of all things, is emptiness, the nothing, the Ain. This nothingness is beyond concept.

From that nothingness, from within it, emerges a light, which is called the Ain Soph. Ain Soph means “limitless light.” The Ain Soph is the Being of our Being, our own inner star, a drop of that vast nothingness.

That drop extends itself and projects a light, a ray, which in Hebrew is called the Ain Soph Aur. Gurdjieff called it the ray of Okidanokh, the Aztecs call it Quetzcoatl, in Sanskrit it is called Avalokiteshvara, in Tibetan they call it Chenrezig, in English we call it Christ.

This light, the cosmic Christ, the light of the world, is the root of existence, the root of light, the root of life, the root of all things. It is not a person: it is an energy, a force, an intelligence.

That ray, the light itself, has three aspects. In the Pistas Sophia, these are called the three Amens. In Greek, they are the Three Logos (Logos means “word”). We are studying Astrology, Astro-Logos, or in other words, the Word in relation to the stars, in relation to the heavens. The Three Logos, the Trimurti: Brahma, Vishnu, and Shiva; the Father, the Son and the Holy Spirit, a trinity, a tri-unity, a three in one, which in Hebrew are Kether, Chokmah, and Binah. These three as one are the Cosmic Christ itself, they are God, the Father. These three are what give rise to the Kabbalistic world of Aziluth, which is the world of Archetypes. These Three are the root of all manifestation; they are the first manifestation.

When we look at these three individually, we see Kether, which means “the crown” in Hebrew. Kether is a state of pure becoming. Think about that. As this energy unfolds and emanates out of the nothingness, the first manifestation is a state of pure becoming. From this you may begin to grasp why the third state of consciousness is the doorway, because that third state of active, attentive awareness is a state of pure becoming when we perfect it. It is that means through which we can receive the influences and guidance of God. This is the doorway to the vertical line, the line of Being.

Being as a verb is active, it is present. “To be or not to be” is a very esoteric statement. Shakespeare was of course an initiate who knew Gnosis. “To be or not to be,” to be asleep or to be awake. When one learns how to be, to be present, to be attentive, to abandon the stale process of thinking, to abandon the identification with subjective emotion, to abandon the enslavement of sensations, one can be. Therein lies peace, knowledge, understanding.

Through the doorway of the third state, when we become actively attentive and aware, our own inner God then has a direct connection to assist us. That connection is multi-faceted, but it has as its primary venue what Descartes called “the seat of the soul,” the pineal gland, which is in the center of the brain. The pineal gland is in charge of our endocrine system. It is that mysterious and beautiful leader that manages our metabolism, which manages melatonin, manages our process of sleep; this is key. The pineal gland manages the sleep of our physical body, it produces drowsiness - not only that, the pineal gland is made of the same tissue as your eyes. The pineal gland is the Third Eye: the pineal gland is the root of clairvoyance. It is the gland that is activated in meditation. When you close your eyes and see darkness now, then the pineal gland becomes active and enflamed with the fire of the Holy Spirit with the fire of Christ, you close your eyes and you see light, you see the superior aspects of all things.

The pineal gland is governed by Aries, is influenced by Aries. The symbol of Aries is the Ram. A Ram is a male sheep who has not been castrated, meaning that a Ram has all of his masculine forces intact. He is virile, he is dominant, he is strong. And of course the Ram figures significantly in most of our world religions. Why? Why is Christ called the
Lamb of God? Why is the blood of the lamb so significant in Christian Mythology? Because Aries is a sign of fire. It is a sign of strong, positive forces.

When we are in the womb of nature, when our spark of essence enters into manifestation, into a body, we receive this influence of Aries amongst the other eleven. Our own Being, our own inner God, the deepest levels, the Ain Soph, projects from itself another level, which we call the Spirit. This is the second triangle on the Tree of Life, Chesed, Geburah, Tiphereth. This is what we call the Monad, which means Unity. The Monad is our own spirit which has three aspects.

The Monad also emits from itself another triangle, which is our soul, the human soul, which is made up of Netzach, Hod and Yesod; this lower triangle on the Tree of Life. Emerging from that triangle is our own physical body, which is symbolized here by Malkuth, the lowest sphere on the Tree of Life.

The spark of consciousness that we have is like a baby. It has evolved, it has grown through countless manifestations in lower forms of matter. Evolving up through the mineral, plant and animal kingdoms and through each level gathering influences, understanding and guidance and becoming gradually more sophisticated. Evolving from a simple mineral to a plant to more sophisticated forms of plants, to animals, to more sophisticated forms of animals until finally having become sophisticated enough, it enters into the humanoid kingdom, and receives a humanoid body, which is the most beautiful creation of nature; this physical organism which is so incredibly sophisticated that we have a scant notion of what lies within it.

That essence, the consciousness, revolves, it maintains itself. It is an energy, which as you know cannot be destroyed. That energy simply takes new bodies, one after another, for a specified period of time according to a cycle of evolution. Through those bodies successively that conscious spark is receiving influences from nature.

According to the esoteric doctrine of Buddhism, we have the teaching of the Buddha's Necklaces that we see symbolized in some wheels of Samsara by not the centermost wheel, but just outside of it. You see a cycle of human bodies evolving up and devolving down. The number 108 signifies the number of existences each essence is allotted in the humanoid kingdom. We have 108 opportunities to gather Gnosis, to gather knowledge, to perfect ourselves. Those 108 lives are equivalent to nine existences in each of the twelve signs. In other words, our consciousness passes through each sign of the zodiac in its progression, in its development. We have within ourselves those influences, the elements, the knowledge, the potentialities.

To look at this from another angle, we can see how the Tree of Life is related to the four worlds of Kabbalah, and as our essence descends through each of those successive worlds, or those successive trees, we are also receiving influences. Firstly from our own ray, the Ain Soph gives rise to that first becoming of Kether, Chokmah, Binah. That ray, that three-in-one, is modified by the law of seven, the seven spirits before the throne, the seven archangels. Those seven permeate our consciousness with influences, potentialities; these are the seven virtues of the soul; humility, chastity, love, temperance, happiness for others. These potentialities for virtues are placed there by the cosmic intelligences which manage those seven rays. They do this through Daath, the hidden sphere, through a creative process related to the throat.

If you analyze this tree and you place it over the human organism, from top to bottom, Daath, the hidden sphere, or in other words the Tree of Knowledge from the Bible, is exactly at the throat. So when God creates, He says, "Let there be light" - this is through the throat, through the Word, through the Logos, the sacred word.

When the forces of the seven rays are placed into that essence, it descends further and receives influences from the twelve, the macrocosmic zodiac or that stellar zodiac that we observe in the sky. Every one of those suns has within it an intelligence; everything in nature is intelligent. Every atom, likewise every planet has an anima mundi, a spirit, a
soul, an intelligence. In other words you could say the suns, the planets are the bodies of angels and archangels, cosmocreators. The conscious essence of those cosmic bodies learned how to create mineral bodies, plant bodies, animal bodies, then humanoid bodies, perfecting themselves in each level, until they began to make more sophisticated forms of life, like planets, like suns. This is why the Christ is called the Sun; the light of the world, the solar light, because the Sun itself is a vehicle itself of that Christic force.

So as the essence descends through these four worlds to finally enter into manifestation, it receives all of these potentialities, gifts, virtues from the Gods. This is why in the Pistis Sophia, the Christ speaking through Jesus says as much. He says.

For this cause have I chosen you verily from the beginning through the 1st mystery.

The 1st mystery is Kether, the 1st Arcanum.

Rejoice then and exult, for when I set out for the world, I brought from the beginning with me twelve powers, as I have told you from the beginning, which I have taken from the twelve saviours of the Treasury of the Light, according to the command of the First Mystery.

The twelve saviors are twelve Masters, Angels, Gods, Devas, Buddhas, who were human beings, who elevated themselves to the degree of sophistication and wisdom that they are in charge of a zodiacal sign. It is their duty to deliver the influence of that stellar force to all the creatures that exist in the inferior levels, and to guide them, to assist them. Those are the twelve saviors, who deliver onto the Christ the twelve powers. The twelve powers are these virtues.

Related to Aries, there are certain virtues, certain capacities, that we receive, and in particular it is the potential for Penance, or the gifts that Penance can deliver onto the soul. This is the capacity to withstand suffering, to transform it, and make it into something beautiful, the way the great saints and martyrs have always done. This capacity comes through Aries, the virile force of the lamb, the Christ, whose very essence is sacrifice; do you follow that? If the lamb, the Christ, if his existence is determined by love, by sacrifice, then through Aries he gives us the gift of Penance: the ability to suffer, but to suffer with virtue, to suffer with humility, to suffer with strength.

There are four conditions to become a magician. When we say “magician” we are talking about the real meaning of the word, which comes from “magi,” which means “priest.” To become a priest - to become a magician - there are four conditions:
You have to know how to suffer: this capacity comes from Aries.
You have to know how to be silent.
You have to know how to abstain.
And you have to know how to die.

Eliphas Levi explained them, as did Samael Aun Weor. They have esoteric meaning: “to die” does not mean physical death, it is referring to the death of the ego, the death of the psyche, all of the animal elements that condition us and cause suffering.

Jesus continues:

These then I cast into the womb of your mothers, when I came into the world, that is those which are in your bodies today. For these powers have been given unto you before the whole world, because ye are they who will save the whole world, and that ye may be able to endure the threat of the rulers of the world and the pains of the world and its dangers and all its persecutions.

This is why Aries is first. These gifts of the twelve powers or these potential virtues begin with Aries: the capacity to withstand persecution, to withstand criticism, to withstand attacks, to be true to oneself, to one’s Being.
For many times I have said unto you that I have brought the power in you out of the twelve saviors, who are in the treasury of the light.

These twelve saviors assist humanity by giving these virtues, gifting them onto the essence and by providing assistance and guidance to all the souls that seek the light. This means that any person who sincerely, honestly wants to change, wants to escape suffering, wants to make a difference, can appeal to those twelve saviors, can ask for help, can beg for assistance. This is where we arrive to the true nature of this course, which really should not be called Astrotheurgy. It should be called Astrotheurgy.

Theurgy is derived from a Greek term which refers to a form of activity, or action whereby you appeal to the Gods. It is a kind of magic, but it is opposed by Black Magic. Real Theurgy, the power of the theurgist, comes from “theos,” which means God, our own inner God.

When the Gnostic practitioner wishes to receive help, to have guidance, to have assistance from those divine forces, there are hundreds of practices that he or she can use to meditate, to use mantras, to ask, to pray, to beg for help, but what is different is that these practices result in direct experience. These practices will place you, if you are a sincere and disciplined practitioner, face to face with these divinities. Not an imaginary experience but a real one. The practices give you the capacity or the doorway to be face-to-face with an angel, with a master, with a guide.

That is the purpose of religion, to unite with God, to converse with God, to talk with God, but we are talking about God as the “multiple perfect unity.” That is intelligence or energy which illuminates all his limbs, all his arms, all his hands, which are the Angels, the Masters, the Buddhas, the Gods.

Through Astrotheurgy, we can walk through this door of the third state of consciousness, which is the prerequisite for direct experience. You can never have this kind of experience if you remain asleep as a consciousness, because even if your Being, if your God - out of compassion - or some master, such as Jesus himself, out of compassion grants onto you an experience, physical or internal - and you are asleep as a consciousness, you will forget. The same way you forget your dreams, the same way you do not remember what happened last week or the week before that, or last month, or last year. You will not realize what is happening in the same way that you dream now and are not aware of it.

We have to develop the consciousness to receive those experiences and keep them, to take advantage of them, to benefit from them. In other words, nothing is given to us for free. We can all have these types of experiences: they are our natural birthright. That is why religion exists, that is why guides exist, to help, to provide assistance, but they cannot help us if we do not help ourselves. It is impossible. That is the Buddha emphasized that he cannot save anyone. People always asked him, “Can you save me, can you save my father, can you save my mother, can you save my child?” He always said, “No, you have to save yourself.” Jesus said the same thing. Jesus continues:

For which cause I have said unto you indeed from the beginning that ye are not of the world. I also am not of it. For all men who are in the world have gotten their souls out of [the power of] the rulers of the aeons. But the power which is in you is from me; your souls belong to the height. I have brought twelve powers of the twelve saviours of the Treasury of the Light, taking them out of the portion of my power which I did first receive.

These twelve powers are potentialities which we have to develop. In other words, just as the zodiac exists in the macrocosmic universe in space around us, it exists within. We have that zodiac within our own universe in miniature or the microcosm: as above, so below. We are a reflection of that, which is why the Oracle of Delphi said:

Man know thyself, and thou shalt know the universe and its Gods.
The zodiac within is a source of light and those twelve powers are in reality the twelve apostles, the twelve great gods of Olympus, the twelve stones in Heliopolis, the twelve aspects of the celestial Jerusalem from the Book of Revelation. It is that celestial abode which has to be illuminated from our own works. In other terms, we say that as we awaken consciousness, we develop this capacity to be attentively aware, transforming the forces. We start to develop those apostles within us.

The great misunderstanding that Christianity entered into was to take the scriptures as literal truth. There is literal truth in the scriptures, there is no question, but that is not why they were written. All of the ancient scriptures, all of the religious teachings, were given as a form of practical guidance, practical knowledge, indicating things within us, and the drama that Jesus passed through, as an embodiment of the Christ, as an incarnation of the Christ, as a transmitter of that light, that drama from his immaculate conception to his resurrection and ascension, is symbolic. The entire process also exists in the mysteries of Mithra, Baldur, Quetzcoatl, Buddha, all of those great teachers, Moses, Krishna. Most of them were born of a virgin, most of them were born of the waters. There are too many similarities - even from a superficial, terrestrial point of view - and the reason is they all refer to the same core teaching - the Heart Doctrine.

The influences that we receive are placed within our consciousness and are there for us to activate and utilize as we awaken the consciousness. If we do not, those influences are polarized the opposite way.

The same polarization occurs when we receive the influences from the seven rays, those seven spirits before the throne of God. For example, the fifth ray gives us the capacity of love as a virtue within our consciousness, this is unconditional love, Christic love, but when we are asleep and enslaved by desire, that force inverts and becomes hate, anger. We then become creators of suffering, creators of Karma.

In the same way, the twelve powers can also be polarized. We receive the influence of our astrological sign but we make that negative. The Master Samael Aun Weor gave a key example of Hitler. Hitler was a native of Aries and he took that aggressive, masculine, virile force and used it in a destructive way. That capacity is within everyone, to use their own forces in the wrong way.

Those energies, those forces, are within our Three Brains, and they are within our body. In fact, they have a physical aspect where those forces are crystallized into our very being, our very physical existence. They are the twelve salts that exist in the world of Yesod.

Yesod is related to our vital or ethereal body. Yesod means "the foundation" in Hebrew, and it is the foundation of the temple. The columns of the temple rest on Yesod. Yesod is our energetic body, the body of Ch'i, which is a mere counterpart of the physical body, it is one aspect. These two are really one; Malkuth and Yesod from this point of view. Malkuth is a fallen sephiroth, meaning the physical body is fallen, it is inferior in its current form. Within that energetic body are many forces and energies which give rise to all of our capacities. Without the vital body, the physical body would be dead. It has four primary aspects which deliver onto us the capacities of perception, memory, imagination, metabolism, all the chemical processes but most importantly the sexual energy. And again if you take this tree and you hold it over the physical body of a person, Yesod sits on the sexual organs and Malkuth is related to the feet and legs. So Yesod points exactly at the sexual energy and it is there that these twelve salts are deposited. Twelve salts, interesting, isn't it? These twelve salts are vital for the existence of life. If you study biology, you know what I mean.

What's interesting is if you compare this to the Greek Olympians, the labors of Hercules, the months of the year, the hours of the day, all twelve, but it is here in Yesod that we find a great key, because within the sexual forces are the very creative forces of God. The human being has the ability to create because of sexual energy. That is the capacity to produce life. We have no greater power, no greater responsibility, but unfortunately we treat it like a game. We do not respect it.
In ancient times, sex was highly sacred, marriage was highly respected. It was considered a holy and spiritual union, something very profound, and the priests were the ones who provided guidance to the couples, not merely just to be there and say, “Now you are man and wife and you can go and do whatever you want.” It was not that way. The priests, the guides, who in ancient times had their consciousness awakened, were able to provide guidance to those couples so they knew how to utilize their twelve sails, in order to refine the forces and energies of the consciousness.

Now here we find a very interesting connection. The pineal gland, which is within our brain, rules over our endocrine system, and the endocrine system is the energy of the sex, the sexual forces, hormones. Modern doctors and biologists already recognize that when someone reaches puberty, the pineal gland begins to degenerate: but they do not know why. But in Gnosis, we know why that happens, and we know how to avoid it, or reverse it.

Previous to puberty, the pineal gland is very robust, very active, flooding the whole organism with hormones, with life. (By the way, hormone means “the force of being”.) So the pineal gland guides the development of the human organism through the first 12 to 14 years. But at the time puberty arrives, that human organism begins to repeat past mistakes and begins to abuse the Tree of Knowledge, sexuality, and those forces start to drain out, to be thrown out of the human organism through the orgasm. The result is that the pineal gland atrophies; the imagination of that child begins to weaken; the child become conflicted: emotionally, spiritually, mentally. The child then only seeks approval from others, to have its ego fed, to have comfort in the acceptance of others. All the capacities that the vital body was providing through those sexual forces, like imagination, like memory, like self-awareness, all weaken and even go away. Everyone of us can recall how beautiful life was, even if we had a hard time, we had moments of perception as children which were distinctly different from our moments of perception as adults. Everyone can agree on that!

The reason is that the child is saturated with transmuted sexual energies. In the child, the brain, the pineal gland, is saturated with hormones, with those forces which are descending from God. So we have moments of brilliant self-awareness when we are children, of perceiving things that the adults cannot see. The fact is that very young children are quite clairvoyant, this is why they see things the adults do not. Some of it may be what we would call “imaginary” or “fantasy,” while some of what they see is real, but the adult always says, “It is just your imagination, there is nothing there,” and the adults squash the development of the child.

Little by little, those capacities are atrophied, they degenerate, and they are lost. From 12 to 14 onwards, the pineal gland dies because all the sexual energies are drained out, wasted.

This is why in all of the ancient esoteric traditions, practitioners were required to keep the sexual forces, to transmute them, to hold them in the body, to learn techniques like Pranayama, in order to harness those forces and make use of them. What happens then is that those forces begin to circulate, to activate, to grow the pineal gland even more, to help it develop and become mature.

Within those individuals who have transmuted in the past, the pineal gland was very well developed, like Beethoven, like Mozart, great artists who knew this science and thus were able to produce by the guidance of the divine, works of art that we cannot even comprehend. That is a capacity that the Being has when its vessel is intact, when its vehicle, the human person, becomes a very strong and robust light bulb through which that light can be transmitted.
When we look at, as an example, the Olympian Gods, we find a little bit more interesting display of these twelve forces because if you recall the Olympian Gods there are 6 males and 6 females. What is curious is that if we look at the seal of Solomon, we know that we make that seal with two triangles. But if you analyze it, this triangle actually has 12 aspects: 6 projective points that go outward (which are masculine) and 6 receptive points that are receptive and feminine. The seal or star is made by two triangles that unify. This symbol is universal, if you go to India you will see it everywhere, if you go to China you will see it everywhere. If you go to Israel, obviously you will see it. You will also see it in the Native American traditions, in the Aztec tradition; you’ll see it everywhere because it is universal, just like the cross.

The two triangles have many levels of meaning, but most important to us at the moment is that we see the integration of an active or masculine triangle and a receptive feminine triangle; these two are integrated, bonded. That symbol in India represents the creative power of Shiva, in other words how Shiva and his spouse Shakti unite to create. What is curious is that if we learn the science of Yesod, if we learn how to take advantage of these forces, sexual forces, in those salts, in the vital body, in the physical body, we learn how to take this triangle of the soul, related to all our three brains, to our processes as a psyche, and we learn how to elevate that sexual force of Yesod up to Daath, to learn to create like the Gods through the mantra, through the Word. And when we do that, this triangle turns upwards and what do we make here? The seal of Solomon in the center of the tree of life. That is the ancient key of Daath, the hidden tree of knowledge, the union of the Spirit, the Monad, and its soul - and these two become unified.

That seal, that star, represents a polarity. It represents on the positive side the supreme affirmation of the light of the consciousness. But it can also have the opposite meaning, the supreme affirmation of the ego. The reason is that this energy that circulates throughout our psyche, throughout our physical organism, throughout our vital, astral and mental organisms, can also be used in the wrong way. So that unification of forces, male and female, can also happen in the wrong way, where those forces, those energies are harnessed but in order to serve and feed desire. In Sanskrit, in the Eastern traditions we call this Black or negative Tantra. This is a form of practice whereby the forces of the human organism are utilized in order to fortify desire, to fortify lust and pride and anger and fear. In other words, that is the way to create a demon. Sadly, the vast majority of the teachers and teachings about tantrism in the world today are teaching Black Tantra and they are utilizing desire as a hook to say that you can have more sensational sexual experiences. They may say it is beautiful and lovely. They may talk about love and truth, but anyone who is teaching how to use the sexual forces at the same time desire is present, and active, and allowed, encouraged, is teaching Black Tantra.

The Master Jesus addressed this; he said “anyone who would come after me must first deny himself,” deny desire, deny the animal.

In our process of evolving, we develop a kind of mind through the lower kingdoms; it is a form of collective mind, which is very easy to see in the animals. It is also the type of mind that most of humanity has; this is why we tend to move in groups, even though we don’t like that. We like to think we are individuals and we do our own thing, while in reality we are just copying everybody else. In fact, we love to take someone else’s opinion and defend it as if it were ours, or to take someone else’s experience and defend it as if it was ours. That collective mind is a mind that was developed in the animal kingdom, which behaved as an animal, acted as an animal, and continues to do so. This is why we see humanity now being more animal than anything else. Most of our television and movies are encouraging animal behavior: to be lustful, be aggressive, be cruel. Very rarely do you see anything that promotes a real virtue, to develop a real virtue, very rare. And usually the ones who do are squashed, and rejected and made fun of.
To develop a real creation within the womb of humanity requires birth. Jesus said we have to be “born again” and “that which is flesh is flesh,” born of flesh, but “that which is spirit, is spirit,” borne of spirit: the soul. He also said that we do not have soul:

With patience will ye possess your souls. - Luke 21:19

He said with patience you will have it. The harnessing of those sexual forces begins or initiates the process of creating the soul or superior vehicles: the solar astral body, the solar mental body, the solar causal body; these are the Mercabah, the Chariot, those figures that were in the fire in the book of Daniel. To create the soul is a work of art that the Being orchestrates through the consciousness. This is done through all these laws that we have discussed, the first law, the third, the seventh, the twelfth. All those forces conjoined and harnessed by conscious will, by will over desire, by will over fear, will over lust, will over pride, will under the service of God.

This is the meaning of the word Thelema, it comes from, “Thy will be done,” the will of God on Earth, this physical body, as in heaven. “Not my will,” as Jesus said, “but Yours” - to follow that guidance, to receive the instructions of how to create the soul; how to exit the womb of humanity as something more than just an animal. To do that requires that we take advantage of all those forces.

Whatever sign we have, whatever astrological influences, we have to master it. To say, “Well I can't help it, it is my sign,” is an excuse. What creates problems between people is not the astrological sign, it is the ego.

In fact, any common astrologer nowadays is really just a follower of the doctrine of the eye, someone who is stuffing themselves with a lot of theories, a lot of books, a lot of ideas, but who has never really experienced those intelligent forces which manage the energies of the zodiac, which guide them.

If you awaken consciousness, you can negotiate your karma. You can get help from those stellar influences. Karma is not a blind mechanical thing; it is conscious, it is guided. So it is not entirely accurate to say, “Well, as this sign we are not compatible with this other sign.” There is a little bit of truth in it, simply because each sign provides a certain influence, could be fire, or water, or air, or earth, but in reality the main influence is the use of the consciousness.

If we are asleep, then we are mechanically thrown around by those forces, karmic forces that exist within us.

If we learn how to activate and utilize the third state, to become conscious, to develop the ability to negotiate directly, to ask for help from these intelligences, we can negotiate our karma, we can change the course of our life, we can enter into this vertical path that leads to greater comprehension of the Being. That capacity is entirely up to us; that experience is ours to acquire.

To do that, we have to be born in the womb of our Divine Mother. That birth is real, it is not because we believe something. Nothing in the world is born because of a belief. Everything that is borne is borne of sex, everything from the simplest microbe to the planets themselves, to solar systems. A nebula is simply a womb, a conjunction of sexual forces on that level. Therefore the soul itself also has to born within the womb of our own Divine Mother and this is that symbol, the universal symbol of the Divine Mother with the Christ child in her hands. That is not just in Christianity, the Egyptians have the same symbol the Greeks, the Romans, all of them. Even in the East you see the Divine Mother cradling the birth of the Christ, giving birth to that child. What is even more curious is that in Christian churches and in Mediterranean artifacts you find images that demonstrate and show the Divine Mother with the Child, surrounded by Twelve people. And those are the twelve powers which are there to give influence and assistance to worship, to assist the growth of that Christ which was born inside the heart of the human being.
When the child of Christ is born in our heart, it begins to live out that drama of Jesus in us. To begin to grow, to develop, to assist us, to become free. This is how that Christ saves us, teaching us about ourselves, assisting us in our process inside. In other words this is what we call a bodhisattva. Bodhi means wisdom, the same as Chokmah. That Christ is born into the heart, into Tiphereth of that initiate, begins to grow and develop little by little as a process of understanding, a process of comprehension, a process of awakening. Eventually when that Christ becomes mature he calls his apostles, those apostles are of course within, they are symbolic.

If you read the Pistis Sophia, you are reading a treatise of initiatic wisdom which is explaining certain levels of the process of initiation which are quite elevated, that is why it is difficult for us to understand. But those twelve apostles are within us. We have our own Matthew, our own Mark, our own Judas inside. Those masters, those twelve, exist in reality as well, but our most important focus, the main thing we need to know, is what is inside of us. It doesn’t really make a difference what is outside if we don’t change. Those twelve saviors are there in our own consciousness, they are parts of our own Being which can provide wisdom and guidance to us. Each one has its function, each one has its gifts that it can impart. In order to receive that, we have to awaken. We have to take advantage of all the forces that are being provided to us.

Some say that times are too difficult, that karma is too heavy, and they want an easy path. In reality, right now we have an unbelievable opportunity to awaken. All of the energy and force that is flooding this planet, creating so much upset, is actually energy that we can harness and utilize. When we entered into the Aquarian era and society went into upheaval, that energy is being proved as assistance for humanity. Unfortunately, what happens is because everyone is asleep, they are using that energy in the wrong way, so instead of wanting to awaken the consciousness by freeing themselves of the ego, they are trying to awaken consciousness by enslaving themselves to the ego. And thus we see a lot of abuse, a lot of problems, a lot of suffering.

Aries governs the head, the upper part of our organism, and within this region we have many glands, many physical parts of ourselves that we need. The pineal gland of course is central. When we sit within the pineal gland to observe, to remember ourselves, we activate it. We can harness those forces of Aries, that gift, in order to awaken. That gift comes in the form of fire, the divine fire, fire of conscious assistance. If we misuse it, then we misuse those forces of Aries and become aggressive, we quarrel, we fight, we have problems. And you see this in the natives of Aries who have an extra dose of that influence. They tend to fight with great courage, great energy, but can go in the wrong direction, and fight, and fight, and fight for the wrong thing. The forces of Aries are the forces of the Ram, of the Lamb, of Fire and that force can help us or it can hurt us depending on our will.

Do you have any questions?

Question: What is the fourth level of consciousness?

Answer: Thank you. The third level of consciousness is what we call Self-remembering or continuous consciousness. And this is what any initiate of any tradition is trying to develop and perfect. This is developed and perfected by the transmutation of energies and by the direction of those energies through meditation. When that continuous consciousness begins to crystallize, when the consciousness is awakening, there is a degree of development that the initiate can approach which is called a Turiya. It is a very advanced level, in some terms it can be called Nous, in the same way I mentioned the Atom Nous, but this would be the perfection of that. So we have to understand that there is a distinction. That degree of consciousness - Turiya - is possessed by Buddha, by Krishna, by Jesus, very elevated masters who have accomplished incredible works upon themselves to awaken the consciousness to that degree. That type of perception, that type of consciousness, can see many levels of life at the same time without obscuration, without subjectivity.
Approaching that we are coming up through these lower levels so we are constantly being conditioned and filtered by subjective levels of perception. Even if you awaken consciousness in a dream you may only be seeing subjective things, in other words projections of your own mind. Just because you awaken in a dream does not mean you are objectively awake. That is another thing and that takes a lot of discipline, a lot of work. Little by little, objective consciousness starts to become one’s reality and when that is perfected, one has reached that level, the fourth level. Even then there are levels, even then there is work to do. Don’t think that just because someone has achieved Self-realization that they are finished: they are not. There are levels, and levels, and levels. This line of being goes very high and it also goes very low. Unfortunately, most people are descending upon it, going deeper into sleep, deeper into animal behaviors, deeper into destruction. Yes?

Question: I mean but if you look at the consciousness of the planet I think it looks like its always been growing. I think consciousness has poles who align. If you just look at like going from even Homo sapiens becoming erect and then being able to use energy systems...

Answer: Well that is according to a certain perception that we have nowadays. The idea that humanity is evolving on an upward arch is a theory. There may be certain evidence to support that and what is often quoted is our technological development right, or the sophistication of our culture, we often take that as an example. But when we look at the bigger picture, particularly if we examine the doctrine of the heart and what is taught in the esoteric doctrines, we see actually that humanity is at the lowest level of development of this current age. We are in the Kali Yuga, the Dark Age, the Iron Age. One easy comparison we can make, if you have an artistic sensibility, compare the works of our contemporary civilization with the works of the Greeks, the works of the Egyptians, the works of the ancient Chinese, the works of the ancient Meso-Americans. There is a striking contrast. You see great beauty in those works, tremendous beauty, awesome unimaginable beauty, but what do you see in our modern cities? Pollution, decaying structures, people living in abyssal conditions. This is a fact, and it doesn’t answer everything, but in the esoteric doctrine, the secret doctrine it is stated that we are in the darkest of times.

The process of awakening the consciousness reveals that. You start to see things that our current conditioning blocks. This is a key factor as well. The organism that we are inhabiting now, this physical body, has been carrying our consciousness for a given number of years within a certain environment. That environment is a conjunction of conditioning forces, or factors which are applied to the consciousness by our karma, by our environment, by factors such as that. That conditioning is what pushes us to sleep, to dream. To dream about the kind of possessions that we might one day have, to dream about the kind of admiration that we want, the envy of others that we want. Whatever our particular goals are, whatever our particular conditioning is, it is generally to keep us asleep whereby we won’t perceive what is really going on in the world, what is really going on in our lives. Sometimes you find this. Some of us have a conscience that becomes stimulated by the suffering, by all the problems and we want to do something about it. But it is very easy in our current state to become overwhelmed, to become traumatized when we start to see the vast sophistication of all the problems we face as a society and as a world. So, oftentimes people who have the intention to help become traumatized, become shocked, and they abandon that. They may even start to contribute to the problem unknowingly and it is because all of these issues that we face are so complicated, so inter-related that our little intellect, this little bucket that we have can’t contain it all. And you see that trauma a lot nowadays.

The way to solve it is to awaken consciousness. Each person is the society itself. Each person is connected to every other person, no one is independent. We are all dependant on one another for everything. Everything that you are wearing right now was produced by someone else, everything that you are eating was produced by someone else, pretty much, not many of us grow all our own food and make all our own food. But we forget
that interdependence when it comes to our mind, when it comes to our feelings, to our actions.

We can promote tremendous change by being honest, by being sincere, by trying to change ourselves, by becoming to know God inside. You can see that in some individuals who remain true to that like Gandhi, like Yogananda, like Jesus. Even some that never awakened consciousness but remained true to an inner ideal, an inner purpose which is sincere and truthful and they manage to render change for the benefit of others. We all have that capacity.

So what I am saying in synthesis is, it doesn't really matter so much what our historical perspective is, what matters is how we perceive right now. What is past is gone, it doesn't exist, and there is no future. What exists is right now and that is the door. That door is inside your own heart. It is in your pineal gland, it is in your psyche, it is in your consciousness. To stay focused and standing in that door takes so much willpower and discipline. It is the greatest work any person can ever undertake, not only the most difficult, the most terrifying, the most risky, it is also the most rewarding. The process of awakening the consciousness, receiving the influences of our own inner Being is the gateway, the door to serenity, to the experience of a tranquil heart, to comprehension of the nature of reality. And again that doesn’t come easily, it doesn’t come one day to the next.

Question: How can we harness the new Aquarian energy pounding the Earth now? Are there any practical exercises?

Answer: Well we are going to talk about that in the lecture about Aquarius but yes there are. There are many practices and techniques we can use related to each sign. There are several related to Aries. I will give you one simple one. When you have some time to relax, to abandon all your worries and concerns, and probably you are going to have to make that time, to decide you are going to do it. Sit down and relax yourself very well, close your eyes and begin to imagine a light. Imagine the forces of Aries, the light, descending from above, illuminating your brain, flooding the pineal gland and the pituitary gland with light, with fire and chant to yourself, you can do it aloud it is even better. The mantra AUM. Three letters; and extend the vowels. It is very good if you vocalize this because that vibration produced by your throat, will affect the brain, the pineal gland, the pituitary gland and the rest of your organism. Do that practice everyday; don’t think, just do it.

Take a period of time and work with it, open your mind, open your heart, and pray and imagine that force and vocalize the mantra. Be serious. What are you doing with your life? What is the purpose of your life? To merely exist? To go from one form of suffering to another until death? What is the point of that? Most people live that way scrambling to get one material possession after another or one worldly honor after another only to be stabbed in the back, only to be betrayed, only to be disappointed. Talk to any older person and you will find that.

Take advantage of this moment, train your consciousness to awaken. This is how we take advantage of all these forces and to begin to develop the twelve senses. We have the five physical ones that we know, or how we interface with this physical world, but there are seven superior senses related to our seven chakras. Those are the twelve fruits of the Tree of Life, which Revelation says he who overcomes can consume can eat those fruits, the twelve fruits of the Tree of Life. Also in Revelation there is a woman who stands upon the moon clothed with the sun who has twelve stars circling her head as a crown, right? We have this crown, Kether, that crown of those twelve powers which are developed in the fully developed soul, who wears the Sun, the Christ as her vesture, and who trods upon the moon, the forces of the animal, the lunar forces.

Question: When one is perceiving subjectively in the Astral Plane does someone with an objectively awakened consciousness perceive the same thing (the projection)?
Answer: Well, if your question is that, say you are in the Astral Plane and some Angel or Master comes to visit you, you are there dreaming, seeing your subjective world, yes that Angel will see that like a bubble, like a mirage, and see you sleeping inside of it. You can develop the capacity to see that as well, with the help of your Being, with the help of God. To have objective perception is possible for anyone, as a matter of willpower; this is not a matter of time. Time is an illusion. The only thing that exists is right now. If you have sufficient will, you can walk right through this door of the present moment, consciously, into superior levels of perception and see objective truths. In other words, you can enter into Samadhi, which is a perception of truth without the interference of the ego. Anyone can do that. The problem is you need to have sufficient will, and as we are, all of our will is trapped in desire, so instead, we desire that experience, we crave it. Right there you are blocked, you can't have it because that desire is conditioning your consciousness and trapping you in that level.

Question: That is why it is so easy to imagine about, like in one second you can elaborate this big imagination about some kind of desire you have because you have so much willpower trapped in that type of desire?

Answer: Precisely. We have so much will in desire, it is very easy to imagine desires, very easy, but to imagine something consciously without desire we become frustrated because we haven't developed that capacity. The consciousness, the free consciousness, is weak like a baby. When we are born into a physical body, we have this very scant development of the consciousness because in all our previous lives we have ignored it, or worse, we have betrayed it. So we have trapped it into all these subjective constructions in our own mind. So when we are born that ego is not there yet, it is just the consciousness. That is why babies are so beautiful. That is just the consciousness there but is very simple it is not developed. Little by little as the Karma incorporates, the ego incorporates, the baby starts to demonstrate really negative behaviors and that is all its own Karma. We have within us that same child, our own consciousness, but it has to be grown.

So now when we meditate, when we imagine, it is very difficult. To imagine something free of desire, free of ego, is not easy, but we can do it, we just have to be patient. Nothing in nature grows by leaps; the consciousness is the same. It takes patience, tenacity and work. Now you have to keep that in mind at the same time I say time is not a factor, it is not. The factor is will. The factor is keeping the consciousness active and aware, working, that is what grows it, not time. You can study this doctrine for ten years, for thirty, for several lifetimes, and never awaken. You can study this doctrine for a couple a months, a couple of days, a couple of hours, and awaken, and that is entirely up to your use of your own consciousness inside, not to anyone else. No master can come along and awaken you; no teacher can do it, only you.

Question: So then regardless of what sign you are, Aries is one of the most important influences for all of us all the time or mainly during that sign in the calendar?

Answer: That is a good question. All the signs are important to everyone, yes. But of course, during the process of the year, as everything is moving, the signs have a particular influence, stronger. So we go through these periods of time where Aries is stronger, more influential, and there are exercises like the ones I gave you to harness that force, to take advantage of that extra energy, and this is true for each sign. And we are going to study that over the next few weeks. With each sign we will study the influences and some exercises we can use to take advantage of them.

In addition, our own birth sign, the sign we were born under, also provides an additional influence, but typically within us, it is negative because we are not consciously transforming it. We have to convert it into something positive, in the same way as with the periodic influence.
02: Taurus

The zodiacal sign of Taurus – according to the esoteric course of astrology or Astrotheurgy – reminds us that the Logos, the Word, is Theos, God itself, who is not a person, but what we call the Army of the Voice.

Taurus opens a very vast scenario in relation with the bull, since we find the symbol of the bull in all religions. Yet before entering into the topic of why all religions have this symbol, we have to explain in detail how we are related to the sign of Taurus. For that we have to apply Alchemy and Kabbalah, because when we study Kabbalah and Alchemy, we have to go into astrology. Many scholars know very well that astrology is a science, a very old science, and it is a science, esoterically speaking, related with the consciousness, the way in which we relate the consciousness with the cosmos, and how the cosmos is related with us.

Remember that it is stated that the human being is the microcosmos of the macrocosmos. So here we have to comprehend how the constellations or the zodiacal signs in astrology are related with the elements. Remember that we stated that fire, air, water and earth are related with the twelve constellations. When we inquire, when we investigate the zodiacal signs, we discover that every element or the four esoteric elements that we name fire, air, water and earth are related with three zodiacal signs. Related to the element earth we have three signs, which are Taurus, Virgo and Capricorn.

So in this lecture we are going to delve into the wisdom of the constellation of Taurus, which is related with the element earth.

Now, why are there always three signs or constellations related with the four elements? It is because the forces of the elements that work through the constellations are related with our three brains. Remember that we always state that the human being is a three-brained being, a three-centered being, because we have three brains. The intellectual brain is located in the cerebrospinal nervous system. We have the emotional brain related with the grand sympathetic nervous system; and the motor-instinctual-sexual brain related to the parasympathetic or Vagus nervous system. This is precisely how we are constituted, and this is how we have to study in relation with astrology, with ourselves. If
we study astrology from that point of view, we will understand very well how the stars work in our physical body.

These three brains are always related with the three elements which are called in Alchemy air, fire and water. We stated in other lectures about the mother letters of the Hebrew alphabet which are always placed in the center when we explain the elements; these are the letter Mem (water), the letter Shin (fire), and Aleph (air). So we find here air related with Aleph, Shin related with fire and Mem related with water. All of these three elements are located in the physical body, which in synthesis is the earth, that is why when we talk about the earth we talk directly related to the physical body, to this human organism that has all the elements in potentiality, all the forces of the stars, in order for us to become a microcosmos. With this statement we are emphasizing that the microcosmos is a cosmos that can emerge if we put in activity all the elements that the physical body has, because if we place a true microcosmos, which is a true human being, next to us, we will see that physically they are similar, we will say, they have human bodies. But the difference is inside, in their psyche.

The true human being, the microcosmos, has a complete development of all the human attributes within, in the psyche and in the Spirit. When I say psyche it is because psyche means “soul” in Greek. So we have to understand why we, the Gnostics, emphasize always that we are not human beings, even though we have physical bodies of human beings. A true human being is not only physical but psychological and spiritual.

Many times we explained that the word Human comes from “Hum” which means Spirit - but the spirituous earth - which is the Latin “Humus,” the volatile substance from the earth or soil, and “Man” which is Manas, mind: A mind which is united to the Spirit.
But there went up (through the spinal medulla) a mist (a spirit, a volatile substance) from the earth (the humus, the physical bodies of man and woman in sexual alchemy), and watered the whole face (presence) of Adamah (inner substance).

And (this is how) lod-Chavah formed Adam (the inner man) of the dust (or the organic components) of the ground (spiritual substance), and breathed into his nostrils the breath of life; and Adam (man, manas, the mind) became a living soul (a human). — Genesis 2: 6,7

In Gnosticism, we study two types of mind: the concrete mind and the abstract mind. The abstract mind is what we call Human Soul, and the concrete mind is the mind that we use in order to reason. So that is the man, but when we investigate the psyche of each one of us, we discover that we have all the elements of the microcosmos, but in potentiality. They are like microorganisms that we have to develop and to put in activity in order to become a real microcosmos. And the constellation of Taurus has precisely that beautiful knowledge about it, since when we investigate the bull, Taurus, we discover that it is the symbol of the earth.

The Sphinx
You know that the Sphinx is a very ancient symbol. Actually, it is an Atlantean symbol. In the Atlantean civilization, there was a society that was called the Akhaldan or Akhaldana society, that was formed by Masters who had developed the Sphinx within themselves, and who were teaching the Atlanteans this wisdom.

The Sphinx is a symbol of the elements, the four elements. The paws of the lion are related to fire, the wings of the eagle to the air, the face of the human being to the water, and the legs of the bull to the earth. You see the legs? If you stand that Sphinx its feet, the legs, you see that it is the foundation, the earth. That is why when we study the tattwas or elements related with the physical body, we always place the earth at the very bottom. From the knees to the feet, we find the vibration of the element earth. From the knees to the sex; the water. From the sex to the heart; the fire. From the heart to the throat; the air, and from the throat to the pineal gland; the ether, as a fifth element.

So then we find there that the temple of the Sphinx was called in the time of Atlantis the university of Akhaldana, where all the initiates were learning all the forces of the nature in relation with the stars. This temple, this university, still exists, but not in the three-dimensional world. If you go physically to the place where the Sphinx is with the pyramids, in Egypt, you will find only ruins of what was in ancient times a great civilization. But the Egyptians, the Atlantean Egyptians (or we will say better, the Atlantean Mayans, because the Mayans and the Egyptians were the same Atlanteans) who built those monuments had a lot of knowledge of the three-dimensional world, but they placed all of their great colleges of this type of wisdom in the fourth dimension. Now, if somebody wants to attend these temples, or universities, colleges of initiates, in order to receive the wisdom of nature and the cosmos, this person has to learn how to project themselves into the astral plane, the fifth dimension, or to place their physical body into Jinn state, which means to put the physical body into the fourth dimension in order to break the law of gravity and to travel in that unknown dimension to Egypt, and then he will discover that this university in which we learn all of this wisdom still exists, but within the unknown dimension. There are many apparatuses that the Atlantean civilization created that can put physical matter into the fourth dimension in order to levitate it and place it in anywhere they want. Levitation is one of the laws that reign in the fourth, fifth and other dimensions, while the law of gravity as you know reigns in the three-dimensional world.

Let me tell you that the Sphinx with the pyramids in Egypt were previously located in the south of Africa, and before being there in the south of Africa, they were located in Atlantis. At that time the Atlantean ocean was not an ocean, but Atlantis. So the Atlanteans had that power, or we will say the technology, to take the gravity of the physical matter and to transfer it into the fourth dimension, to the place that they wanted, and this is how they built the pyramids. Not only in Egypt, the pyramids of Egypt or the Sphinx, but in other places of the world, because there were many types of Sphinxes and pyramids.

So the Egyptians worshipped the bull Apis, and if you inquire in that civilization you see how they worshipped the bull Apis. Unfortunately, people in this three-dimensional world, who ignore about the signs of the Egyptians and Mayans, state that the ancients were worshipping idols and point at the signs of the bull Apis as “idol worship.” They ignore the deep significance, or the deep meaning, of the esoteric wisdom related with the bull.

The constellation of Taurus
You see for instance that the planet Earth rotates around the Sun. In Esotericism, Gnosticism, we name our Sun “Ors.” That is the name by which the Sun is known or our solar system is known in other parts of the universe, the solar system of Ors, because the name of this sun, I repeat, is Ors. So the solar system of Ors to which the planet Earth belongs, belongs to a constellation.

When you see in the sky different constellations, every star is a sun. So have you ever asked to yourself which constellation our solar system belongs to? Well, we will say, to tell you the truth esoterically and gnostically speaking, it belongs to the constellation of Taurus.

In the constellation of Taurus we find the Pleiades, which are seven, they call it seven sisters or seven cows; sometimes they call it seven goats. The reality is that the Pleiades is a group of stars, or system of stars, whose center is Alcyone. The star Alcyone is the center of the Pleiades, and around Alcyone rotate seven suns. The Bible mentions the Pleiades. People never wonder why, for instance in the book of Job, the Pleiades are mentioned. And it is because the Pleiades is the constellation or the group of stars that we belong to. The seventh sun or solar system that rotates around Alcyone is our solar system. That is why when you see the Pleiades you see only seven (Alcyone plus six others; we are the seventh). Of course, the Pleiades in itself is formed by many stars, but we are talking here only this particular system of seven suns that rotates around Alcyone, and behind them you find many other stars. When you inquire into that, astronomically speaking, you find many stars. So that is why we do not realize it, but esoterically and gnostically speaking, in the Atlantean civilization, in the Akhaldan society, everybody knew that our sun belongs to the Pleiades, and the Pleiades are those stars which are in the constellation of Taurus.

So that is why this constellation of Taurus has had a great significance to the planet Earth, and not only to the planet Earth but to all the planets of this solar system. And that is why the bull, Apis, was worshipped in ancient Egypt; all of the forces that we have in the planet Earth come from the constellation of Taurus, because we belong to it. And of course, the seventh sun that rotates around Alcyone is our sun, Ors.

In the rotation around Alcyone, our sun Ors automatically passes through the whole zodiacal belt. The zodiacal belt as you know is related with the twelve constellations, and the first one is Aries which is precisely, when you see the stellar map, to the right of Taurus. So in its voyage, the solar system passes through the zodiacal belt, or we will say that the radiation of the constellation of the zodiacal belt influences the solar system and the Earth in its voyage.
You find this science that is called the science of Tauromachy or bull fighting. When you go to Spain you find a lot of people that like to go to that, what they call “sport,” in which they conquer the bull in different ways. This is called the art of Tauromachy. If you ever question from where this type of art arose, or this type of celebration which is very common in Spain, let us state here and emphasize that Spain was one of the lands of Atlantis, the coast we will say of Atlantis.

Atlantis was a huge continent that occupied all the Atlantic Ocean. Atlantis was not like people think, an island there in the Mediterranean, or in some part of the Earth, a little city. It was a huge continent that united Europe and Africa with the continent of America. America of course at that time was not as we see it in the maps, it was just the coast we will say, Mexico, the southern states of United States, part of South America, Central America, and the Caribbean Islands of course, belonged to Atlantis. At that time, the north of United States, in Canada, was at the bottom of the ocean. After the submerging of that Atlantean continent, those lands emerged and the physiognomy of the Earth changed. Spain was part of Atlantis, so when that continent sank, Spain remained, and also Africa, the north of Africa, where you find now the pyramids and the Sphinx. If people investigate for instance the bottom of the ocean or the coast of Spain, Portugal, they will find remains of Atlantis, and also in all the Atlantic Ocean: it was a huge continent.

So in Atlantis the worship of the bull was something very common because of what I am explaining here in relation with the constellation of Taurus and the forces of Taurus. Not because they thought that the bull was a god, as many Ignoramuses think, as if the Atlanteans thought that God has the face of a bull or that God has the face of an Ibis, and all of that, because we know very well that all of that is a symbol of the elements. It depends on what element you are talking about; if you talk about the god Ibis you are talking about the element air, because the air is always related with birds, like eagle, like the white dove of the Holy Spirit. Because we are always, as I said, divided in three brains. When you talk about fire in relation with your heart, then you talk about the lion, but the lower areas are always related with the bull or what the Bible calls the Behemoth, the cattle, strength of the earth, in our body.
Tauromachy was a ceremony celebrated in honor to Poseidon, in honor to Neptune. When we study Astrology, or the forces of the planets related with the physical body, we discover that the pineal gland is governed by Neptune, by Poseidon, astrologically speaking. That is why very psychic people have very strong pineal glands, but behold here that in the science of endocrinology we know that the pineal gland, as we said in the last lecture, controls the development of the sexual glands, and the sexual glands are related with the water, with the waters of creation. So that is why it is stated that Poseidon, in the microcosmic human body, controls the waters in which we find the fish, the symbol of the seed; the sperm and the ovum. So that marvelous axis of the pineal gland and sexual glands is something very common related in the study of endocrinology, the relation of the pineal gland with all the endocrine system. The Atlanteans knew a lot about the endocrine system, not like as we know in this very degenerated age. The science of endocrinology is still in the embryonic state in this day and age; but in the Atlantean civilization, they knew a lot. Not only about the secretions of the endocrine glands, which are called hormones, but also the relation of those glands with the tattvas or vibrations of nature in relation with the planets and the stars. In comparison with the Atlantean civilization, our civilization is at the level of the knees in relation with the knowledge that the Atlanteans had. We are in our Kali Yuga or Dark Age; at that time in Atlantis they already were travelling to all the planets, having better rockets than those that we have.

So the bull was a symbol in Atlantis of how the initiate has to control his animal forces by activating the pineal gland. It comes into my mind this very moment this king Minos from Greece, according to mythology. He promised to the god Poseidon that if Poseidon assists him and protects him, he will offer a bull as a sacrifice; and the god Poseidon approved and gave him a white bull that he created from the foam of the ocean. Poseidon also, according to mythology, created other animals with the foam of the ocean, like horses. It is a symbol of course.

The waters of the ocean: “In the beginning God was hovering upon the face of the waters” - that Ruach Elohim that the Bible talks about that hovering on top of the waters is the symbol of the energy of the Holy Spirit, which is creation, which creates with the power of the waters, sex. Poseidon, of course, in Greek mythology, represents the Holy Spirit, because the atom of the Holy Spirit in Alchemy is precisely in the pineal gland.

In another lecture we stated that we have the Holy Trinity in our brain. The Father is in the magnetic center of the root of our nose, the Son is in the pituitary gland and the Holy Spirit in the pineal gland. So the pineal gland is the seat of the soul and the forces of the Holy Spirit that control the waters of sexuality.

So when in mythology it is stated that Poseidon created a white bull, that is something that implies the correct use of the sexual energy, because the bull in itself represents the forces of the blood in the physical body that transform themselves into sperm and ovum, which in Alchemy is called “the salt of the earth.” When you go into the ocean, you find that the water is salty, has salt. For the salt of the earth in reality is that matter which is in the water, which in this case in the symbol of Poseidon in mythology is the sperm or the ovum of the sexual water that crystallizes, that is the bull of the strength of the earth, because you know that the sperm and the ovum are in their final synthesis an outcome of the blood. So when somebody transmutes the sexual energy they are of course worshipping the Holy Spirit. The Bible states, “You shall not fornicate,” because he who fornicates sins against the Holy Ghost, or do you ignore that your physical body is the temple of the Holy Ghost, and that God dwells within you? This is referring of course to the sexual creative force of the Holy Spirit that dwells in us. So if you are in chastity and you transmute your sexual energy, you are worshipping the Holy Spirit. That is called the Baptism of waters, of Alchemy. Or this is, as we said, in the ancient times, in Atlantis, that was called the worshipping of Poseidon, the god of the waters, the Holy Spirit.

So Poseidon delivering a white bull to the king Minos symbolizes the transmutation of the sexual matter, done in the right way; that is the way to worship Poseidon. He is offering us a bull, but that bull does not mean the cattle that we find there in the fields, it means
your own Behemoth, your own bull force, animal force. You should use and transmute it in order to worship, in order to honor the Holy Spirit, in order to honor Poseidon, in order to activate your pineal gland which is the door of heaven, the chakra Sahasrara or the church of Laodicea that opens the door of heaven in order to go there into the higher levels of your being.

But the king Minos, when he saw this bull, fell in love with it, he said, “How am I going to kill this bull?” and hid it, and instead he was of course doing sacrifices with all the other herds that he had in Greece in order to worship Poseidon, and not sacrificing that which Poseidon required when he gave the bull to him. This means that when the Holy Spirit, the forces of heaven, are giving us the strength of the bull in our physical body, we have to transmute the sexual energy in order to return the force and to worship the Holy Spirit, and that is the symbol of the white bull, the symbol of Apis. It is not of course as the people think.

When you see the bull immediately it is a reference to the physical body, because this is what we have, all the strength of the physical body is what we call Behemoth, which is precisely in the blood, related with the systems that we have in the physical body. And all of that strength is what we have to apply in order to worship God. Remember one of the commandments that says,

And thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength: this is the first commandment. - Mark 12:30

The strength of any human physical body comes from the blood. If you apply that strength in your motor center, then you will be like those bodybuilders, building a lot of muscles because of using the power of Behemoth in the blood through the motor center. Or you can be a football player or a baseball player; they develop the body. And in the other way for instance, the Karate or Kung Fu fighters, or in boxing, related with the instinctual center, in which you apply that strength to the development of that type of sport, could be instinctual or motor.

In the sex, well, you know, this is a topic which humanity is very preoccupied with in this day and age, how to have sexual strength, how to utilize that sexual strength. And that is the strength that the commandment of Moses states: “You shall love your God with all your strength,” meaning that you have to apply all that energy for your psyche, for your Spirit, in order to worship the Holy Spirit, Poseidon.

To sublimate the energy is to conquer the bull, and that is the whole science that was represented in Tauromachy or bullfighting in the Atlantean civilization. At that time, the bull that they utilized in order to represent the work that we have to perform, was not killed in the cruel way that in this day and age the toreros do. They just kill the animal in order to satisfy the blood-thirsty multitudes. At the time of Atlantis they did not do that; they conquered the bull, controlling it with ropes, different ways, with mastery. And after they finished that ceremony, or that way in which they were teaching how we have to control our forces, they would release the animal; they would not kill it.

If you observe the bull arena, which is always a circle, then imagine and understand that the circle arena in which the bullfighting is performed is the symbol of the zodiacal belt, around which all the people sit observing the work that they have to perform within themselves. All the twelve tribes of Israel sit there observing the ritual, the fight. Of course, the twelve tribes of Israel are the twelve zodiacal signs, and twelve forces that we have to put in activity, or that we have to develop by defeating the bull.

Behold here, if you know about this art of Tauromachy, how the Torero, before going to fight the bull, to fight the beast, to fight the Behemoth, he kneels before God in order to receive help, and this is something very significant and beautiful, because in this day and age, what the Torero does is to kneel before the Virgin, the Virgin of Carmel, the Virgin of the Sea, Stella Maris. Here we have to state, to emphasize again, the duality or the two
polarities of the Holy Spirit, because it is always represented in all religions. The feminine aspect of the Holy Spirit is represented in ancient Egypt in many ways, but in this relationship with the bull we can say it is the goddess Hathor which is represented with horns, and with the Sun between her horns, which is Amon-Ra, the solar force. The goddess Hathor is the same Isis, because remember that the feminine forces of the cosmos are related, or divided in five aspects; the goddess Hathor is what in Christianity is called Mary. Isis, Maia, Isisorta, Rhea, Cybeles, Maya, there are many names. Of course, those women that in ancient times achieved the Self-realization of their Being had the privilege or the honor of representing that force which has no form, it can take any form. The Mother Earth, the Mother Moon, or the forces in the feminine aspect of the Holy Spirit.

The Holy Spirit that manifests itself through the sexual organs cannot create in the man if he does not unite with the Holy Spirit that procreates through the sexual organs of a woman. The two polarities, male-female, is what we call IO, which are precisely the symbol of the number 10 and the base of our decimal numbers.

IO also bring us to memory the goddess IO that transformed herself into a cow in order to escape from Hera who was trying to hurt her, because Zeus was in love with her. And we find how in mythology this god transformed herself into a bull in order to have sexual intercourse, and in this case the female is often transformed into a cow, it is a symbol.

Behold how in India the cow is holy, it is worshipped, of course many Indians lost the symbol, the meaning of it. The cow is a symbol of life, and as the bull represents the brutal force that we have in the physical body as man, the cow represents that vital force that the woman has in her body, the milk that the woman gives in order to sustain life. And this is how we find this symbol in many religions, the Divine Mother, wife of the Holy Spirit, is represented in many religions in many ways.

Before going to fight against the beast, the initiate kneels before the Divine Mother in order for the Divine Mother to give him the strength to fight the bull. She knows that that bull is circulating in the blood of all her children, and she is the only one that can transform that venous blood into oxygen blood by the way of transmutation. This is why the symbol of the divine cow is in different forms.

Virgin of Carmel
The first that appear in the arena, in the center of that circus, are the so-called picadores. The picadores appear with a big lance riding a horse and trying to submit, to control the bull with their lance. That is a crude symbol of the Beginners (apprentices), those that start on the path of the Self-realization. They know that the strength that they have to control is circulating in their blood, that the sexual force is the force that they have to control, the animal force of the bull. But they still have to dominate the physical body, which in this case is the symbol of the horse which they are riding. Trying to control the animal by riding another animal. This is how we start; it is not easy!

With perseverance we advance, and if we keep dominating, controlling the forces of the bull which circulate in the energies of the body, we finally arrive to the level of Companion, which are called in the bullfight the banderilleros, the ones that appear without the horse, and just wait for the bull and put their banderillas in the body of the bull. They are more skillful; they already can face the bull in different ways.

But of course, higher than those banderilleros are the toreros, which are the Masters that already have their solar bodies created. When you see the torero appear in the arena, you
see him with a golden suit and walking with elegance. That golden suit is called in the Greek language “To Soma Heliakon,” the solar body of the solar man. Meaning, in order to reach Mastery you have to transmute your sexual force and create the astral body, the mental body, the causal body. These are called solar bodies. That is why those beings that become solar, with those solar bodies, are called Masters, and honor the Sun through their work. That is why in mythology it is stated that Apollo was worshipped by the cowherds, the ones that were submitting the force of the bull to the Sun, because in the end you have to understand that the solar energy is placed in the sexual glands, and when you transmute that you become enlightened.

It comes into my mind the word “enlightened.” Buddha means “enlightened one.” Buddha Gautama, they say that he was a cowherd, the one that controls the forces in the body. And of course, Apollo is the Sun, Phoebus-Apollo in mythology, that the cows were honored to him as well. For that is of course the symbol of the forces that you manage within your psyche, within your Spirit, within your physical body.

Torero-Master

When the torero appears in the arena, he has the cape that he puts in front of the bull, which is a symbol of Maya, meaning that he is controlling the animal, and he can do whatever he wants with the animal, the animal is no longer frightening him, because he is a Master, that is why he reached that level. And he has the sword; that sword of course is a symbol of the spinal column, the energy of the Master. He has the sword that can kill the bull. But that bull of course, as I said, is all those animals that we have within, that we have to conquer, that we have to kill.

But you see how everything is misinterpreted in different ways. Now, in Spain, in Portugal, in Mexico also, you find those toreros fight the bull and at the end they kill the bull. But they do not kill their own internal bull; they are not Masters. They are just a symbol. It is like in Masonry; you find that many masons call themselves “of the 33rd degree,” in order to reach the 33rd degree you have to be at the level of Jesus Christ, because he lived 33 years, a symbol of those 33 vertebrae that we have in the spinal column; in other words, we have to conquer ourselves. But in this day and age there are many masons that have that degree, or 32nd degree of Masonry, and they do not know anything about this. As well there are toreros and many people in Spain, Mexico and Portugal, and many other countries that celebrate Tauromachy, and they do not know anything about this, they just follow the current, the traditions. They do not know that it comes from Atlantis.

In the time of Atlantis, they were trying to control the bull, but never kill it. The killing of the bull is a sacrilege; the bull is a symbol, it is an innocent animal. In the book of Exodus, chapter 29, it is described there the way in which a bull has to be killed. And it is unjustly
attributed to Moses, that Moses wrote that. But really, the one that adulterated the
doctrine of Moses was Edras; he is the one that placed all of those things there that now
are attributed to Moses. Never in the ancient times was the bull killed or sacrificed as it is
described in this adulteration of the Bible in Exodus, chapter 29. People think, “Oh yeah,
because it is written in the Bible it is holy” - no, there are many things in the Bible that
were introduced by the Black Lodge, like those blood sacrifices. The only blood that we
have to sacrifice is our own blood, symbolically, psychologically, because this is the whole
transformation. Life is in our blood, and a transformation that happens in our body is in
relation with our blood.

People in this day talk about the holy blood, the royal blood of Jesus, but always as
something physical, while ignoring that that blood that we have to transform is inside.
Jesus has to appear inside of us; that is the royal blood that we have to manage by
transforming the poison blood that we have, or the venous blood which is related with the
bull.

As we were explaining in the beginning, when Poseidon saw that this king Minos did not
perform what he promised, then he made his wife to fall in love with the bull, the white
bull. And then it is stated that Daedalus, a great inventor, created a cow, an artificial cow,
in order to put the queen inside the cow in order to have sex with the bull. So they
managed to do it, and the bull had sex with the queen. The outcome was the Minotaur.

This is a great symbol there, of course, of our own nature, because when we promise to
enter into the path but we do not do it, and we sacrifice all our things but we do not
transmute our sexual energy, at the end our own nature, which is the symbol of the
queen, transforms the fire, the holy fire of that white bull that represents the force in the
body, of the Holy Spirit, into a Minotaur, a monster which dwells within each one of us.
That monster is Medusa, Minotaur, and many other names. But in this beautiful myth you
find that it has of course a human body but the head of a bull, and a tail. And that is
precisely the most beautiful representation of the humanity of this planet Earth, because
everybody in himself is a minotaur. In the physical plane we have the face of a human
being, but if you inquire and investigate the face of any human being in the mental plane, everybody has a face of an animal, usually a bull. And we see the tail, which symbolizes the wrong way we use the sexual energy, which is called the Kundalnifer or the tail of Satan, which is developed when we manage the forces of the animal in the wrong way. This develops when we do not follow the rules which are written in all religions, and that is why we have to transform ourselves into a Perseus in order to go into the labyrinth, which is our mind. The power in the center of the labyrinth is precisely the bull, the Minotaur, which is ourselves. We have to go there and to kill it. But for that we have to follow the rules which are written in a very wise way in this myth of the Minotaur. So behold here how everything is symbolized.

If you conquer it, of course, then you become a holy bull. But you have to transform it. That is why ancient people knew that, and that is why they were worshipping the bull Apis, the symbol of the Holy Spirit, the spouse of the divine cow, the Divine Mother. And their son was the calf, or kafir, whose name was Horus. It is written Horus, but it is pronounced “Aurus,” and when you add to it the Cross which we have to work with, the result is: Taurus.

Taurus rules the throat. The throat is the area in which Taurus works. We find that this mysterious sephirah of the Tree of Life called Daath, Gnosis, knowledge, is precisely located at the level of the throat. “In the beginning was the Word, the Word was with God and the Word was God,” it is written. Here you see Aurus, or Horus, with the Tau, the cross. You can divide them also as Tau, the cross Tau, and Aurus: Taurus.

This is the symbol of the Taurine mysteries which are now lost to most of humanity. Fortunately the Gnostic Church kept that, because everything, old wisdom, old knowledge, that was lost in this three-dimensional world, was not lost in the fourth dimension, it still exists. Maybe here, people will burn books, or destroy the wisdom of other civilizations, but that wisdom remains in the fourth dimension within the sacred temples of the White Lodge.

The letter Tau or the seal, the cross Tau, is the symbol of the Logos. Taurus or the symbol of Aurus. Aurus or Horus, the calf, son of Hathor and Apis, or son of Isis and Osiris, is the symbol of Taurus in the mysteries of Daath. When we talk about the sexual forces in relation with the waters, in relation with the body, we always have to pronounce the Word. Do not forget that the Spirit of God was floating on the face of the waters, the sexual waters of Genesis, but in order for those waters to become active and to create, God said, “Let there be light, and the light was,” because the Elohim, the angels, create with the power of the throat; the power of the Logos is here in Daath, in the throat.

The power of God is in the throat, that is why it is called Logos (word), that is why in the book of John it is called the Word; “In the beginning was the Word (Logos),” because God creates with the power of the throat. Here, in this three-dimensional world, we create with the power of the sex, but we have to learn, we have to develop and we have to reach the level of Gods. If we want to become as Elohim, creating like the gods, we have to know good and evil. We have to conquer the Tree of Knowledge, we have to conquer Lucifer, we have to conquer Behemoth, we have to take the stone, the symbol of the foundation of Yesod, and to kill Goliath with the power of our sex. Goliath is that behemoth that everyone has inside; we have to do the work of David. David is a king. So you see here how Taurus is the symbol of the Word. The God created the world, the universe, the solar systems, the galaxies with the power of the Word, which is developed when we know how to transmute the sexual energy.

When one is a child, one has a very, we will say, subtle voice, but when we enter into maturity the voice changes, and it is because from fourteen years of life to twenty-one, the third layer of the testicles create sperm, and hormones go into the level of the throat and we develop that grave voice of a man, a mature man. The woman also changes her voice, within the feminine aspect. So here you see the relationship of the sexual glands with the throat. Obviously the Gods, the Elohim, the angels have that power of the Word.
That is what is called “the power of tongues,” which is attributed to the Holy Spirit. Remember that the Holy Spirit, I repeat, is related with the sexual glands and with the pineal gland, but also the sexual glands are related with all the glands of the human organism. So it is stated that when you control the bull, then you develop power in your throat, in your Verb, in your Word, and that is precisely what we call “understanding.”

What is Clairaudience? It is the power related with Taurus, but that is a power that really has many levels, because it is in relation with Daath, which is knowledge. In Daath, knowledge, we find the union of the two polarities of Binah; the Holy Spirit or the bull Aapis with the Divine Mother, Hathor. Binah, as you know, in Hebrew means “understanding, comprehension, Intelligence.” So when we arrive to this point we have to understand that it is what we want, that it is what we want to attain: The development of objective reasoning. Objective reasoning is interrelated with clairaudience. Clairvoyance is the way in which you see things which are not of this three-dimensional world, while clairaudience is how you hear that which is not from this three-dimensional world, and that is what is called “the power of tongues” - the way in which you understand, comprehend other sounds.

The lectures that we give in relation with Gnosticism sometimes are very difficult to place in the English language. Sometimes we apply Sanskrit, or Hebrew, or Latin, or Greek, in order to point to something that does not have a corresponding word in the English language. Here you can understand how the people degenerated in the ancient times, when they did not control the bull, when they allowed their own particular Behemoth, their own bull, to control their life, the power of the Word, the power of the throat, was lost. And then the tower of Babel emerged. The Tower of Babel as you know is the creation or the emerging of many languages in which people do not understand each other. But the language, the word, is always related with what we speak. If I tell you “chair,” immediately you associate that word in your mind with a chair, and you see the image of a chair in your mind. And if I said “table” you associate that word with the image in your mind. So you see how the word is related with objects, that is why it is stated that in the beginning God geometricized.

It is already proved that when you record your words in a tape or a recorder, and if you observe that tape with a microscope you will see that your words are recorded in that tape with geometrical figures: Triangles, squares, circles, pentagons and different geometrical figures. So when the needle, the magnetic needle, passes on top of those geometrical figures of the tape, you hear what you said or what somebody sang. So the Word is associated with geometry, and everything that is created, concretely created, is related with geometry. That is why we said that everything has a sound.

Of course, the language that we speak in this day and age is very poor; scarcely we associate that with images, but when God in the beginning said, “Let there be light,” that word of course in his own mind is the light, is the things; it is associated with what we call the Golden Language. In ancient times before the emerging of all of those multiple languages that we speak in this planet now, humanity spoke only one language, and that is called the Language of Gold, or the Golden Language, and that language is associated with nature, is associated with the universe.

When people were talking at that time and saying anything, that word, that phrase was associated with the forces of nature, that is why people were very careful to utter words, to say things, because that is the magical word that in this time we call mantras, prayers in which we control the forces of nature or control the forces of the cosmos in our favor. Sages always say, “If you want to receive this help, pronounce this prayer, pronounce this mantra, pronounce this, pronounce that,” because you want those energies to return into your psyche, or to put in activity those forces that you already have in your body.

In ancient times, the Lemurians knew this; they were in communion with nature, and the language that they spoke was related with the forces of nature. They had the power of tongues. That is the Power of Tongues. When they heard the sounds of animals, of the wind, of the forest, of the fire, they knew that that was associated with the forces and
understood what was going on. But now we only hear sounds, noises, meows, barks. In Europe, there was St. Francis of Assisi (who everybody of course celebrates): they say of him, “Oh, he is a saint, he knows how to talk with animals.” Anybody can talk with animals if they develop the power of the throat, which is the power of tongues. And not only with animals, but they can be in communication with the forces of the universe, because in the beginning was the Word, and the Word was God and with God. And God is everywhere.

So when you enter into the mystery of the Word which is Daath, the throat, then you enter into the mysteries of the Word, into the mysteries of Aurus, which develops because that force develops with the cross, with the Tau cross, with this symbol of the union of the man with the woman. That is the T, the Tau, and Aurus means the fire that develops that within you through the power of the mantras. That is why the Master Samael Aun Weor insisted that we have to practice mantras, vocalizations. That is why in the sexual alchemy you transmute and you pronounce words, because the Word has power over the sexual forces. It is beautiful to see that. And from that comes the Taurinean mysteries.

The Taurinean mysteries are those mysteries associated of course with Tauromachy, the domination of the bull in order to acquire the development of the throat, the clairaudience. Objective reasoning. You might say, “Well, that reasoning should be associated with the brain in the head, because that is how we reason.” But, let me tell you that really in the brain you have the reasoning, but that comes from your throat, and not only from your throat but from all the chakras of the human organism. As you see, objective reasoning is the way in which your reason is associated with the forces of nature and the cosmos, developing your inner Being, the microcosmos, and then you acquire the power of tongues.

Many initiates that acquired the power of tongues wrote sacred books. Those sacred books are written in different languages associated with the forces of nature, with the internal forces of the human being, with the Astros, with the stars. People ignore that. When you read the Bible for instance, you need to see what forces are associated with what is written there, because it is stated that that sacred language that we spoke in the beginning has its own grammar, its own letters. The Nordic alphabet is associated with it, the Hebrew alphabet, the Chinese. These forces associated with the language. So that is precisely written by initiates, initiates that developed that power of objective reasoning and they wrote the books.

In order to understand, to comprehend what is written in the Bible, what is written in the Koran, what is written in many other books, Sanskrit books for instance, or Buddhism, you have to develop at least certain percentage of the chakras of your throat, because it gives clairaudience. Sometimes people say, “I listen to you, I am hearing it, but I do not understand.” It is the magic ear, clairaudience, which gives the ability to understand what I am saying, to comprehend what is written; you need the magic ear, the clairaudience, because the word is not only spoken but also written, and that is why it is written with these characters, Hebrew characters, Arabic characters which are coming from those ancient times; the Nordic runes for instance are those characters related with the forces of nature. And to grasp that, to understand that, is the power of the Holy Spirit, because Binah is the word that means “intelligence, understanding, comprehension,” in Hebrew, and that is the sephirah related with the Holy Spirit. Kether is the Father, Chokmah is the Son and Binah is the Holy Spirit that divides itself into two forces that we are studying here.

The Holy Spirit is the creator, creator of life, and the destroyer as well. That is why you find in India that Shiva represents the Holy Spirit, because Brahma is the Father, Vishnu is the Son and Shiva is the Holy Spirit. And Shiva is a creator and a destroyer. Shiva is associated with the bull in India. Parvati is the cow, his wife. And in every single religion you find the symbol of the bull. But to sacrifice the bull as it is written in many aspects in the Bible is black magic, because you do not resolve anything by killing a poor animal that is in a state of evolution, in order to satisfy your own necessities. The bull that we have to kill, the Behemoth that we have to kill, is inside of us; it is our own animal nature.
When the Bible or the Koran, or other books, for instance the Bhagavad Gita, tell us as Krishna does, “You have to fight your relatives,” we have to understand what this means. In the Gita, Arjuna says, “I have to kill my aunt, my cousins, my nephews? I have to kill my uncles?”

“Yes,” says Krishna, “you have to.” But it is not referring of course, as people think, to people in the outside world. It is referring to what is inside of us. All of those people that we have to kill, that we have to annihilate; defects, vices, errors, symbolized in different ways. And we do it with the power of the bull, but when we forget about that and we identify with the power of this materialistic world, then we worship the forces of the bull in the wrong way: The Golden Calf.

The Israelites in the beginning were guided according to Moses in the right way, but in the end when he came back from mount Sinai, he found that they were no longer doing the work inside themselves, they were just worshipping the bull in the wrong way. Trying to be greedy, because the power of the earth, the power of voice is also related with black magic, that is the Golden Calf. And then people forgot that the real work that we have to perform is inside.

Egyptian Taurinean Mysteries

The Taurinean mysteries are the levels in which the human being develops objective reasoning in order to understand God. You see? I repeat again, it is written, “In the beginning was the Word, the Word was with God, and the Word was God.” Everything was created with the power of the Word, so the Taurinean mysteries teach us that in order to comprehend God we have to have knowledge, Daath, Gnosis, we have to develop the chakra Vishuddha, to comprehend what is written, to comprehend the Word of God.

The power of tongues is not what in this day and age some sects of Christianity state, that the power of tongues is to babble words with no sense. I saw many times in TV people that are talking, and all of a sudden they pronounce something incoherent, and then they say that this is the power of tongues that the Holy Spirit is giving them; that is nonsense. This is how people misunderstand the power of God. God is not making babbling, incoherent words in them. What kind of power is that? To be incoherent? That is useless. God is intelligence, so if you say that you have the power of tongues, then you have to give understanding, comprehension, and to comprehend what is written in the Bible and any book; that is the power of tongues.

It could be developed in different levels, but in the initiation, in the Taurinean mysteries, the initiate wants to comprehend God, that is the goal. They want to understand what
God is, within them, and the only way to understand God is by developing objective reasoning, because that is what God wants, to create a being that will understand Him in order to utilize Him. That is why we said in many lectures that the Absolute, the Ain Soph, does not know itself, it is unknowable to itself, but He wants to know himself, and that is why creation exists: to acquire objective reasoning in order to know. Through the consciousness is how we know God, by fighting the bull, by developing ourselves, and then acquiring different levels of objective reasoning.

In the cosmos you find many levels of human beings that understand the meaning of the Word, the meaning of God. Let us start from above, from the top, in accordance with what we know, we are not going to state that he is the only one, but the only one that we know in the plane Earth, who had the highest level, that is in the top of the pyramid, in knowing God, is Jesus of Nazareth whose name is Aberamenho. He acquired the highest level of understanding, of reasoning. He knows God in relation with the infinite. Below him there are other initiates that understand God in other levels, because we have to understand that the universe, the Word creates seven cosmoses.

The first cosmos is called the Protocosmos and is located within the unknowable dimension. The Protocosmos is made by all the stars, all the suns of the universe, which is the foundation or the base of any infinite.

Below the Protocosmos we find the Ayocosmos which is manifested, because I said the Protocosmos is not manifested, but the Ayocosmos is manifested. It is what in Kabbalah is called Atziluth, and the unmanifested is called the Ain Soph Aur, the Solar Absolute. There are many in Atziluth that have an understanding of God at that level, they are called of course Cosmocreators.

Below that cosmos you find the Macrocosmos which is the cosmos that people talk more about. The Macrocosmos is related with other levels of understanding of God; there are many beings that are at that level.

Below the Macrocosmos you find the Deuterocosmos. The Deuterocosmos is in relation with any solar system, any individual that has knowledge or developed understanding in relation with the solar system is an individual of the Deuterocosmos.

Below the Deuterocosmos we find the Mesocosmos which is the planet Earth. Any planet in itself is a Mesocosmos, so if you acquire development and knowledge, the power of tongues in relation with your planet, you are a Mesocosmos individual.

You know that in the Mesocosmos, in the planet or any planet there are many Microcosmoses. We call ourselves microcosmoses, but these microcosmoses are not developed. It could be developed in different levels.

I said the highest level is the one that is at the top and the one who has acquired it is Master Aberamenho, Master Jesus of Nazareth. But below there are many levels.

Here we are in this room, learning about this knowledge, and we have to start understanding, comprehending in our own level this wisdom, and for that we have to start developing the clairaudience which gives us that understanding, that comprehension. That is why the simple practice that we always advise is the vocalization of the letter “E”, that the sound should be “Eh,” (as in “red”): Eeeeeeeyyyyyeeh Eeeeeeeeyyyyyyyeeh. That is simple, just sense the vibration in your throat.

If you vocalize the “I” sound (as in “tree”): lllllllll, it vibrates here (In the head). But “E” is here in the throat, Eeeeeeeyyyyyeeh. That puts in activity the chakra of the throat.

Of course, any prayer is always related with the throat, and when you do that you are transmuting your sexual force through the throat, and the clairaudient power, the power of the tongues starts to develop, and then you understand more and more deeply the wisdom of God, not only written in the Bible, but in other books. And then when you read
something, immediately you find if that is precisely something that was written by Moses or by the prophets, or something that a black magician put there in order to confuse humanity. As I said, the chapter 29 of Exodus is not written by Moses, it was put there to sacrifice the bull. Only the black magicians sacrifice bulls. Still in India, they worship the cow and they respect it, and they know that if they want to sacrifice something it would be the animal within.

Below the Microcosmos is the Trítocosmos, you see? Trítocosmos, Microcosmos, Mesocosmos, Deuterocosmos, Macrocosmos, Ayocosmos and Protocosmos, these are the seven cosmoses beginning from the bottom. The Trítocosmos is what people call Heli, Inferno, Avitchi, Klipoth. That is the confusion of tongues. So there are many people there that appear saying that they have the power of tongues, but really they have the power of the confusion of tongues. Just babbling words with no sense; that is not the power of the Holy Spirit, because we have to be in chastity in order to understand it. And this is how you develop the Taurinean mysteries.

Horns of Moses

It is written that when you acquire the higher level or any level of the Taurinean mysteries, then horns of light appear on top of your head. Those horns of light remind us of the horns of light of Moses, or the silver horns of the Nordic gods that appear, meaning that they know what they do. The power of Taurus.

Do you recall, for instance, in this very moment it comes into my mind, the Tuva or the Tuvas. I think this is how they are called, these riders, the Cow Herds Those people that control the herds from one side to the other, they are in Texas, they are in many places,
of course in Mongolia, there exist these cowboys. You see how they are called? Cow boys, because they manage with the cows. They control the cows with sound; they know that they have to sing. They have beautiful songs in order for the cow to hear and this is how they control the cows, the herds, you see? By pronouncing, by singing. These Mongolian cowboys are really amazing, they have the way in which they manage to control the throat, the sound of the throat in many ways, and that is very common in Mongolia. In ancient times the cowboys in this area, United States and Canada, knew how to sing, I do not know if they still sing, but this is how they controlled the cattle.

This is how also we control our own particular individual bull, Behemoth, with the power of the Word, Daath, and that is why the most beautiful prayer that we can utter in order to bring the forces of Aleph, the Holy Spirit from above in order to control our own inferior forces is the Prayer of the Lord, the Pater Noster given by Jesus, which is a prayer that has to be combined with meditation, a beautiful prayer. The Prayer of the Lord is as follows:

“Our Father who art in heaven, hallowed be thy name, thy kingdom come, thy will be done on Earth as it is in heaven. Give us this day our daily bread, forgive us our trespasses as we forgive those who trespass against us. Lead us not into temptation but deliver us from evil, because thine is the kingdom, the glory and the power, forever and ever.”

You see here, at the end is something that people do not say, because “thine is the glory”, that is, thine is the energy of Hod or the solar force inside us. The power which is in Yesod, the sexual organs. The kingdom is Malkuth, the physical body. Thine is the kingdom, meaning, “Because yours is my physical body which is the kingdom Malkuth, yours is. And the Glory of it, which is all the energy that is in the blood, in all the nervous systems, that is the Glory which is the energy, the life, the solar force that circulates. And “the Power in my sexual force” It says at the end of that prayer, in order to bring the forces from Daath and to control the bull.

Question: So what practices can we use to transmute that sexual energy?

Answer: The single people learn how to transmute their sexual force with exercises or pranayamas. Prana is a Sanskrit word which means “energy,” and Yama refers to breathing or respiration. So by the science of breathing we transmute the Prana, the energy of the sexual force. There are many types of pranayamas; we have many of them. A simple pranayama for instance is just to sit down in a chair, relax the body and breathe slowly, imagining that at the moment that you breath the sexual force is going up to your brain and entering into your heart, through the spinal column, and when you exhale the air just pronounce the letter S. Sssssss. This is what is called the still, small sound. It is written that Elias heard the way in which the sound of the S transmutes the force. There are many mantras, but that is the simple one. And of course, the best way in order to transmute the sexual energy is in the sexual act. But that we cannot explain here, because it is more complicated. But we have books. The Perfect Matrimony and other books in which it is explained very carefully how to do the transmutation of the sexual energy in the sexual act with our spouse.

Do you have any other questions?

Question: So in other words you are not saying that the true initiate must be celibate for his whole life?

Answer: Well, the celibate initiates were preparing themselves for marriage, of course, to practice sexual alchemy; celibacy was used before entering into the higher mysteries. Many young people that enter into this path learn how to transmute the sexual energy as single practitioners, but later on in time they know that they have to marry, because  celibacy is good at a certain level. It is good when you know how to transmute the sexual energy, but if you are in celibacy and you do not know how to transmute, then it is wrong, because then the sexual force instead of creating something good is creating a Behemoth, something ominous within you. You need to know how to control the force,
and later on in time when you are ready, you can marry and transmute the sexual energy as a couple which is precisely the best way in which the sexual energy creates within you. And that is precisely the way, we will say, in which the Torero is already doing it. In the beginning as we said in the Tauromachy, or bullfighting, the people start riding the horse and trying to dominate the beast with the lance; the lance is always the symbol of the sexual force. If it is a man, it is a symbol of the phallus, or the sexual energy, but remember when we talk about the phallus this is something very important here, because women think that when we talk about the lance it is only related to men, but women also have a “phallus” which is called the clitoris, where the magnetic forces work. That is why you find that in the Nordic mythology for instance, you find the Valkyries, which are women warriors that were riding horses with a lance, and sometimes with a sword. How come? Well, they have their feminine force of the lance in their clitoris. But the man of course is the one that takes more of that energy because the man has the phallus; the clitoris is an atrophied phallus. The woman takes more the feminine aspect of the Holy Spirit and the man the masculine. That is why when we talk about for instance the Holy Grail which is the cup, it is the symbol of the woman there, the feminine yoni. So this is how you understand and comprehend that you have to utilize those forces in order to dominate the bull. You have to dominate with that, to transmute those sexual forces by pranayama and dominate the bull until it becomes a tame ox that will eat only grass, and not that furious animal that in the beginning we have to control. Yes?

Question: What is the difference between transmutation and sublimation?

Answer: Transmutation means to transform one substance into another. To sublime means to raise that force up. In the beginning of course you transmute; anybody for instance when he is transmuting the sexual energy is changing, because the pranayama of the sexual magic teaches you how to transmute, how to change, how to mutate, transmutation, mutation. The sperm and the ovum transform into energy and the energy rises, but according to your behavior, according to what you speak, according to what you think, then it can be sublimated to different octaves. The first octave that they have to be sublimated through is the physical octave. Then the Vital body, then the Astral body, the Mental body, Causal body, Buddihic body, Atmic. Remember that the true Man is seven bodies. To sublimate the energy in the Atmic body, you need to perform the sexual act as when you are in church, praying, you see?

I remember in this very moment a case when we were visiting the Master Samael Aun Weor in Mexico with a group of students that I had in Chihuahua, Mexico, and the students were asking the Master Samael Aun Weor about transmutation. “Well,” said the Master, “You are beginners, so you have to start as you are because I do not think that you can practice at the level of a saint that is working with the level of Atman,” you know? Atman is here (above, related to the sephirah Chesed) and we are here in Malkuth, the physical world, and sometimes down, in Klipoth. So how will a demon of Klipoth practice sexual magic with somebody in the level of Chesed? It is impossible. “A saint,” said the Master, “practices in this way. He needs an erection of course,” he says, “but the erection comes naturally when you have sexual force; he penetrates his woman and just stays like this,” he says, remaining perfectly still, and he was quiet, imagining that his hands were on top of the bed and that he was connected with the woman. “Transmuting,” he says. And then he looked at everyone, because there were two girls who were asking about this. He says to them, “Would you like to have a husband like that?”

And then one of them says, “No, come on, why do I want a man like that?”

“Well, you see? So you need one at your level.” He says, “Obviously in the beginning, as the apostle Paul says, ‘In the beginning is the animal and later is the spiritual.’

When we discover our lust, we have to transmute it, but in the level in which we are; people think in the beginning they have to be like saints. Sometimes the woman is sleeping, and he says “Wake up, you have to transmute”, and he is just by himself doing the work, right? But little by little both of them have to learn how to reach higher levels, because the energy has to be sublimated even to Binah and beyond. But if you have the
bull alive, scratching the ground, you know, in order to go against you, how do you expect to do the sexual magic like a saint? A Torero will do it because he already controls the beast. But a beginner, he is on top of the horse trying to control the bull and doing what he can. Little by little he is transforming and sublimating and sublimating until he reaches the levels in which he has a lot of control in the sexual energy. That is why we state, we do not have to be discouraged if in the beginning we have downfalls, because the bull is very strong. But we have to keep ahead, because our goal is to become a torero, with solar bodies. Understood? This is how you enter into the mysteries of Taurus, Taurinean mysteries, the tauromachy; with the power of your Word, this is how you acquire the power of tongues, this is how you become a true human being with objective reasoning, which is not the crude and rough intellect that we have.

Another question?

Question: Is the meat of the cow related to Taurus or the earth?

Answer: The animal itself is a symbol of the earth, but in that meat as you see, as we explained in other lectures; Behemoth, the animal, the bull, is the strength that we have, but that strength comes from the blood, and the blood is a symbol of the fire. So in the flesh of the bull, the flesh of the cattle, you find the fire of the earth, and that is why the lion needs that fire of the earth, in order to feed itself. If we want Tejas, the fire of the earth... When I said the earth, I am talking about Malkuth, do you understand that? Because Malkuth is the planet Earth itself, our physical body is also Malkuth, the three-dimensional physical body. So in Malkuth you find the forces of the elements which are symbolized by the Sphinx. That is why Ezekiel says that on top of the four animals of the Alchemy he saw the Son of Man. What are those four animals of Alchemy? According to Ezekiel in the Bible he says, “They have the appearance of a man, but one has the face of an eagle which is the air, face of a man which is the water, face of a bull which is the earth, and the other a face of a lion which is the fire.” So those are the Chaloth ha Kadosh, the holy creatures in which all the forces of the elements are, so when you see the bull of course, within the bull is the fire that we need in order to feed ourselves, the meat, the red meat, the beef, but that symbolizes the earth.

03: Gemini
The science of Gnosis is directly concerned with the development of our own inner Self. The concept of self is much debated among religions, theologians, and philosophers. Gnosis is not concerned in debate, but rather the practical experience, the direct knowledge.

The student who enters these studies will encounter a concept of self, a theory of self, which encompasses ideas which on the surface can appear contradictory. In various world religions, we discover many concepts of the nature of self, the nature of the mind. In some schools, it is posited that there is no self. In others, that the self is the soul, or in some, that the self is Atman. In some, the self is seen as unchanging, permanent, while in others, that the self doesn't even exist.

By means of this science of Gnosis, the student seeks to experience the true nature of the mind, or in other words the true nature of the self. We begin with our own immediate direct perception of that
which we call "self" or "I." The most fundamental practice that the student is taught, in this tradition, is called Self-observation, and of course, you know that Self-observation is mirrored in many other traditions, being called watchfulness, awareness, mindfulness.

For the student to comprehend the nature of self, Self-observation is a necessity. You can only understand something when you can experience it, when you can see it. So, to Self-observe is to watchfully, attentively analyze, to remain aware, watchful of our experience of each moment.

The beginning student, as well as those who have been studying this science for some period of time, discovers that there are enormous obstacles which obstruct the development of Self-observation. Normally, the student seeks blame for these obstacles outside of themselves, saying, "Life is too hard, my job is too demanding, my teacher is not good enough, I don't have a school, or books, I don't have an opportunity, I don't have the strength." These are all excuses, justifications, or in other words, what we call "the rhetoric of the Ego."

To observe the self merely requires the ability to pay attention. All of us have this ability. The difficulty is that our attention is untrained.

When we analyze our experience of this day, we can discover the root causes of our difficulties. To observe oneself now, in this moment, requires Conscious-Will, and Conscious-Will is not only the foundation of Gnostic practice, it is the goal. Conscious-Will means to have the intention, the motivation, the action, under the guidance of the consciousness. You may also say under the guidance of the conscience. So, look at yourself as you receive the impressions of life. During this moment, what is unfolding within your own life? As the sound of my voice is translated by your senses and is interpreted by your understanding, what is the result? What is promoted? What is stimulated within your own mind-stream?

Do you notice associative thought, mechanical association?

If I begin to talk about school, does your mind begin to mechanically associate my words with a memory of a school that you have attended, and is that memory carrying within itself certain kinds of thoughts, certain kinds of feelings, and certain kinds of impulses?

Notice how in the discussion of school, in the recollection, in the stimulation of the mind related to this concept or idea of school, how that impression produces a vibration which extends throughout your psyche, not only as that sensation of sound, but as a stimulant for ideas, for memories, as a stimulant for feelings and even as a stimulant for physical sensations.

If we begin to discuss a painful memory, a whole new set of impressions emerge from the mind itself. Typically, we talk of Impressions as coming from the outside, moving in, but memories, ideas, and feelings, which emerge from within the mind, also produce impressions, which produce results.

This watchfulness of your own mind is, in itself, the beginning of the science of Gnosis. A Gnostic student is seeking to perfect Self-Awareness, Self-Knowledge. Self-Knowledge is born from Self-observation and Self-remembering.

What happens when you watch television? When you sit down on your chair, couch, or bed to watch television, do you know what happens? Are you aware of the transformation which occurs in your psyche? Do you realize that you become fascinated?

Fascination is a state within which we forget ourselves, and this is easily seen in how we watch movies and television. When we watch a movie or a television show, the impressions which come in through our sensory organs stimulate a state of consciousness, within which we forget ourselves. We become identified with the story, with the images, with the sensations that arise. Identification is a form of sleep.
In a previous lecture, we were discussing the four states of consciousness. The first two, Ekasias and Pistas, are states of sleep. In Ekasia, the physical body is asleep and inactive, while our consciousness escapes and dreams, and in Pistas, our physical body is awake and active, yet our consciousness still dreams.

When we watch television or a movie, we forget about ourselves. We forget how we are sitting, we forget our environment, we forget our own inner God. We become so engrossed in whatever images we are observing, whatever story we are following, that we begin to feel what the characters feel, we begin to worry about what the characters worry about, we begin to desire what the characters desire. This is a state of psychological sleep, profound unconsciousness.

Fascination is a state of consciousness which produces suffering. It is a form of dreaming. Unfortunately, humanity has become deeply habituated to this form of behavior. In fact, we can say that humanity is addicted to the sensation of psychological sleep, to becoming absorbed in dreams and fantasies. The addiction stems from our own misunderstandings and misconceptions about life and about the Self. The addiction is rooted in desire. The result is that we remain asleep, and that we continue producing the causes of suffering for ourselves and others.

In common life, during daily life, this form of psychological sleep persists, but it is a little more subtle. Rather than being identified with the television screen, we are identified instead with what is being projected by our own mind. In the case of a television screen or movie, that projection is being produced by an external element. But, as we move away from the TV or movie, as we begin to go through our daily lives, the projected imagery continues, but within, and the projectionist is our own mind, projecting the images of the subconsciousness, unconsciousness, and infraconsciousness, which persist in hypnotizing our essence, or our free consciousness.

In Buddhism, we talk often about the Buddha nature, or "essence." We say essence in the sense that this is an element which is not fully developed. Another term you may use is embryo, seed, or germ. It is a latent potentiality. In Buddhism, there are a variety of terms for this state of being. In some schools, you will hear about the Tathagata-garbha, this term is really derived from a longer term Buddhadatu, which is a clearer relationship to essence. Buddhadatu means "essence of the Buddha," or the embryo, the seed. In certain other schools, Mahayana schools particularly, you will hear about the Tathagata-garbha or Tathagatadatu, and the Tathagata-garbha also has a similar meaning, "garba" meaning seed or essence. There is also a certain implication of the term "matrix" here, meaning a web of innerconnectivity. But these terms all point toward the same element.

Now, some misinterpret and misunderstand Buddhism as saying that there is no Self. This is not actually what the Buddha taught. What he did teach is that what people think is the Self is not the Self. And he taught that the Self is empty of real existence. But, to understand what that means, we have to meditate in order to experience it, otherwise, we interpret it as saying that the Self does not exist. We exist, we have a "Self," but not in the way we think of it.

The Buddha Shakayamuni taught that we all have Buddha nature, which is this same essence. Buddhadatu indicates the Buddha nature, the embryo of the Buddha, the seed, the essence, the root cause of Buddhalhood, and what the Buddha Shakayamuni taught was that all sentient creatures have within the potential to become a Buddha, or in other words, an awakened, an enlightened being, fully developed. But that seed, that Buddha nature is obscured.

The Maitreya Buddha gave a beautiful teaching about the Buddha nature, which is in a scripture called the Mahayana Uttaratantrashastra, which basically is about Buddha nature. In this scripture, Maitreya used analogies to indicate the nature of the Buddhata or Essence. In one of those, he presents an example. Imagine a poor man who lives in a
hut, a very poor house. Now, this man would have no idea of what is buried beneath his house, because he is not able to see through the earth, but a Buddha could see that. A Buddha would know that buried underneath the man's house is a valuable treasure, but this man, who only trusts his physical senses, has no idea, so he lives in poverty and suffering. Now, of course the role of that Buddha, that God, is to teach that man to look within his own house, to dig into the earth to uncover that treasure. Of course, that treasure is the Buddha nature, which is obscured, which is buried.

In another example, Maitreya explains that the Buddha nature is like a piece of gold that wrapped in filthy, foul-smelling rags, sitting within a pile of garbage, and a passer-by would have no idea that the hunk of gold is within that pile of garbage, but a Buddha would know that. A Buddha would teach to a passer-by to dig in that trash, to get their hands dirty to find the gold. The action of digging into the earth, of sifting through the garbage is Self-observation, Meditation, Self-analysis. The filth is our own mind, our own affective emotions. The Earth is our own selves, our own body, our own four bodies of sin, the ego, in other words.

The Maitreya also says, in the same scripture, that you can search throughout the entire universe, looking for the nature of your own mind or self, and you will never find it. This is because the nature of the Buddha is only found within, and that Buddha nature is only realized, discovered through introspection, through inner-vision, through Self-observation.

What does this have to do with Gemini? The astrological sign of Gemini illustrates a function of duality. When you observe the astrological sign of Gemini, you will see two columns or two rods placed side by side. Of course, this illustrates two brothers, twins who work together, and this illustrates a fundamental axis of nature. Among the Greeks, they are illustrated in the mythological story of Castor and Pollux, who were two brothers. Their story, which is quite involved and detailed, essentially depicts these two brothers passing through these various types of experience, but what is most notable is that one will die, while the other lives, though they have to work together to sustain their mutual existence. This story allegorizes how energies within nature function.

Nature is constructed of matter and energy. Matter becomes energy, and energy becomes matter. This is important to understand. The consciousness we have is energy. The longing to understand that energy, to understand God, to understand the consciousness, is an energy. That energy has entered into matter, which is our own physical body. Castor and Pollux symbolize the transformation of energy into matter, and matter into energy. They also symbolize other aspects of nature, like evolution and devolution, the way energies ascend and descend, or evolve and devolve. They symbolize birth and death, two aspects of the same function.

All of these forces, all of these Laws which manage nature, affect the development of our consciousness. The stellar influence of Gemini is the influence of a given intelligence which provides for us a kind of energy, energy that may be used to either to develop ourselves or degenerate ourselves.

The Buddha nature comes to know itself when it is provided with energy; in other words, when you use it. If the Buddha nature is ignored, then it remains dormant, deprived of energy, which means it devolves, it degenerates, or it remains hidden, it remains latent, lost. The energies that we receive, stellar influences, energetic influences, are all harnessed by our psyche, and by our physiology in accordance with our actions, so as we behave, we use these energies, transforming them. This is the issue.

As we are now, stumbling through life, asleep, daydreaming, fascinated, fantasizing, identified, driven by pride, fear, anger, we take and transform those energies and forces into the ego, into desire, and we use them in accordance to desire. Thus, the sleeping state is fortified.

How many times during this lecture have you lost the thread of continuity of my speech and become distracted by your own thoughts and memories?
Be honest with yourself, because those moments of being distracted, of going off into your own psychological country, are exactly what you have to see about yourself, in order to understand what Gnosis is. If you avoid the recognition of your own sleepy state, you can never awaken. The only one who can awaken is the one who recognizes he is asleep, because if you think you are awake, then why would you try to change?

The energies that are received and processed within us from moment to moment need to be managed, need to be made conscious. So, we do that by learning how to observe, how to become aware, how to harness the force of the Buddha nature or the essence. In other words, we need to learn how to pay attention, we need to remember ourselves. This is not something we are going to get like that, “snap.” It takes a lot of effort and self-analysis, and trying from moment to moment. We awaken only when we realize we are sleeping, and to realize your sleeping requires that you awaken. There is no easy answer, there is no magic pill. There is only the raw, super effort to maintain a constant state of watchfulness.

So, we begin by trying to analyze how we sleep, noticing how we sleep, trying to maintain continual consciousness of ourselves. One way to do that is to start to analyze all the impressions that we receive, both internal and external, and to begin to question not only how those impressions arrive to us, but how we react to them. There is an exercise that we study in this teaching, called the Key of Sol, or S.O.L. Of course, in Latin languages, sol is related to the sun, and since this is a solar teaching, that of course has significance. But, really each of these letters stands for a component of this practice. They stand for Subject, Object, and Location.

The first one, Subject, invites us to pay close attention to any given phenomena, to any given impression, to whatever may appear before us, to become aware. Object is similar, to look at the objects, to look deeper into the appearances that are stimulated and arising. Location is to question where we are.

For example, suddenly, I become aware that I am not paying attention, immediately, I should initiate this practice. Subject: well, on one level, I am the subject, so I need to become aware of myself; to remember that I am a consciousness within a physical body, and I need to look at all of the phenomena that appear before me, to look at them as if I have never seen them before, to look at them with a sense of questioning what I see. Further, I should question where I am, and why I am here.

What you may notice, in this exercise, if you use it, is that it promotes a division of attention; it helps use to develop a very important quality of the consciousness, to strengthen a quality of the consciousness that is necessary for us to grow. This is the distinction between observer and observed.

The practice of S.O.L. can be given a variety of explanations and can be given a variety of interpretations, because in itself it is a tool to activate the consciousness. So, you may hear and read not only how the Master Samael explained the practice a little bit differently at different times, but how varying instructors also explain it a little bit differently. The point of it though is consistent: Wake up, pay attention, notice where you are and what you are doing, pay close attention in the moment.

What is being pointed at and indicated is to develop the difference, the distinction, the understanding of the observer and the observed, to notice that there is a distinction, to learn to have a sense of inner separation. Fascination, identification, daydreaming happens because we forget ourselves, we become absorbed in dreams, in fantasies. This practice helps us to separate from dreaming, and to move our center of gravity into the consciousness, to become more aware, more consistently attentive and awake.

Now, the third aspect of S.O.L. is Location, in which we ask, “Where am I?” This has implications and importance beyond first appearance. When we question where we are,
we need to truly look at our environment as if we have never seen it before, paying close attention to the details.

This is not just an interesting exercise. What you are doing in this practice is training your consciousness to work. Remember, when you were a child, everything was new, every experience had some kind of vitality, a living, breathing quality which is lost as we incorporate more and more of our ego. The practice of S.O.L. helps recover that capacity of the consciousness, to see things as if they are new.

When we ask where are we, and what are we seeing, we are training the consciousness to awaken. It is necessary to persist in doing this practice all the time, moment to moment, all day: not mechanically, not just saying, “Ok, where am I, what am I seeing, what am I looking at?” That doesn’t work. It has to be sincere, it has to be genuine. It has to be very attentive. If you make conscious effort all the time, then the consciousness begins to do it on its own. The same way you train yourself to walk, and the same way you train yourself to write, you can train the consciousness to pay attention, but beautifully, magically the consciousness will start to do it at night, and you will start to do it while your physical body is asleep and you will awaken in a dream, questioning where you are and what you are seeing. You will become conscious of the dream. This is the unique gift that the influence of Gemini is stimulating in humanity right now.

Gemini, of course, is in the house of Mercury, which is an air sign. The intelligences of Mercury, all the hierarchies related to that ray are in these moments providing energy, guidance, and assistance to this humanity to awaken consciousness, and specifically, to awaken consciousness in the world of Hod, the astral plane. This is a beautiful opportunity that we all have, to take advantage of those forces, but we all have to work to receive it. Nothing is given for free. We have to earn that gift. In the many teachings that we study in Gnosis, in the many books, there are literally hundreds of practices, many of which are concerned with developing the capacity to awaken consciousness in the astral plane. Such an experience does not arise mechanically; it does not arise by chance. Rather, it arises by causes and conditions. We have to produce the causes and conditions to awaken the consciousness. If you want to awaken your consciousness in the astral plane, in the mental plane, the causal, the buddhic, and the atomic, and beyond, you must awaken here first. We have the consciousness within. We have to awaken the consciousness now, not tomorrow, but in this moment, to make it active, to make function as it should, to take advantage of all the assistance that is coming from our own Being and from all the compassionate Gods, the angels, the Buddhas, all those intelligences providing their assistance. But all of that help is wasted, if we do not use our consciousness from moment to moment.

As we are now, we slip in and out of the dream state during the day, all day long. Some of us sleep all day long, we never even have a moment of attentiveness or awareness. This level of sleep is characterized by constantly moving from one worry to another, from one fantasy to another, one memory to another, from a dream, a desire, a hope. We are never really here. We are never really in our body, experiencing what it is like to be in the body and to receive consciously the impressions of life. We rarely have this experience as adults, though as children we have it. But, as the ego incorporates, that experience becomes less common, till eventually we are in a state of sleep all the time.

There is a good measure that you can apply to yourself to gauge your own conscious development, but you won’t like it. I’ll tell you what it is, but I will tell you now you will not like it. What happens when you go to sleep at night, what happens, when you take a nap? Do you completely lose consciousness of yourself? Do you awaken from your sleep a little while later, with either no memory at all of what happened since you went to sleep or some vague, vaporous, obscure image which will probably disappear from memory within a few minutes?

Understand that the consciousness is eternal, the consciousness does not die. It is energy. Einstein pointed out that you cannot destroy energy. You can transform it, but you cannot destroy it. The energy of the consciousness does not die. The Being, God within does not
die, but he is also not born. He extends a part of himself, the consciousness, into matter, and that part of himself is the Essence, the Buddhata which is with us.

When we sleep, physically, and dream, the consciousness is there, but it is asleep. It is buried in that pile of filth. When we have no conscious awareness during the time our physical body is sleeping, then in the same way, exactly the same, will we experience death. There is only one little difference between the way you sleep at night and the death of your physical body. That difference is the connection between that body and your consciousness is cut. Otherwise, sleep is death are the same. That is why in Greek Mythology, Sleep and Death are brothers.

This is why Dream Yoga is so important. This is why the Hierarchies of Mercury, working through Gemini, are teaching humanity how to awaken consciousness out of the body, how to utilize the watchful, attentive state while we call “dreaming.” Actually, the goal is to not dream, but to be awake while in the body and out of the body. Samael Aun Weor stated, very explicitly, “The awakened person no longer dreams.”

Now you may say, “Well, I don’t remember any dreams...” That doesn’t mean you are awake, it means you are deeply asleep. First, you have to become aware of your dreams, to come to know them, to discover where they come from and what is producing them. Then, we have to eliminate those causes. When all the causes of dreams are eliminated, you are awakened, you are a Buddha, you have reached Enlightenment. Enlighten: “to have light.”

So, we begin physically, while we are here in the body, training the consciousness to be awake, to pay attention from moment to moment, questioning everything we perceive, both internal and external. Samael Aun Weor put this in terms of Observer and Observed. Become aware of the consciousness within us: this is the observer, that which pays attention. This must be made active. Actively pay attention.

You may know that you are sitting down right now, but that doesn’t mean you are paying attention to it or that you are watching it.

You may know that you have eyes, but that doesn’t mean you are watching your eyes or that you are aware that you are receiving impressions through your eyes.

You may know that you can hear, but that doesn’t mean you are observing how the sound enters into your ears and how that sound is translated.

So, watchfulness is very active, very attentive, and you may start to feel tired. You may start to feel exhausted, trying to be attentive. Actually, that is a good sign. The reason is that our consciousness is very weak. We have not used it. It is really like a little baby. The consciousness that we have is not grown, considering the way we live now, the way we are educated now. We have to consciously grow and develop the consciousness, the essence. But, as it is in us right now, it is like a little baby. It has no coordination. It has very little energy. It is very small and fragile and becomes tired very easily. It cries. It has a lot of longings. It needs food, it needs nourishment, it needs love.

Unfortunately, because of our own wrong actions, we have trapped our Buddha nature within a pile of filth, our ego, which is, incidentally, that running commentary that you hear in your mind right now. That running commentary is not your consciousness. It is your mind, which traps the consciousness. The chatter, which is always processing, is not the consciousness. It is chatter, which are the voices of the Ego. Sometimes it sounds good, sometimes bad, and sometimes neutral, but do not mistake that chattering voice for the consciousness, it is not.

By training the consciousness to be attentive and aware, we have to fight from moment to moment. The fight is learning how to discriminate phenomena. To realize firstly this distinction between observer and observed, to know the difference. The consciousness observes phenomena. You have to see that for yourself, to feel it, to discover, “Where is
the consciousness in me? What is it?” While you are aware of that, you must also be aware of what is outside of that consciousness. Now, the observer is the essence itself, but we also have to observe it. We have to observe the observer. There is a division of attention that must occur, and this is exhausting. These are muscles that we have to develop, muscles that are very difficult to strengthen. We strengthen these muscles by constantly observing the observer and by meditating.

Meditation is the main exercise, the main practice that we use to develop the consciousness. Meditation is the practice in which we first learn to concentrate, then to imagine, and thirdly, to comprehend. That series of steps gives us more strength to observe ourselves. Similarly, when we observe ourselves during the day, we develop more capacity to meditate. This is why we say that Self-observation and Meditation are the really same thing, in the sense that they are both an activity of conscious attention directed by will. This does not mean that you should only observe yourself during the day and not meditate. You need both.

When you observe yourself during the day, you are learning to use the consciousness amidst the battlefield of life, while all the different impressions are arising, both internal and external. We need this skill. We also need the skill of using the consciousness when it is isolated; when all those impressions are not arising, we can enter into silence. So, we must have both.

The “observed” is all phenomena. That includes the essence itself. That includes the physical body, as well as our three brains. It includes our mind, and it includes the external world. Is this appearing to be a challenge now?

In synthesis, the Gnostic student has to teach themselves to simultaneously observe everything, everything, not only all the impressions that are coming from the outside, but also all of those arising on the inside, and how we perceive them. That entire series, that entire collection must be maintained continually within our field of conscious perception. As we are now, this is extremely difficult, and you might say it is impossible, but it is not. In fact, this is required, and no one can teach you how to do. No one can do it for you. You can get indications. You can get assistance. You can get clues, but ultimately, you have to teach yourself. You cannot rely on anything or anyone, only your own consciousness. This is why the Buddha said, "I cannot save anyone, I cannot make anyone a Buddha, you have to do it yourself." The assistance you can get comes from Christ, and Christ is a compassionate energy, not a person, a force which is given unto us within, but it must be born in us.

We begin by studying the teachings, studying ourselves, learning how to use the consciousness. When you establish even a small percentage of being able to perceive observer and observed consciously and attentively, this is where you can really start to understand the mind. Not understanding in terms of the intellect or being able to label it.

Any one of us can be aware of a discursive thought or discursive emotion or an affective feeling, like anger. We can all feel anger, and say, “This is my anger.” This is not comprehension, neither is it awareness, neither is it watchfulness. It is only a label.

Do not fall into the trap of believing that applying a label to a psychological element equates with comprehension. In fact, applying labels to psychological elements can immediately cease our comprehension, because we then start to see only the label, not the element itself. This is the same as you “knowing” that you are sitting down now, but you are not observing it. If you label an element “pride,” you will then only see a collection of thoughts, feelings and impulses as the label, rather than what is actually arising from moment to moment.

To awaken the consciousness, to utilize the consciousness, is to observe. When you have a feeling, you have to watch that feeling. You have to observe that feeling. The beginning student, even some advanced students, can easily make the mistake of judging a feeling and repressing it. So, we may hear, “Well, anger is no good.” So, as soon as we feel the
arising of something like anger we repress it, we avoid it. This is a mistake. There is a sort
of balancing act we have to learn, which is the ability to watch or observe what arises
without repressing it, so we neither act on it or avoid it.

Now, this is in stark contrast to how our mind functions mechanically. This axis of Gemini,
one of the dualities that it can stimulate in its' negative aspect is the pendulum of the
desires of the mind. When we are not in this kind of study, when we are acting like a
normal person, an impression strikes the consciousness, strikes the mind, and we react.
That reaction occurs across a range.

If you imagine a horizontal line, there is a whole range of qualities here. On one side, far
to the side, are all the qualities related to aversion, something that we want to avoid.
While on the opposite end, are all those qualities that we crave, that we desire, that we
want, and in the middle, are all those things that we are indifferent towards. So, we have
this range of qualities.

As an example, we see a given person on the street and that impression enters into us.
When we are not paying attention, that impression stimulates some part of the mind that
happens to be there. So, we may feel an aversion towards that person, we may feel
craving for them, or we may feel indifferent. None of those are conscious. These are
mechanical reactions stimulated in the mind, and this is happening all day long.

Each reaction, wherever it occurs along that line, is a transformation of energy. The
energies that are in ourselves and those arriving are transformed and assimilated
according to the reaction produced by the mind.

If we see a person and feel lust for that person, the energy of the impression combined
with the energies within ourselves feed that lust and stimulate it, making it stronger.

If we feel envy, like we want what they have, then we stimulate that envy, we feed it, we
strengthen it.

If we feel pride, that we are better than that person, then we stimulate, feed, and
strengthen that pride.

This is how we are normally, but we will say abnormally here, but constantly throughout
the day and night, as we sleep, as we experience impressions, all those energies are
being transformed and assimilated by the ego. This is an influence related to Mercury,
related to the mind, related to Gemini. It is this duality of the pendulum which is occurring
in us right now. The solution is to pay attention, to become aware of the impressions that
are entering into the senses, to observe them and to begin taking conscious control of the
mind.

Another example: we are walking down the street again, and we see some person and we
feel aversion. Let us say we see some person who we feel is inferior to us. We have to
observe that feeling. We have to analyze that. Do not avoid, do not repress it, and do not
act on it either. Remain indifferent, remain watchful, observe the feelings. This is the first
stage, to remain aware. Simply, watching. Then, later, do the same in meditation.

Later in the day, you sit, you relax, you close your eyes and you review the varying
events in the day that strike you as important, things that you need to understand. All
you need to do is observe them. You replay the scene and watch it in your mind, but
notice something important: Your mind will try to change it. Your mind will try to alter the
memory, to try and change it to support the ego. There are a lot of subtle things that will
happen, and the development of the attentiveness is key to stop making mistakes.

In that process, both in day to day, moment to moment experiences and in meditation,
what you are seeking is to enter into the third state of consciousness, which is Self-
remembering: A state of profound conscious attention combined with the remembrance
of God (divinity). In other words, in that experience of seeing a person on the street that
we feel is inferior to us, if we remember God, our own Being, our own inner Buddha, how can we feel pride? How can we feel superior to that person, who also has God within? Similarly, if we see another person on the street, and we feel lust, desire, craving for that person, if we remember God, then we will feel remorse. We will then recognize that the other person is a child of God, the same as us. We may, for example, see this person whom we feel lust for and by remembering God, in that moment, by observing ourselves and seeing that lust for what it is, we can realize that the lust is a desire for an image, for a sensation, which is ephemeral, which is impermanent, which is an illusion.

In all the experiences of life, by learning how to use the third state of consciousness, to be in Self-observation and Self-remembering, we are starting to work with the Tao. The Tao is the third state, and that is a state of profound attentiveness, a state in which we learn to pay attention to everything as it is, not trying to change impressions but to comprehend them.

The Tao or third state transcends the duality of mind. To be in the third state of consciousness transcends craving and aversion. In fact, it transcends evolution and devolution. It is beyond birth and death. This is why they say the Tao, “is, was, and always will be.” It is a state of absolute existence. Through the third state of consciousness, we remember, we enter that door up the vertical path, the levels of being. So, maybe this is a little subtle, but the point is when we learn to consciously manage the dualities of life, all of the dual forces of nature, within ourselves, we transcend those dualities.

Another example is in Man and Woman. Gemini, of course, is typically seen as the twins and is normally depicted as two men, but actually, that symbol has many levels of meaning. The two columns of Gemini can represent the two columns of the temple. The two souls of Atman, Buddhi and Manas, or in other words, the human soul and the spiritual soul. Those two pillars may also represent the astral body and the mental body. They may also represent ourselves and our double, which is one of the great occult mysteries. It may also represent ourselves and our astral body. There are many doubles, many twins, many pairs, but in every case, the development of the consciousness occurs when the pairs are equilibrated, balanced. We see this also, of course, when we study the nature of Daath.

Daath is the tree of knowledge of good and bad, or in other words, of two factors which polarize each other or oppose each other, but the science of Daath is the way to equilibrate those two forces. Now, when those two forces are in equilibrium, there is a third form, which is the third force.

Similarly, we have in ourselves the mind and the heart, the intellect and the heart. The natives of Gemini, because this is an air sign related to mercury, receive a strong push or influence related to the mind, so they tend to be somewhat intellectual or rather they try to solve everything with their head, which creates a lot of problems for Gemini people. What they need to learn is to balance the mind with the heart, to learn to feel with the head and think with the heart. Truly, all of us need to learn that, but it is particularly true of the Gemini native. The balance of heart and mind cannot occur so long as a third force is absent. Do you know what the third force is? The consciousness.

This is why we see many students of religions, students of Gnosis, who fight and are always in conflict between the feelings they have and the thoughts they have, the ideas they have. There is always a fight in them. They feel drawn towards Gnosis, but conflicted in their theories and ideas about it. This conflict is happening in them because they are not learning to awaken the consciousness, they are not learning how to pay attention, they are not learning how to meditate.

The mind and heart are brought into equilibrium when the consciousness is developed. Then, these two, heart and mind, are naturally equilibrated. Those three are strengthened, feed, and fortified through transmutation.
So, you may encounter students who have this conflict, who may be transmuting their energies, may be studying Gnosis, may have a lot of good ideas about Gnosis, may seem very sincere emotionally, but they are always in conflict. They are always fighting, within themselves and with others, fighting outside, fighting with ideas or theories.

For example, there are students who may have been studying Gnosis for years, but nonetheless, who remain deeply conflicted about these studies, about meditation, not understanding what it is or how to do it. This is a very painful experience. This issue arises simply because that person is placing too much importance either in the heart or mind. In reality, they need to learn to balance the mind and heart within the domain of the consciousness. This is not something that anybody can teach them nor is it something that can be done for them. Each of us has to arrive at that understanding on our own, and it is painful. It is difficult. This is why we always emphasize, repeatedly, to Meditate. To practice.

Notice and observe in yourself how willing you are to spend an hour a day or two hours a day watching television, but you are not willing to meditate. Notice how resistant you feel to practicing meditation, but you are very willing and excited to watch TV, to watch movies, or to gossip, or read magazines. Why? What creates that? What are you feeding with your behaviors? What are you fortifying with your behaviors?

The Indian Tantric Master Padmasambhava, who brought Tantrism to India, taught something very similar to the Master Samael Aun Weor. When we study this practice of S.O.L., we are learning how to separate the consciousness and observe, and in this very potent and long held secret of Tantric scripture, we read these words from the Indian Master:

You should observe that which naturally arises and naturally originates within in your own mind. First, observe the source from which these appearances initially originate. Second, observe the place in which they abide in the Interim. Third, observe the place to which they will finally go. Then, one will find that just as, for example, a pond dwelling crow does not stray from its pond, even though it flies away from the pond. Similarly, although appearances arise from the mind, they arise from the mind and subside into the mind of their own accord.

The practice of S.O.L., in its refined practice, leads the consciousness to understand that all appearances are produced by the mind. If you have a struggle or conflict with meditation, it is not a fault of your instructor. It is not the fault of your school, nor the fault of the day and age in which you live. It is arising from your own mind.

If you have a desire to watch television, it is arising within your own mind.

If you have a conflict with your boss, with your friend, it is arising within your own mind.

The development of the attention and the consciousness should lead you to that comprehension: to never blame, to never assign responsibility outside, to comprehend that Right View perceives the inherent nature of all things as being empty of independent existence, and impermanent. Thereby, we can reduce our own suffering and begin to act in the right way.

So, what we need to do, in synthesis, is to learn how to awaken consciousness right now, in this moment, to become aware of that conflict of craving and aversion within ourselves and to observe that.

I will give you one more little clue about the consciousness we have within, because really, unless you grasp this, Gnosis will always remain a mystery to you. The consciousness is what we must develop, and in order to do so, you must know what it is. You have to be able to find it within yourself and to work with it. The Maitreya Buddha said,
If the Buddha nature were not present, there would be no remorse over suffering. There would be no longing for Nirvana nor striving and devotion towards this aim.

The longing to know God, the longing to experience the truth, is a longing of the consciousness or the Buddha nature, the essence. When we complicate that longing by becoming too intellectual or fanatical, we can create problems for ourselves. The longing that the consciousness has, the buddhata, has to be fed with practical experience. The urge that the student feels to study Gnosis, to consume it, to stuff oneself with all the books, lectures, and everything, can create a complication. We need to study. We need to read, but we must practice. Study without practice creates suffering. If you don't believe me, look around at students who study but do not practice.

This is one way that we need to balance heart and mind with the consciousness. The heart has that longing, to know what Gnosis is, to know what Nirvana means, to know what God is, to experience the astral plane, to speak with an angel or a God. That longing is part of the Buddhatata, which-long to reunite with God.

There is a longing also of the Buddhatata which comes through the mind, the longing to understand, to understand why life is the way it is, to understand the laws that manage the planets and suns, why we have a physical body, why we die.

If we just stimulate those longings in the heart and mind but we do not practice, we will remain outside of the door of Gnosis.

The Gemini native can suffer from this particularly, because they can become overly intellectual or fanatical. They have this dual aspect, and again, the answer is: meditate, practice, learn how to be attentive, learn how to be aware. In a sense, it means we have to become a spy of our own selves, to always be watching our own selves.

There are a number of practices that we study in these teachings. Of course, today we have talked extensively about Self-observation and Self-remembering. There are numerous practices that we can begin to study, to develop our own skills with meditation. But, in relation to Gemini, the focus is particularly related to becoming conscious of the dream state. Of course, that begins physically, to stop dreaming physically, to be attentive, aware, but we also need to learn to become conscious as we transition between the first two states of consciousness. In other words, when the physical body is going to sleep, we have to become conscious of that. Any person can develop the ability to remain conscious while the physical body goes to sleep, and you do it by making the effort to do so. So, tonight, when you are ready to sleep, lie down and pray from your heart and ask your own Inner Being, your own Buddha within, your own Divine Mother for help. You can also pray to those intelligences that are related to Gemini and Mercury to help you. There is a mantra you may use, if you want: chant aloud the mantra Rusti and extend the vowels. If you have other people present, then you may do it silently in your mind.

It is not enough just to repeat a mantra. You have to be attentive. You have to be watchful. You have to utilize the consciousness. It is not enough to simply lie there and make noises. If you do not utilize your consciousness, then you cannot awaken it. The consciousness does not awaken by any mechanical means. There is no drug, no trick, no shortcut. The mantras help. They draw and focus energy. They stimulate psychic centers. They can open doors, but to walk through the door, you have to be awake. There is no accident here. There is only conscious will.

Now, the real challenge becomes learning how to do that without desire. If you are lying in your bed and you are starting to do the mantra, but you feel a lot of desire to have this kind of experience, you probably will not. That desire may well be egotistical. Similarly, if you feel a lot of fear, the experience will not happen, because fear is a desire. It is just aversion.
Through practical experience we can affirm to you that the one who learns to enter at will into the astral plane is the one who knows how to be in equanimity within the heart and mind. To be in equanimity means to have neither craving nor aversion; to be at peace. Equanimity is a natural quality of the free consciousness.

Gemini is the symbol of the two columns, whose power is the power of association or fraternity, harmony; we have already talked about the harmony of heart and mind. This harmony is an equilibration, or balance, or equanimity. Those forces, working through the influence of Gemini, can assist us in our development and understanding of equanimity. So, when you try this practice, if you feel fear, just reflect: Every night when you go to sleep, you go into the astral plane but you just do not know it. That is what you should be afraid of, because you are going into realms without consciousness of it. What you are trying to do now is become conscious of it and to take control. If you feel desire or longing that is very strong, reflect in a similar way. “Why should I feel desire for something which is natural? If God wants me to have this, then he will give it.” Have peace, Have acceptance, and the experiences will unfold naturally.

Do you have any questions?

Q: What is the next realm after the astral plane?

A: Well, to answer that question requires a little subtlety. Maybe, I’ll ask you instead. What do you mean?

Q: Is there, in sleep, a higher realm that you can get into?

A: Yes, there are many realms and many levels. Another useful way to look at this is in terms of dimensions. This physical world we call the third dimension, because we perceive length, width, and height. But, there are other dimensions which extend below and above this one. What you should notice firstly is that even within this physical world there are many levels, most of which we cannot perceive easily. For example, the very small (such as atoms), which require the use of tools to see, or the very large (such as planets), or the very far away. But, the same is true of other dimensions like the astral plane. They also have different levels, different aspects.

When you are dreaming, when you are outside of the physical body, most of the time you are in what we call the astral plane, but it is really only a little piece of it. It is actually your own mind. It is a self-enclosed little world of your own mind, which is inside the astral plane. In Hebrew terms, we call this the “Klipoth.” This is the unconscious, subconscious, and infraconscious levels of your mind, which are illustrated in the tree of life by the inferior tree, and there are nine levels to that, so it goes quite deep. Generally, in our dreams, we are in the first levels, what we call Limbo. However, more disturbing dreams, nightmares, occur in the deeper levels.

What is important to point out here is that this is where the majority of our dreams are experienced. Dreams are living experiences. We are just not aware of it. We are just not conscious of it. Some people are, so we always hear about lucid dreaming, or out of body experiences, or near death experiences. These are really all the same phenomena with slight variations. They are experiences of the consciousness of other levels of nature, which exists within us, as well as outside of us. A dream is an experience of our own mind, which is real, but which is empty of independent existence, or in other words, is not real. To grasp this requires meditation and experience.

When we are dreaming physically, during the day, we are here projecting our dreams in the mind, so they seem less distinct. When we step out of the physical body, utilizing what people call the astral body, those experiences seem very real. That is why we usually do not realize we are dreaming, because we think it is real. So, you may wake up one morning and ask, “Why was I dreaming about having a conversation about philosophy with a hedgehog?” Because you were dreaming and you thought it was real. Your consciousness was so asleep, fascinated, identified, that you did not realize you were
in Limbo, your own psychological Limbo. And this happens because we do this all day long too, being so fascinated by life, by possessions, by desires.

In our dream world, we act out all of our fantasies, all of our desires, all of our dreams. We repeat past experiences and we project our desires and act them out. So, if you are angry with a person, you may dream of hurting them. It is a projected desire, but you do not realize it because you are dreaming.

The goal of the spiritual aspirant is to awaken consciousness, because those experiences are real. They are real, living experiences of matter and energy. It is just different from physical matter. Nonetheless, cause and effect still applies, karma still applies. What you do in your dreams has Karmic implications, just because you are dreaming does not make you free from the Law. It does not give you immunity from the consequences of your actions. You are still responsible, because those elements are in you and they are acting.

"Ignorance of the Law is no excuse," is what they say, and it is true. So, this becomes an urgent necessity, because day by day, moment by moment, daydreaming and fantasizing produces Karma.

Q: Can you explain more about the mystery of the double?

A: The double. Well, there is this very strange and mysterious fact that we each have an antithesis. We have a double. We have a mirror opposite. Personally, I do not talk about it much, because it seems to me that this can be a cause of great skepticism in a student, and it can stimulate too much fantasy or worry. Basically, in esoteric traditions, it is understood that we each have a sort of twin, double, or opposite. For example, the Buddha Shakayamuni had his brother, who is called Devadatta. He is called "The king of Hell." He is really just the double or the opposite of the Buddha. So in occultism, it is understood that each of us have a double.

Q: What are you to do when you are trying to do something, like wash the dishes, and maintain consciousness?

A: Very good question. I think to understand the answer to that question requires two things, both a little subtlety of thought or intuition and a bit of practical experience. First and foremost, whatever we do, we should do only that. This is so important. It is hard to fully convey the importance of doing only what you are doing, without distraction. The reason behind it will be understood when you do it. Typically, when we are doing any given thing, let us say we are washing the dishes, we are not only doing that but we are thinking about other things, such as the bills or work. The same is true about when we lie down to go to sleep at night; we are not there just to go to sleep. We are thinking about tomorrow. We are thinking about what happened today, etc.

The whole point of our studies is to gain conscious control over mind. However, you cannot force the mind. You can only silence the mind naturally. It will silence on its own. This is why I say it requires a little intuition and practical experience. When you learn to pay attention, to consciously direct attention, what you are learning to utilize is the consciousness, not the mind, but we confuse that. Typically, we think that the mind is the consciousness, and this is where the problems begin for several students.

In the Dzogchen tradition, they state this very well. One instructor said, "Whatever thoughts arise, observe them, and if thoughts do not arise, observe. Whether this or that, remain the same, observing."

The same is true when you are doing the dishes. You just do the dishes. You just do your action, whether thoughts come or not. Do you see the subtle difference? It is a matter of how you pay attention. Normally, we get so indoctrinated with this idea that "we must silence the mind," that we take a violent approach, which does not work. It actually creates more problems, which become very difficult to unravel. So, right from beginning, do not gag the mind.
Do not force the mind to be quiet. Firstly, it is impossible to do it. Now, you might push and push and push and gather the impression that it is starting to be quiet, but that is a lie, an illusion. The deeper levels are in even worse condition than before, because you are forcing something, repressing something. That can become very difficult.

Instead, focus on learning to pay attention, no matter what happens, no matter what is arising, no matter what is passing away. So, as you are doing the dishes, you pay attention, “I am washing the dish.” You do not have to think anything. You are just watching yourself do it, then you notice some thoughts arising. Remember the quote I read from Padmasambhava, he says, “Notice where the thoughts come from.” You just observe.

“Here comes this thought about John and his problem and this and that.” Simply notice it and observe how the thought hangs in your mind for a little while and then it goes away, but all the while remain consciously attentive.

Normally, what happens is the thought arises and we become identified with it. We start to think that thought. We start to feel what that thought stimulates. We start to feed it and follow it. “Maybe I should do this, maybe I should go here, maybe I should talk to so and so.” We become identified. We go to sleep, and after a moment or two, we are not even aware of what we are doing, washing the dish. We are actually imagining John and the thing that happened and what we need to say and do. We are deeply asleep, dreaming. The Master Samea Aun Weor said, “It only takes an instant of forgetfulness to begin dreaming.” Like that, “snap,” you are dreaming.

Q: Talk a bit about how the mind can become identified with others arguing or other things outside.

A: It is easy for us to become identified. Even with external things we observe, we can become involved and identified within our own mind. There are many examples the Master gives within his own books, but I think it is most useful to look into our own lives and discover what are the things that cause us to lose awareness of our own selves. We have to become mature, consciously speaking. That maturity arises when we begin to recognize our mind, see the colors and look at why we chose to do the things that we do. We become very quickly absorbed into things that were not originally our intention, so an example is, we may see two people arguing, which does not concern us, but we can become involved psychologically by becoming identified one way or another with what they are going through. In that way, we can bring a lot of unnecessary suffering onto ourselves, as well as others. There are numerous examples of how we sleep, but the point is, we have to learn to do one thing at a time and how to pay attention to that. To question when something is stimulating us to act, we must question where is that stimulation coming from, where is that impulse coming from. Is it conscious or is it mechanical? This is not an easy battle and it is not a short one, so each day we have to observe and pay attention, not to gag the mind, not to reject what is arising, but to observe it.

Q: Well, that seems like I cannot really give my opinion about something. Like, say I like a certain type of music, while another does not. Is there something wrong with that?

A: Well, you have to discover that for yourself, in the nature of each experience. But it is very important that you question the way that you are doing anything. With each experience that arises, with each impression that you are observing, you have to question your reactions, you have to question your impulse to say something. Here I am, being stimulated by this impression of the music or a singer, and I have this phrase that is bubbling up that I want to say, but why, why do I want to say it? Is it to benefit someone else, is it my pride, is it my anger, is it sarcasm? Is it something conscious or not? So, it means we have to become more passive as personality and more active as a consciousness. Unfortunately, we are so mechanical that we say things and we do not know why we say them, and much of what we say we are just repeating someone else’s opinion. This is a curious thing about people in these times. People will repeat the opinion
of someone else and then fight to protect it as if it were their own. Often, they do not
know why they believe it or say it. There is no real conscious comprehension of that
opinion, or idea, or statement.

Q: When you say the personality is passive, aren't you labeling it in that sense?

A: No. The personality being passive is a state of inactivity. When your personality is
active, that means the face, the mask, the persona you use to interact with others is very
active. So, the qualities of your upbringing, your training, your form of speech, your kind
of cultural influences you have, become very active. So, for example, music; you may be
hearing a singer or music and do not like it, but it may be your personality that does not
like that type of music. This has no reflection on the conscious value of the music, so if
you were raised in Latin America, then you have the cultural value or personality which
enjoys music from Latin America. But, if you hear music from China, you may say “yuck,”
and not like it. That does not mean it is a conscious reaction, it may be a reaction of the
personality. Whereas a person who is conscious, attentive, and aware may be able to
perceive the conscious values of that music and learn to appreciate it. If there are any
conscious values within the music. You follow me? The bottom line is, the consciousness
just is, while likes and dislikes are reactions of the mind. Craving and aversion, like and
dislike.

Q: What do you do when something arises that either deals with craving or aversion, after
you observe it. Do you just play it out while watching yourself? I am not really certain how
to deal with it after you observe it.

A: Well, the point of this process is to develop the capacity to act from intuition. Intuitive
action is what leads us to awaken the consciousness, and intuitive action is free of good
and bad, yes and no. To act intuitively requires that you are able to hear intuition and
recognize it, so you have to have some discrimination. We all have some discrimination
so long as we have some degree of free consciousness incarnated, and the first sign, which
I mentioned, is that we should have a quality of remorse when we do something
wrong. Right there you know. If you are doing something and you become aware
of yourself and feel a quality of remorse, stop, stop it. That does not mean repress what is
occurring in your brain. It means stop repressing it. It means cease that action and observe
yourself. For example, you may find yourself in a heated argument and then you become aware of it;
you should stop talking. You should be quiet, which means to cease the action, but then
you should observe the anger. Notice how it feels, because anger is a state of suffering. It
is very painful, so you should be observing that. To repress it means you would avoid it.
You would get away from the situation, maybe avoid the person, maybe try to cover it up,
by saying, “Oh no, I am sorry, I didn’t mean it. Let us get some ice cream and go hang out
together.” Wrong; you need to observe your anger. You need to comprehend your
feelings. You cannot if you avoid them nor if you indulge in them.

Now, there are cases in which it is necessary for us to replace that inferior emotion with a
superior one. For example, that anger may be so strong that we cannot control it. In that
case, it is good to take a walk, to get an ice cream, to not think. This is not repression.
This is a subtle thing, not repression. You are not avoiding it within yourself. You are
calling in a superior quality, maybe you listen to relaxing music, go work in your garden
for a little while, just until that heat calms down enough to where you are able to control
it, then you should meditate. Then you should start to reflect on that event and analyze
it. Do not walk away and leave it alone, cause if you do, it will remain there unsolved,
probably getting worse and festering inside.

So, this work requires a great deal of delicacy and a great deal of caution. Each situation
will require a little bit different management, and that is something that only you can
define. It is intuitive; your Being can guide you but you have to listen to that quality of
intuition. “What do I really need to do here,” feel that. Do not rationalize about it. Do not
reason about it. Trust the sense about it that your Being can give you. Remain with this
quality of watchfulness. In the beginning, it requires so much effort, so much caution to
learn this, and later, it requires even more, because you start to deal with even more
subtle egos which can feel like intuition but are not. So, it is not going to get any easier in that way. It is something that you will have to experience. Become aware of yourself and feel what is right, feel what is wrong. Your consciousness can tell you that only if you listen to it, and it will tell you through hunches, through just “a sense.” You may not know why, you may not have a good reason, but you will sense it if you will listen. That takes the ability to trust your intuition, to trust your consciousness. Often times, it will seem to contradict what your mind tells you. So, you will probably encounter in yourself and in other students who have a conflict, a sense of feeling that something is right, while thinking that it is wrong. It is very common. Again, the mind and heart battling. The equilibration happens by meditating with the consciousness.

Q: Well, I guess that means that watching sports for me is out of the question. I have my favorite team and am rooting for them.

A: Why not? You can watch sports. Let me tell you something. Gnosis is not about abandoning or changing your physical habits. It is about understanding them and making better choices. You can watch sports, but watch them consciously, you see? The reason I am putting it that way is that, if you have a great love for sports or if sports have been a great part of your life, that means that a great portion of your mind is wrapped up in that, and if you avoid sports, then you will not comprehend that part of yourself. You will be avoiding it. So, watch it, but watch it consciously and watch yourself, until you understand it. You may find, in the end, that you can watch the sports and not be identified and still enjoy it. You may find you do not need it anymore, it depends on your own development. Similar results can happen with music. We all talk about how classical music is helpful or good, but many people are identified with it and it is a very egotistical thing for them, which is harmful. So, it does not mean they should just stop listening to it. It means that they should just listen to it consciously and learn to discriminate and differentiate. Others hate classical music. But, if they simply learn to listen with the consciousness, free of mental or emotional filters, they will experience why classical music is good for the soul.

Gnosis is in the experience of each moment. We have to transform our experience of each moment. You will not find Gnosis by avoiding things. You find it by transforming them. Here is another example. The Master Padmasambhava is a great tantric master, who has great knowledge of many of the arts and sciences of Gnosis, and during certain stages of his development, he would meditate in cremation grounds. Now, most of us would say not only is that foul, it is unhealthy. Why would you go to a cremation ground? There is so much filth there, so much cause for disease. Our whole being or sense of self would reject that idea. But for him, there were conscious values that he was able to develop through that experience. So, the point is we need to look to transform our life as it is now, and work with the practical facts of our lives.

Now, certain kinds of behaviors we need to stop: fornication, obviously. We should not kill anybody. We should not do anything that is harmful. This is clear, so from that point of view, we start to say, “Ok, what other activities that I am engaged in now are harmful, should I stop them?” You need to analyze. Maybe you love to read books. This does not mean you need to stop reading books, but instead you need to read consciously. Maybe your taste changes. What about television? That is up to you. Some people need to stop it completely. Some people are so identified with it that if they reject it completely, their problems will actually get worse. This is one thing the Master says in Fundamental Education: If you completely repress a behavior, you do not solve it. You can actually make it worse. You need to comprehend it. So, it does not mean that you should walk away from a behavior completely. Some students will walk away from a certain kinds of behaviors and repress them and ignore them. All that happens is the desire for that experience gets stronger, so repression does not work, avoidance does not work.
04: Cancer

Let us now delve within the mysteries of the sign of Cancer in accordance with Esoteric Astrology. Among the Egyptians, Cancer is the zodiacal sign related with the scarab, the famous symbol of the Soul. Commonly, you find the symbol of the crab within that sign, which is also, we will say, an insect from the sea; insects characterize themselves because they do not have skeletons but exoskeletons, which is outside. We have the skeleton inside, but the insects have it outside.

Cancer is a sign governed by the Moon, which is related with the thymus gland. When we enter into the studies of endocrinology, we discover that the thymus gland starts its functions specifically during infancy, during seven years, according to the cycle of the planets and with the Law of the Heptaparaparshinok (the Law of Seven), the Law that organizes. So the immune system of the physical body has - among the organs, glands of the endocrine system - the thymus gland as a main gland that provides the "T" cells, to help to fight the different bacteria, viruses, sicknesses, that eventually will enter into the physical body.

It is astonishing to study the thymus gland in relation with the soul. All souls enter into the physical world through the constellation of Cancer, because if we study Kabbalah, we discover that Yesod, the Ninth Sphere, is governed by the Moon. Yesod is related with the waters and with the Ethereal world. Yesod is what we call the Ethereal Body. When we study the human being, we discover that the true Human Being has seven bodies; the second (when counting these bodies from the bottom) is the Vital Body (called the Ethereal Body), which in the Tree of Life is represented by the Sephirah Yesod. Malkuth is the physical body.
The Tree of Life is related with the Macrocosmos and the Microcosmos. In the Macrocosmos, Malkuth is the earth and Yesod is the Moon. So behold here why we state that everybody enters through the constellation of Cancer into a physical body, no matter what our sign of birth will be, because firstly the soul has to pass through Yesod in order to enter into the physical body. That’s why the thymus gland is a very important gland that enters into activity in childhood in order to provide the necessary defenses for the physical body of that newborn for his upcoming physical life.

The thymus gland related with the Moon reminds us of the Soul, which is submitted to the mechanistic nature. Within us we have that scarab, which is the symbol of the Soul, also known as the Buddhaba, that in the former lecture is described and explained in many details. The Buddhaba, the Essence (which is part of the Monad or the Spirit), is represented by the Egyptian scarab.

When we study the Egyptian scarab, we see that the Egyptians associated it with the Sun. We clearly see here in Gnostic Astrology that the scarab is associated with our inner Sun, the heart (Tiphereth), because it is precisely the Essence (the scarab), a part of the Human Soul, that enters into the body and begins to function in the physical body through these two glands, because the thymus gland is precisely above and behind the heart, between the lungs.

The hormones, the energies of the thymus gland, work in relation with the sexual glands during childhood. It is known that the thymus gland helps or works on the development of the sexual glands in both sexes. When we study the thymus gland in women, we see that this gland is related with the mammary glands. Now we can understand why the child needs to drink his mother’s milk during childhood, because that milk, that liquid, that emerges from the breast of women, are in direct relation with the thymus gland and with the Moon, with the vitality of the forces of the cosmos that the child needs in order to develop a strong Vital Body.

This is one of the main motives why mother’s milk cannot be substituted by cow milk, or any type of substance. Even though in different types of artificial substitutes for the mother’s milk you find proteins and vitamins, you do not find the Tatvic substances that the thymus gland extracts from the mother’s Ethereal Body and places in the breast milk in order to nourish the little child and to develop the immune system needed in order to survive, especially in this time, in this day and age, when viruses and sicknesses are spreading all over the world.

The hormones of the thymus gland exert influence in the development of the sexual glands. The testicles and the ovaries give the necessary vital forces, substances, in order for the body to develop the strength of the immune system. This is why if you observe how the sexual glands are related with the thymus gland, it is stated that when the physical body enters into its maturity the thymus gland degenerates. This is because of the abuse of the sexual energy.

In ancient times, the Egyptians knew about the sexual force, as did many of the esoteric religions of the world. Those individuals that transmute their sexual energy can acquire a hyperfunctioning of the thymus gland and thus acquire immortality, through that which people call the Elixir of Longevity, the Elixir of Long Life in the physical body.
In this day and age, people abuse the sexual energy. This is why the thymus gland is degenerated. But in Gnosticism, we teach sexual transmutation, which in the child occurs naturally.

When you see a baby, you see how his sexual energy works together with the forces of his or her mother. You see, for instance, in the activity of the mother feeding her baby, a sexual activity, related with love. Remember that the thymus gland is above the heart. When the mother is giving her milk to her child, she is feeding not only the physical body, but his Soul, and beyond. That love that the mother feels in her heart is associated with the thymus gland and with her breast. She really gives a lot, not only in the physical body, but in the internal soul: i.e. morals, vital principles that the Macrocosmos places, through the Moon, through that milk, into the soul of that baby.

The Egyptian scarab is precisely the soul that we are talking about. The scarab is a symbol of the soul.

Why is the scarab associated with the soul or with the immortality of the soul? Because in the beginning, when we as souls enter into this planetary body, we are associated with the mechanical laws of Nature; our soul is associated with what we call the Titrocosmos, "very tiny cosmos," in which the soul can develop.

When we talk about the Titrocosmos, most of the time we associate it with Hell, with the infernos, with the inferior dimensions of Nature. But that tiny cosmos in another aspect is related with insects. Thus, when we study the Titrocosmos, we associate it with Hell or with insects. Now, we realize why in ancient times many religions associated certain insects with the soul: the soul that is entangled in the mechanicity of Nature and that eventually should leave that mechanicity in order to enter into the superior worlds, in order: we will say: to become a Microcosmos, a Human Being, who will be able to enter into the superior cosmos. But before performing that metamorphosis, we are submitted to the mechanicity of the Titrocosmos, which is below, or behind the Mesocosmos (the planet Earth).

You see for instance that in childhood everybody likes to hear about fairy tales. All children like to hear that. It is due to the fact that when we are at that age, all the chakras - which people in this present time are trying to develop, in order to see the ultra of Nature - are naturally developed in any newborn. Any newborn is clairvoyant, clairaudient, and sees beyond this three-dimensional world. The activity of the seven chakras in the scarab, in that embryo of Soul with a new body, is something very normal.

**Personality**

Unfortunately, from birth to seven years of age, that scarab, that embryo of soul, develops his personality. This word personality comes from Latin persona, which means "mask." Or we will say "a shield" like the scarab needs in order to protect the consciousness, with it he protects himself, the shield against the exterior world, which is society, this materialistic world in which we live.

The personality is developed based on three factors: genotype, phenotype, and paratype. **Genotype**

Genotype is related with genes. When we investigate the new body of that newborn, we discover that this body is called "organism" because it is a compound of different organs. Each organ is a compound of cells. Each cell is a compound of molecules. And each molecule is a compound of atoms. And if we destroy an atom we liberate energy. So see here how the physical body is in its last synthesis is just compact energy. But when we look into the cell, which is the element from which all organs are formed, we discover that the center, the nucleus of the cell, is formed, more or less, of about forty-eight chromosomes (materialist science only recognizes forty-six; the other two are in Yesod). Each chromosome has a hundred or more genes. The genes are precisely that element between the physical world and the internal world.
That is the genotype. Within the internal worlds we find that genotype or that inherence, that the scarab (the child) brings into his new physical body, which Nature has freely given to him.

In order for the soul to develop the personality, that shield of protection, it has to do so in accordance with the Law of Karma. Of course, the Law of Karma (Cause and Effect) teaches us that such a scarab, before entering into this new body, had another body in former times.

When I say this, it comes into my mind that insect called cicada, which in summer emits a chirping sound continuously; not like a cricket, but more fine, more sharp. There is this belief among people that when this insect finishes its chirping, is because it exploded, and dies. But this is not true. What happens is that because of this sound, this vibration, the insect is creating a new body within that body, and the chirping sound is the open of the back of that insect, until it is completely opened and a new body emerges from that carcass. It is similar to that process of the snake. So that insect is immortal. When people find the old carcass, they say, ‘Oh, it died. It exploded’ But they don’t know that a new body emerged from that and just left there the carcass, the skin. This is precisely the reason why - because of the activity of this cicada - the ancient Egyptians used the scarab in order to symbolize the soul. In other words, when the soul leaves the old body it creates a new one and it starts doing the same activity, the same chirping again. Thus according to the chirp, we build a new body, again and again and again.

So this is precisely what happens with the soul: it builds a new body, a new personality, which we are explaining here. So the child has to build them in accordance with the Law of Karma: Cause and Effect.

Through the genes those elements that we call psychological aggregates, which belong to that soul, will channel the energies that the body needs in order to build the personality, because that newborn baby needs to incorporate the rest of itself. With this we are stating here that we are divided in two, or this soul is divided in two parts.

Three percent of that soul is the innocent element that we see in a newborn.

The ninety-seven percent, the rest of that soul, of the consciousness that is associated with it, is that which cannot enter into the newborn baby because it needs the personality in order to express itself.

It takes about seven years in order for the personality to be completely developed. Thereafter, the rest of that consciousness will enter completely into the new body. Yet before, I repeat, only the three percent, which is free, free of what we call ego, enters the newborn. The rest, the ninety-seven percent, is that which is associated with what in psychology is called lust, greed, anger, envy, pride, gluttony, laziness, etc. These are our heavy psychological elements.

The Essence, the consciousness, is electronic, whereas these psychological aggregates are molecular and atomic. The personality is energetic and atomic, it has the same atomic substance of the ego; this is why when the personality is completely developed then the ego starts appearing in that newborn. Sometimes the ego manifests after five years, etc. Yet, before that ego activity, the powers of the chakras are still active in the
child, and this is why it is normal for the child to see phenomena in the fourth dimension, in the fifth dimension, etc.

For instance, when you have experiences out of your body (Astral Projection), you know that it is easy to float or to fly in those dimensions. For the child, for the consciousness, it is normal to fly and to float. This is why the newborn soul still does not know how to differentiate between the interior dimensions and the physical dimension. But little by little, while he develops his personality, he develops that type of understanding, that is, that one thing is the physical world and another is the internal worlds, because the personality also needs to learn about that.

Phenotype

This is why there exists the other type, or the other factoring the development of the personality, which is phenotype: education.

Behold here that the development of the personality and the physical body from birth to the seven years of childhood is associated with the motor-instinctual-sexual brain and with the thymus gland, associated with the Moon, which is mechanicity. Thus the child learns through example, not by precept. What he sees, he repeats, mechanically.

Unfortunately in this day and age, there exist different types of systems in which children are being taught in a very wrong way, and only that which is related with the materialistic world. At that age, ancient people taught their children everything related with mythology, with fairy tales, which are so natural for them, because the Essence, the scarab, before entering into the human kingdom, it evolved, it came from the inferior kingdoms of Nature.

Evolution

It is stated that the Human Soul has 108 physical bodies in order to shape itself and to receive all the influences of the twelve constellations through different lives.

In accordance to the Tree of Life, above Malkuth there are nine sephiroth, nine heavens. If you multiply those nine heavens by the twelve constellations through which we always enter into the physical world in different lives, we then get the sum of 108 lives that we need in order to be "rounded," in order to form ourselves, to shape, to have the elements that we need in order to create the Microcosmos.

Before entering into the human kingdom, that embryo of soul was evolving in the animal kingdom. It had animal bodies, and before it was evolving in the in the plant kingdom, that soul had physical bodies of plants, and before that, it was evolving in the mineral kingdom. So this is how evolution has to be studied.

Moreover, evolution is not only associated with the physical world but also with the mental world and with the spiritual world. We are talking here only about the soul, but that soul has to create the protoplasmic vehicles, or better said, it has to create the protoplasmic mind, that is indispensable for the Soul to have, because in the physical kingdoms of Nature you only see the physical matter. You see minerals. You see plants, You see animals. You see people. But in the interior dimensions, you find the mental and emotional vehicles of those physical bodies.

You know very well that you have mind and emotion. When you enter into the internal worlds and clairvoyantly study the mind and emotion, you then discover that these are
the Protoplasmic Bodies, or what we call Lunar Bodies, that Nature gives to the soul in order for it to express in other dimensions, because the physical body is not enough. The physical body only serves us in order to act in this three-dimensional world. But when the physical body dies - as you know, it is a law here that everything that grows and gets mature, gives its fruits, and eventually dies. Plants die. Animals die. We die. Minerals also die. So, as souls, after death, we exist with certain vehicles in order to be in this Nature. These vehicles are precisely what in Gnosis we study as the Protoplasmatic Bodies, which are Lunar Bodies related with mind and emotion that any soul in the kingdom possesses.

The difference between the souls in the kingdoms of nature is that when their protoplasmic bodies enter into the human kingdom, their mind then acquires intellect. In the human kingdom, we are at the top or at the peak of mechanical evolution. In the mineral kingdom, the Protoplasmic Bodies are very primitive, not fully developed, whereas in the human kingdom we have them fully developed. The Protoplasmic Bodies are a gift that the Moon gives to the soul, as we are explaining here related with the scarab, the cicada.

When we lose the physical body, we enter into the interior dimensions of Nature, and we exist there with the Protoplasmic Bodies. The interior dimensions are what people call the dimension of dreams. Gnostics want to consciously go there through Astral Projection. When we Astral Project into those dimensions, we go with our Protoplasmatic Bodies or with the Astral Solar Body, but that is another topic. Now, we are only talking about the mechanical bodies that anybody has.

So, in the fourth dimension, which relates to the Sephirah Yesod, which dimensionally is also "time," or time in its dimensional aspect; in that dimension we find the Ethereal World, or what the Bible calls Eden. Eden is not a physical garden that existed in ancient times, as people think. Eden is the fourth dimension. Eden still exists; Eden exists there in the fourth dimension. If you remember when you were children, your dreams were more vivid; it is because we were able to enter into those dimensions while our physical body was naturally sleeping.

I, myself, remember very well how I entered into Eden, or into the fourth dimension, into that paradise, while my physical body was sleeping, when my physical body was a baby, and in that dimension I saw the souls, which are not human souls, since they did not have human bodies yet. These were the souls of animals, plants, and minerals, what in fairy tales people call fairies, gnomes, pygmies, undines, nereids. All of that exists in the fourth dimension. It is natural for any child to associate her or himself with that world; the soul enters and leaves Eden, and this is why the Essence is happy, innocent.

Why don't we see them anymore? Because lust, anger, pride, greed, gluttony, laziness, anger, do not belong to the fourth dimension. They belong to the fifth, to what we call Limbo, because the ego is molecular and atomic, and the Essence is electronic. So the electronic world [Tiphereth - sixth dimension] associates, harmonizes directly with Yesod. In other words, the Monad, which is a Trio of Spirit, Divine Soul and Human Soul associates with Yesod, and is a wonderful dimension which is very clear for any soul at that infantile age.

Paratype relates to the circumstances in which we live, and the different examples that we learn during life, which transforms the personality into something very materialistic. If you see the energetic and atomic personality of anybody in this world, you will see that it is made in accordance with this society. Most common are personalities that only think in making money, personalities that only want money, money, and more money in order to be famous. The personalities in this world are shaped and formed in kindergarten, colleges, high school, universities, which are personalities that are formed in order to confront a society that is very materialistic.
It is very sad to see, for instance, in the news, or on many shows on TV, how materialistic people, atheists (whose minds do not believe in God) take religiosity out from education because they think that religion is just “utopian,” that it is something that ancient people imagined. Indeed, they do not know about God, because their inner senses are atrophied. Yes, they do not perceive God due to the fact that their ego does not belong to the heavenly dimensions. Listen: the ego, the personality that we have, is associated with Klipoth, with the lower dimensions of the Tree of Life, the infradimensions, the devolving forces that are controlled by the Moon.

This material world is very heavy, but the infradimensions, Klipoth, are heavier than the physical dimension. In Klipoth you do not find elementals. You do not find the beauty that you find in Yesod.

So, little by little the child is mechanically absorbing the negative influence of the Moon, because in this universe we have to learn that everything is double, has two polarities, positive and negative. The positive ray of the Moon starts working in the thymus gland in the physical body, in the soul, from birth to seven years. So the child is vibrating positively, and the soul has an opportunity to grow, to develop at that age. But unfortunately, the personalities of adults intervene and start teaching to their children how to survive in this materialistic life.

Adults ignore that we as souls, as beings, we have to solve an equation. That equation is divided in two halves. The first half of the equation relates on how to survive in this physical world: how to have a career, because we need shelter. We need money in order to eat. We need clothing. We need food. Thus, money is the aim that we need in order to solve the first half of the equation. So everybody is concerned with that the first part of the equation, or that half of the equation: yes, we know that it is necessary to have a career in order to survive in this jungle of cement and steel. But nobody cares about that second aspect of that equation!

The second half of the equation is related with what we are talking about here, which is the development of the soul in relation with nature and the universe, which is the true purpose for coming here into this physical world. Understand that we do not come just to make money, or in order to live like any animal, that is, to have children, and thereafter die. Anybody can do that. Everybody does not come here in order to make a lot of money in order to be a millionaire. People think that in order to fight life it is enough to concentrate in money, in order to be successful. Now people want to be like Trump, people who like money.

Listen: to make the second equation is the most difficult matter. This is not easy. You can be a billionaire and have nothing, zero regarding the second equation. People die, and when they enter into the internal worlds they go to Klipoth, because they did not do anything in relation with the second aspect of that equation.

Those individuals who are concerned with this second aspect of the equation are the ones that enter into the superior worlds, they develop, they recognize that in this life it is necessary to have a career, to have money because we need to survive, but they do not identify with it. We know that money is just something that anybody can have if he makes the effort of making it, but we give priority to the development of the soul.

Unfortunately, the development of the consciousness of the soul, of the scarab, does not occur mechanically. The development of the consciousness does not occur because you are reading this lecture, or because you read hundreds of Gnostic lectures, or because you read all of the books of Gnosis, or because you read all of the books of the sacred religions of the world, since the mind can memorize all of that.

For instance, in this day and age, we observe a lot of preachers of different religions who memorize the Bible and repeat chapters and verses very fast, sometimes with periods and semicolons. But when you observe them internally in order to see if they have developed the second half of the equation, you then find that they have nothing, none,
zero, because the second half of the equation has nothing to do with believing in anything. The second half of the equation is something that we have to perform, to work, to exercise within, and this is something that you learn in this doctrine. You have to exercise the consciousness. We very clearly explained this psychological work in the previous lecture.

Lilith and Nahemah

Regrettably, the negative aspect of the Moon relates with two psychological spheres, which in Kabbalah are called Lilith and Nahemah. Lilith is the black moon, and Nahemah is related with the white moon, with mecha-nicity, in which nature utilizes us only for her mechanical purposes. At the physical level, we transform energies. And the internal bodies, the Protoplasmic Bodies that nature gave us for free, only serves Nature as channels for forces that it needs in order to survive, in order for the planet to be alive.

In Nature, if some physical bodies die - whether they are plants, animals, or humans - it does not matter since Nature creates new bodies in order to advance with its mecha-nicity. This relates to what some people in this day and age scream when wondering, “How come this hurricane or tsunami killed thousands and thousands of people? Why is Nature doing that?” It is because Nature is Nature. It is just a mechanism. For Nature to have killed thousands of human bodies in this area or in this other area does not matter to Nature, because matter transforms into energy, energy into matter. Nothing is destroyed. The soul is immortal. Thus, if the bodies are destroyed, new bodies can be acquired.

But the spheres of Kilpoth are governed by two great spheres, Lilith and Nahemah, lunar forces, in which people are identified with the mecha-nicity of Nature.

It is stated that the people from Lilith abuse their sexual organs. They commit sexual abuse: homosexuality, lesbianism, incest, and all of those degenerations in relation with sex belong to Lilith, the Black Moon. Those people of course atrophied the thymus gland completely.

In the sphere of Nahemah is adultery, prostitution, which is very common.

Cancer is the constellation that brings the karma of the sickness of cancer to the earth. In Gnosticism we call the virus of cancer the “cancer.” This illness comes to the earth because of the abuse of sex. Cancer enters into the organisms which develop under the spheres of Lilith and Nahemah because of the abuse of sex. Cancer is a karmic sickness that has different branches, as you know.

Thus, in the psychological spheres of Lilith and Nahemah, fornication, adultery and any sexual abuse is the law. When you enter into the Infradimensions of Nature, in Kilpoth,
into that which people call Hell or Inferno, you see that fornication, adultery, and any sexual abuse is very natural. There, nobody is scandalized because of fornication or adultery. In the third sphere of Hell, in the bars, in the taverns, they toast to adultery. They are slaves of the mechanistic of the Moon. Why? Because the Protoplasmic Bodies that were evolving in the Elementals within the fourth dimension, when they finally enter into the human level, they start to devolve.

This is precisely the beautiful knowledge hidden in the symbol of the crab. You see how the crab comes from the very bottom of the ocean? Yes, the crabs come from the abyss of the ocean in order to place their eggs, outside, on the earth. Millions of crabs come out of the ocean, go to a certain spot, a certain island or land, and after they do what they have to do they go back to the abyss. They go back into the ocean.

Devolution

But behold how the crab walks: backwards, or sideways. The crab does not walk forward like the rest of animals, they walk backwards, backwards, until entering into the ocean, in order to go into the abyss again. This is precisely the beautiful symbol of Cancer. Thus, the scarab, the crab, is that soul who in the spheres of Lilith and Nahemah begins to walk backwards, you see? The Moon took that embryo of soul, that scarab from the mineral, plant, and animal and human kingdoms, evolving. Now in the human level, the crab starts walking backwards into animal, plant and mineral kingdoms. That is precisely going into the Abyss, assuming, in the Protoplasmic Bodies, animal shape, plant shape, mineral shape, until those Protoplasmic Bodies are disintegrated, completely disintegrated.

Do you know that physically we have to die? Everybody knows that. If we study the physical body, we see that after it becomes old, it eventually dies, and goes to the grave, and there it disintegrates, it becomes dust. Everybody knows that. But did you ever inquire that also those internal things that we call mind and emotion also have to die? Yet these are not made of physical matter, but Protoplasmic Matter.

This is why when people go physically to bed and go out of their physical bodies, they feel like they are alive and experiencing this and that, thereafter, when they awake, they say, "Oh! I thought it was physical, but I was dreaming!" This happens because the Protoplasmic Bodies are matter, but more subtle, and those bodies are submitted to other laws. Those bodies are not submitted to the laws of this three dimensional world, but submitted to laws of the infradimensions, submitted to the laws of the mechanicity of the Moon. As they were created in the very bottom of the Ninth Sphere, which is the center of the earth, and emerged in the Ethereal World, evolving from the mineral, plant, animal and human kingdoms, they also have to devolve, to disintegrate. They have to die, because this is a law in Nature. Everything that is born has to die. Nothing is immortal in Nature.

This is the law, the reciprocal law in which everything grows up and dies, physically or molecularly; atomically. So when somebody ends with his 108 physical lives, he finishes the evolving process, and he starts the devolving process, and enters with his Protoplasmic Bodies into the infradimensions where they protoplasmically speaking have to die, they have to descend in each sphere until reaching the center of the Earth, where the Protoplasmic Bodies die, and since the Essence is trapped within them, this is why they say that the souls enter into Hell.

Nevertheless, we can avoid devolution, but for that we have to be born again. It is what the Gospels state. To be born again means to create bodies or vehicles that are not mechanical, because if we begin with the physical body it is mechanical. It has to die. To acquire immortal bodies is something very difficult, to have Astral, Mental, immortal bodies. For that we have to learn Alchemy, but this is a subject matter of another lecture.
I just want to emphasize on this mechanism.

Thus, when the Protoplasmic Bodies eventually disintegrate, then happens what in the Book of Revelation, the great prophet John called the Second Death.

People wonder: what is the Second Death? It is the annihilation, the disintegration, the death of the Protoplasmic Bodies, which are mind and emotion, the Protoplasmic Bodies that everybody uses outside of the physical body when it is sleeping.

The Protoplasmic Bodies are joined to the physical body by the famous silver cord, which has the name of Antakarana. So when the Antakarana cord is cut, then the Protoplasmic Bodies - within which is the Essence, the consciousness, the scarab - remains in the internal dimensions. The soul within the Protoplasmic Bodies remains without a physical body. The Protoplasmic Bodies are what return into the newborn baby, which is a new physical body, in order to build again a new personality in accordance with the time.

Each time that we are born we build a new personality; i.e. it will be absurd to think that we will live in this 21st century with the old personality that we had in the middle ages. They (personality and time) won't match. In this 21st century the newborns are building a personality related with technology, related with computers. But imagine the personality of a Roman soldier returning into this epoch, imagine putting a computer in
front of him, he won't understand, because his personality is related to Rome of that ancient epoch; he might say; “What is that?”

So do you follow me? Do you understand what this mechanism that starts from childhood and that goes back beyond time is? What we are doing here, we might say, is an intellectual retrospection, because the thymus gland is related with the pulmonary chakra, because it is located in the middle of the lungs, and this is the chakra related with the subconsciousness.

Subconsciousness

What is the subconsciousness?
Subconsciousness is related with the memory. When you start remembering what happened yesterday and before yesterday, the last week, etc., that is called retrospection. You enter into the memories of your subconsciousness and then you say, “Oh! I was visiting my friend. I was in this restaurant. I was doing this. I was doing that.”

Those images are placed in the subconsciousness. It is what is called the Akasha, or the Akashic records. The Akashic Records not only exist as people think, outside. They are also inside. That is called our subconsciousness. The Akasha is related with ‘Yesod, with the superior waters, with the forces of the Moon, and act mechanically in the Protoplasmic Bodies.

So when you are remembering things, you are utilizing the chakra of your thymus gland and going backwards into your mind, which utilizes the brain in connection with that gland. But in the baby, in the newborn child, that chakra of the thymus is fully active, thus the baby through this chakra is remembering his past lives, easily.

He remembers very well where he was in other lives and that is why he cries. “Oh again in this hell! Why do I have to come again in this new body? Why? Who sent me here? I don’t want to be here! Look at these giants, they are monsters! Look how they treat me! I want to eat, but they are not telepathic. They don’t understand that I am hungry, so therefore I have to scream like a mad baby, in order for them to hear and say ‘Oh maybe he is hungry.’” Yet sometimes the baby is not hungry. “Oh, I have a stomach ache. Please do not give me that breast right now; I have a stomach ache right now.” But the mother does not know because she is not telepathic as the child is.

The soul is there in a new body, and as a newborn, he can communicate with a cat, with a dog. He might say: “How come this dog or this cat understands me and communicates with me, while my mother and father do not?” They are like zombies who only think in money! “My God, please, help me to not put that idea of money again in my mind, in my personality, because I lost my time in my past life. Now I want to develop inside, because this is just a materialistic world; very heavy and dense.”

But his parents do not listen; they do not know anything about it. They start indoctrinating the new baby with the new technology, and everything changes, thus
finally that baby looses his innocence, he builds a new personality, and the egos of past lives start entering his mind and make his life a hell.

You know, Hitler was a beautiful baby; an innocent baby. Mussolini was a beautiful baby too. Al Capone likewise, when he was a newborn, his mother never thought that he was going to kill and make big trouble in Chicago.

All of us as babies were so beautiful... so innocent... but look at us now. Look at us now! We are really demons... devils... very evil. We can kill. Those people who crashed airplanes into the twin towers were also innocent children when they were babies. Nobody thought that when they were grown up they would go and do that foolishness; but they did.

When we see children in the streets, of any religion, of any race, of any color, we see how innocent they are, and we really admire them. But then we start analyzing, "My goodness! These children will lose their innocence because of the stupidity of this society, and they will have enemies, hatred, and all of that." We have this, and will be again members of this web in which we are.

But when we are babies, newborns, we remember past lives. Later on when we lose that capacity because of the personality, we need to believe in reincarnation, and if that baby enters into those religions that say believing in reincarnation is a sin, he will reject it. But when he was a child he was remembering it. Now he's either rejecting it or believing it.

It would be better if that soul would start to vocalize the vowel "A," the sound of the vowel "A." If you pronounce that sound and concentrate on the thymus gland, you see how it vibrates, and this is the first sound that any baby utters.

He pronounces the vowel "A" associated with the "M," with the waters of sexuality, since the "M" is Mary, the Mar, the Sea, "Mmmmaaaahhhhh." This is what the baby does. "Mmmahh! Mmmah! Mai!" and cries. The first syllables, "Ma Mai!" or "Pa Pa!" The "P" is forcing into the "A" the chakra to spin. That is why children pronounce those first syllables: "Ma Mai!" "Pa Pa!" and always "A." "A" develops, in association with the thymus gland, the pituitary gland, clairvoyance, which means that the memories of the subconsciousness start coming into us.

So, the newborn baby is remembering all of that, not because he is reading a book, or because his mother or father is telling him something, no. He's just seeing the images and is remembering through images just as you remember through images what you did yesterday. If I ask you, "Where were you yesterday?" you will concentrate and see images in your subconsciousness. "I was here." "I was there." Same as the baby.

The baby remembers through images in the subconsciousness, and this is why he cries because he remembers his past lives. It was very bitter. But when he goes into those ages when he was a child, he smiles and is happy, and goes far beyond in other reincarnations. And that is why when you develop the chakras of the lungs, the thymus gland, you don't need to believe in reincarnation! You don't need to read books about reincarnation. You just remember, naturally, like the baby remembers, naturally.

But for that you have to conquer the lost infancy. You have to become like the baby. It's coming into my mind Jesus of Nazareth, he said:
Except ye be converted, and become as little children, ye shall not enter into the kingdom of heaven.

- Matthew 18: 3

He said “as little children” and not as disgusting adults that only have lustful things, greed, and perversity in their mind. A child does not think like that. Children only want to play and to enjoy nature.

So, we lost that. Now, we have to re-conquer that state, and if we do, this is how you will see within the fourth dimension and other dimensions, those creatures - which the ignoramuses laugh about - who are real, who exist, as we exist when we are out of the body, while the physical body sleeps. So then, through retrospection, the chakra of the thymus gland will takes us back in the subconsciously, and we will remember all our past. But of course, retrospection goes beyond the remembrance of past lives.

As subconsciousness exists in each one of us, subconsciousness also exists in Mother Nature. All of the events of ancient races, countries that existed in the past, exist as images in the subconsciousness of Nature, or what we call the Akashic Records. Akashic images vibrate in the fourth dimension.

We can go there and investigate the life of any personage we want to investigate, and then we won’t need to read any book in order to know how this being or how this person was when he was alive in a physical body. So, that is what the chakra of the thymus will give us, because Nature registers automatically everything and it remains in the past within the fourth dimension. These are the powers of the Moon.

With those powers we can go beyond this physical world, we can go and inquire and discover within the Akashic Records, the subconsciousness of Nature that before this Root Race was created (after the universal flood), there was another root race, which people call Atlantis. And this is recorded in the Akashic Records of Nature, in the images of the subconsciousness of Nature.

We do not need to go onto the Internet and to discuss about it, or to have an argument about Atlantis there in any forum. With the chakra of the thymus gland active, we just go into the fourth dimension and we see how Atlantis was, and even beyond that, before Atlantis. Then we go and know that Atlantis was not the First Root Race that existed, or the first continent that existed, because the face of the earth changes periodically, as we change.

Our physical body right now is big, it is an adult body, but it was not always like that, when we were children it was different, and before being a newborn baby body, we were just a fetus developing in the womb of our mother. Before being a fetus, physically speaking, we were in the testicles of our father, as one sperm. So obviously that cell changed, evolved with time, and is now what we call physical body with which we manifest here. Yet, we were sperms, physically speaking, before being what we are right now.

So it’s the same with the earth. The earth was not always as we see it physically. It changed with time, and this is precisely what the scientists of this day and age do not understand, that before the earth came out of the womb of the Mother Space, it was developing within the other dimensions as a protoplasmic planet.

When we arrive to this protoplasmic body in the fourth dimension, then we enter into the other area of Lemuria, which was half-physical, half-ethereal, and beyond, the Hyperborean Race, the Protoplasmic Race. But in that time, the earth was not physical as it is right now. If I tell you that physically, before being what you are right now, you were like protoplasm in the womb of your mother, you will understand me, “Yes, you are right.”