Clothes
Then and Now

Richard Northcott

Read and discover all about clothes in the past and clothes today ...
- Where were your clothes made?
- What is a fashion victim?

Read and discover more about the world!
This series of non-fiction readers provides interesting and educational content, with activities and project work.

Series Editor: Hazel Geatches

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Level 3
600 headwords

Level 4
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Level 5
900 headwords

Level 6
1,050 headwords

Cover photograph: Getty Images (Woman in sari factory/Bruno Morandi/The Image Bank)
Let's think about clothes. Jeans, T-shirts, dresses, and sweaters ... you can find these clothes in most countries around the world. Look at the photos below. Which clothes are the same as clothes in your country? Which are different?

What clothes can you see
What are your favorite clothes?
What are they made of and where were they made?
What do you know about clothes in the past?
We wear clothes because we want to be comfortable. We wear clothes because we want to look good. Do we always wear the same clothes? Of course not! We wear different clothes when we do different things.

Clothes For Important Days
Are you wearing your best clothes today? Maybe not. We wear good clothes at school, but we wear better clothes at parties or on important days.

Weddings are very important days. In this photo of a wedding, the people are wearing beautiful clothes. They are made of an expensive fabric called silk. Wedding clothes are different in different countries, but one thing is the same everywhere – people wear their best clothes on the most important days.

Clothes For Every Day
In the past, clothes were often big and heavy. The old clothes above don’t look very comfortable. Most people couldn’t buy clothes made of light fabrics, like silk, because they were too expensive. There were no synthetic fabrics like nylon.

Today, our clothes are light and easy to wear. They are made quickly in big factories. Millions of clothes are made every day. Most people have lots of different clothes because they are cheaper now.
Staying Cool or Warm

We wear clothes because we want to be comfortable in hot or cold weather. In hot weather, tight clothes are uncomfortable. If we wear loose clothes, the air can move around our bodies and help us to stay cool. The men above live in a hot country. They are wearing long, white shirts called dishdashas. White clothes are cool in hot weather. The men's turbans and scarves protect their heads from the sun.

In colder countries, people also cover their heads. This is because they don't want to lose heat. In places where the winter is very cold, people wear hats made of wool or fur. Heat from the body stays in the wool or fur and keeps people warm.

Looking Good

‘That's a great T-shirt! Where did you buy it?’ ... We're always happy when our friends like our clothes. We like wearing nice clothes because we want to look good.

How do we look good? People’s ideas about that have sometimes changed. About 400 years ago, people in Europe wore big white collars around their necks. You can see one in this painting of a woman from Holland.

To look good today, men wear ties, and women wear scarves or jewelry. The head and neck have always been important in the design of clothes. When we meet people, we usually look at the top half of their body – their face and their eyes.

Some people want to look rich and important. They buy expensive clothes made by famous designers. Presidents and politicians usually wear expensive clothes.

Discover!

In Ancient China, yellow was the emperor's color. Only the emperor could wear yellow clothes.
The History of Clothes

People started wearing clothes about 100,000 years ago. Their clothes were made of animal skins. People also used to weave grass together to make rough fabric. Clothes were probably the same for men and women.

Making Fabrics

About 8,000 years ago, people learned to weave threads together to make pieces of fabric. They used threads of wool, cotton, or linen. They sewed the pieces of fabric together to make simple tunics. These early clothes were like T-shirts today, but they were longer. Later, people used looms for weaving.

This linen tunic from ancient Egypt is now in a museum. It’s about 1,500 years old. We don’t have many clothes as old as this tunic. Fabric doesn’t usually last long, so people throw old clothes away. If we want to know about clothes in the past, we can look at old paintings.

The spinning wheel was invented about 2,500 years ago in India. With spinning wheels, people could make thread more quickly, so making fabric was easier. Fabrics became more comfortable. If you were rich, you could buy lots of different clothes.

This picture was painted in 1434. It’s from Belgium in Europe and it shows a rich man and woman. The man is wearing a long tunic. At this time, men in Europe and in Asia wore tunics.

The woman is holding the front of her dress. There’s beautiful decoration on her dress, but its shape is simple. It’s like a tunic, but it’s longer than the man’s tunic.

People carried their money in small purses tied around their waists. They cut slits in their tunics to reach their purses. Later, these slits became pockets.
The First Pants
The first pants, or trousers, were very simple. They were made of two pieces of fabric sewn together – a front piece and a back piece. They were worn under a tunic.

This photo is from about 1870 and it shows a woman from Pakistan wearing a salwar kameez, which means ‘pants-tunic’. In America and Europe at that time, women wore long dresses or skirts.

Modern Clothes
The first clothes were made of a few pieces of fabric. Then people got better at sewing, and clothes became more complicated. There were different pieces of fabric for the front and the back of a coat, for the sleeves, and for the collar.

In a modern jacket, there are sometimes 60 different pieces of fabric. Not all modern clothes are as complicated as a jacket. You can make a T-shirt or a sweatshirt with only four pieces of fabric. Look carefully at some of your clothes. How many pieces of fabric are there?
With television, magazines, and the Internet, we see pictures of people from all around the world. We can look at their clothes and learn many things. What is their job? Are they rich or poor? Clothes are a type of language.

Suits for Work

The people below are newsreaders on television. Their clothes are almost the same. They are wearing suits. The men are wearing ties. The people in the first picture are in France. In the second picture, you can see newsreaders in Malaysia. France is a very long way from Malaysia – about 10,000 kilometers. They are different countries in different continents. Their climate is different and so is their culture. The people speak different languages. So why are these newsreaders wearing similar clothes?

Jobs and Uniforms

Newsreaders wear a suit because they want to say, 'I'm a serious person. I'm telling you something important.' People often choose their clothes because they want to send a message to other people.

In many countries, doctors wear a white coat. A doctor's white coat sends a message that everyone understands. It says, 'I'm a doctor and I can help you.'

Police officers usually wear a uniform. What does that uniform tell us? It says, 'I'm a police officer and I'm very serious.'

The first British police officers had to wear their uniform all the time – not just when they were working!
Traditional Costume

Sometimes we wear the special clothes of our own country. The clothes that belong to one country or place are called traditional costume. A traditional costume says, ‘I’m proud of my country and my culture.’

The two women above live in Mali in Africa. They are wearing traditional bubas. A buba is a long dress made of colorful fabrics. Women also wear a scarf on their head, sometimes made of the same fabric as their buba.

The traditional costume of South Korea is the hanbok, which means ‘Korean costume’. The hanbok is made of bright fabrics and it’s comfortable. For women, the hanbok is a long skirt and a short jacket. For men, it’s a jacket and loose trousers.

The traditional costume of Peru is very colorful. Traditional Peruvian clothes are usually made of wool. Women wear lots of skirts. Sometimes they wear 15 skirts at the same time!

The traditional costume of Japan is the kimono. Women’s kimonos are made of beautiful fabrics, usually silk. Men’s kimonos are darker than women’s kimonos, and they have simpler sleeves.

The decoration on a kimono matches the season. For example, in spring, women wear kimonos with pictures of flowers on them.

Go to pages 40-41 for activities.
Children’s Clothes

Look in a big clothes store and you will find children’s clothes in many different designs and colors. Millions of children’s clothes are made every year. Clothes for children are big business.

Clothes Today

Like most clothes today, children’s clothes are made by machines in factories. Children’s clothes can be made more quickly and cheaply than in the past, so more people can buy them.

When children play, their clothes get dirty. Today’s clothes are easy to wash and dry because some of the fabrics are synthetic. Children’s clothes are usually brighter than adults’ clothes. Young children like bright, happy colors.

Clothes in the Past

In the past, life for children was often difficult. In poor families the children had to work. They didn’t have much time to play or have fun. The poorest children didn’t have nice clothes, and they probably didn’t have any shoes.

There are more paintings of rich children than of poor children, so we know more about their clothes. Rich children dressed like adults and they had to live like adults. They had lots of lessons and they didn’t play much. This picture was painted in 1656. It shows the daughter of the king of Spain. The little girl is only seven, but she is dressed like an adult.
School Uniforms

At some schools, children wear special clothes. We call these clothes school uniform. School uniforms are made in the school’s special colors. They often have the school’s badge on the front of the jacket or the sweater. Some schools have different uniforms for summer and for winter.

School uniforms don’t have much decoration. There is sometimes a jacket and a tie, and maybe a hat. In the language of clothes, a school uniform says, ‘I’m a serious student and I work hard.’

Clothes for Babies

Clothes just for babies are a new idea. In the past, poor people wrapped long pieces of fabric around their babies to keep them warm. They didn’t have enough money to buy clothes for their babies. In rich families, baby boys and baby girls wore the same long, white dresses. Their clothes were nice and clean, but they weren’t very interesting.

Rompers were invented in about 1910 and they were the first clothes made just for babies. In rompers, a baby can play and crawl easily. It doesn’t matter if the rompers get dirty because they are easy to wash.

In many countries it’s traditional to dress girls in pink colors and boys in blue colors. This only began about 60 years ago, but people also dress their babies in many different colors.

Babies grow quickly, but that’s not a problem! Modern rompers are made of loose, light fabric, so they can stretch.
For thousands of years, people have used wool, cotton, and linen to make clothes. Scientists have invented new, synthetic fabrics, but people still like the old fabrics, too.

Wool

People have always worn clothes made of wool, especially in cold countries. The wool comes from sheep, alpacas, and other animals. There are different types of wool. In some wool, the threads are thin. This wool is used to make sweaters and scarves. Thicker threads are used to make blankets and carpets.

Cotton

Most shirts, T-shirts, jeans, socks, and underwear are made of cotton. Cotton clothes are lighter than clothes made of wool, but they are also very strong. Cotton is a soft, comfortable fabric. Cotton clothes are good in hot countries because the air goes through the fabric and keeps you cool.

Do you know how cotton is made? Cotton plants grow in fields. The white balls on the cotton plant are picked and washed, then they are made into cotton threads. Most of the world’s cotton is grown in China, India, and the USA.

When you wash cotton clothes, they crease a lot, so you have to iron them. If cotton is mixed with synthetic threads like polyester, it doesn’t crease so much. Clothes made of cotton and polyester dry quickly after you wash them.
The first silk was made in China about 5,000 years ago. At first, it was a secret. Only a few people knew how to make silk. Then, other people discovered that the secret of silk is a tiny animal, called a silkworm.

The silkworm makes a thin thread and wraps the thread around its body. In two or three days the silkworm can make about 900 meters of thread. Then people take the thread and wash it. Some people think that this is bad because the silkworm dies.

People weave the silkworm's thread and make silk. Silk is expensive because it's difficult to make. Silk reflects the light and shines. Dresses made of silk move easily when the person walks. Silk clothes are comfortable because silk is very soft.

Synthetic Fabrics

Synthetic fabrics don’t come from plants or animals. They are made of chemicals, and the chemicals usually come from oil. There are many different synthetic fabrics. Nylon, polyester, Spandex®, and Gore-Tex® are some of the most important ones. Spandex® is light and strong. It stretches and fits close to the body, so it's often used for sports clothes, for example, shirts and shorts for cyclists. Gore-Tex® is strong and waterproof.

When a synthetic fabric is invented, it is tested on machines. Is it strong enough? Will it stretch and not tear? Scientists do lots of tests to answer these questions. This machine is testing Gore-Tex®. The machine stretches the fabric thousands of times.
All around the world, millions of people work in the clothing industry. Famous designers and models make a lot of money. Other people don’t make much money, especially the workers in factories.

**Designers**

All designers are good at drawing. Many are good at sewing, too. Designers know about different fabrics and colors. Everything begins with the designer. The designer has an idea for a piece of clothing and draws a design on paper or on a computer. The designer chooses the best fabric for the piece of clothing and puts it with the design.

**Buyers**

Buyers work for big department stores or for supermarket chains. They choose clothes for their stores. They tell the factory how many clothes they need. Big stores buy thousands of clothes every year. They usually want a summer collection and a winter collection. Before one winter ends, the buyer chooses the clothes for the next winter.

**Factory Workers**

Factory workers use a sewing machine all day. They work fast, putting the pieces of fabric together, sewing zippers, and adding buttons. Do you think this is an interesting job? Maybe not, but the clothing industry pays money to thousands of factory workers and it helps their families to live. The clothing industry is an important part of the world economy.

**Sales Clerks**

Sales clerks work in the store and help people to choose clothes. Sometimes, customers want to try on lots of different clothes, so sales clerks must be patient.
The Supply Chain

What is the story of a piece of clothing, for example, a coat? How does a designer’s idea become a coat in a store? We call this story the supply chain.

A designer designs some new coats. A buyer looks at the designs. She chooses the best design for her store.

The design is sent to a factory. A factory worker makes one coat and sends it to the buyer. This first coat is called the sample.

A model puts on the sample. The buyer and the designer look at it. They choose different colors.

The buyer chooses numbers and sizes. She sends an order to the factory.

All the coats are made in the factory. They are taken to the store by ship and by truck.

In the store, a sales clerk helps customers to decide if they want to buy a coat.

Protecting Factory Workers

In some parts of the world, factory workers are not paid much money. Even children have to work in clothes factories to make money for their family.

Some organizations try to protect workers in the clothing industry. The Fairtrade Foundation wants stores to pay factory workers enough money. When this happens, a store can call its clothes ‘Fairtrade clothes’. Many customers prefer Fairtrade clothes because they aren’t made by children or other poor workers. The Fairtrade Foundation also uses newspapers and advertisements to tell people about the problems of factory workers.
Some people like wearing the newest design of clothes. They like buying magazines and reading about the newest fashions. Clothes are in fashion for a year or two. Then they start to look old-fashioned, and people want something new.

Changing Fashions

The clothes that are in fashion change all the time. Long skirts, short skirts, wide ties, narrow ties ... Sometimes designers change traditional costumes to make them look fashionable, too. Where do most new ideas come from? From the past! If clothes from five years ago aren’t fashionable now, what about clothes from ten years ago, or 50 years ago?

Elvis Presley was a famous American singer. People thought that his clothes were a new idea, but they weren’t. Sometimes he wore a long jacket – his grandfather probably wore a long jacket, too!

Clothes for Everybody

Hundreds of years ago, rich people chose the next fashion. Look again at the man and woman on page 9. They were rich, so they could buy the most fashionable clothes made of the most expensive fabrics.

Then things began to change. About 100 years ago, fashion became a big business. Now, clothes manufacturers want to sell clothes to everybody – not only to rich people.
T-Shirts and Jeans

Fashion changes all the time, but a few clothes, like T-shirts and jeans, have been fashionable for a long time.

You can find T-shirts around the world. They are comfortable and cheap. They are usually made of cotton, so they are easy to wash and quick to dry.

Manufacturers can put words and pictures on T-shirts. In some stores, you can choose the words and pictures on your T-shirt. You can have the words ‘I love’ and the name of your town. You can even have a photo of your pet! People use their T-shirts to show their personality.

About 100 years ago, you didn’t see people in T-shirts in the street. The first T-shirts were underwear!

About 500 years ago, sailors in Genoa in Italy wore clothes made of a strong cotton fabric called Genoa fustian. This name changed to jean fustian, and later it became just jean. Now, pants made of this fabric are called jeans.

In North America, cowboys wore jeans because the fabric was strong. Then jeans became very popular when young actors wore them in movies.

One of the most famous manufacturers of jeans is the Levi Strauss company. There are small metal rivets on the pockets of Levi Strauss jeans. These rivets stop the pockets tearing. Rivets were used in jeans from about 1870.
Some people always want to look different from other people. They like looking for new fashion ideas. Some of these ideas are really strange. There have always been crazy clothes, but would you really like to wear them?

**Fashion Shows**

The most expensive clothes are made by famous designers, usually in Paris, Tokyo, London, or New York. Movie stars, pop singers, and other rich people pay thousands of dollars for clothes made by famous designers.

Every year, designers show their new ideas at fashion shows. Models put on the clothes and walk on a stage. Some of the clothes are amazing, but you can’t really wear them. Designers often make crazy clothes because they want to see photos of them in the newspapers.

**Fashion Victims**

There have always been crazy fashions. Some of them are really funny. In the past, people wore incredible hats or wigs. Some women wore very high shoes, so they couldn’t even walk. They had to walk with a servant and hold her arm!

In most countries, people looked at big cities to learn about the newest fashions. If they wanted to see the most amazing clothes, they usually went to the capital. People from the countryside liked laughing at the funny clothes in big, busy cities.

There are still people who spend a lot of money in clothes stores and want all the newest fashions. We call them fashion victims.
Today, you can still see amazing clothes in big cities. Some designs are invented by groups of young people who like the same clothes. These designs are called street fashions. Are there street fashions in your country?

In the United Kingdom and many other countries, Goths wear black clothes and white make-up. They look like people in a scary movie!

In Japan, there's a street fashion called Harajuku. This fashion is a colorful mixture of different types of clothes. It's called Harajuku because the people in these clothes meet in the Harajuku area in Tokyo.

Be Yourself!

Your clothes say a lot about you. If you wear a traditional costume, it helps you to remember the history and the culture of your country. Other clothes show people your personality. What are your favorite colors? What type of person are you? Are you serious? Are you sporty? Do you like to be fashionable? The answers are in your clothes.

Clothes are interesting and fashion is fun, but remember – people are more important than clothes. Don’t be a fashion victim. Just be yourself!
1 Why Do We Wear Clothes?

Write the words.

coat dress hat scarf shirt shoes socks sweater tie pants

1 hat 6 ________
2 ________ 7 ________
3 ________ 8 ________
4 ________ 9 ________
5 ________

Match.

1 People wear their best
2 A hat made of wool
3 White clothes help you
4 Rich people often buy
5 Clothes in the past were
6 Today, people wear

helps you to stay warm.
expensive clothes.
big and heavy.
clothes at weddings.
light, comfortable clothes.
to stay cool.

3 Circle the odd one out.

1 yellow tight white blue red
2 warm cool hot country cold
3 wedding turban dress scarf hat
4 girls men clothes women boys
5 eye hand face head dress
6 nylon factory silk wool fur

4 Answer the questions.

1 Why do people wear hats in cold weather?
   People wear hats in cold weather to stay warm.

2 Why do people wear their best clothes at weddings?

3 Why do people wear loose clothes in hot weather?

4 Why are clothes today cheaper than in the past?

5 Write about your favorite clothes. What color are they? What are they made of? Where are they from?

People wear hats in cold weather to stay warm.
1 Complete the puzzle. Write the secret word.

The secret word is: _______________

2 Complete the sentences.

- clothes paintings pieces pants tunics

1. In Ancient Egypt, people wore simple _______ tunics _______.
2. There are not many ________ from 1,500 years ago.
3. Old ________ can teach us about clothes in the past.
4. In the past, ________ were made of two pieces of fabric.
5. There are only four ________ of fabric in some T-shirts.

3 Answer the questions.

1. When did people start wearing clothes?

2. What were clothes made of about 8,000 years ago?

3. What invention helped people to make thread about 2,500 years ago?

4. What did people carry in their purses?

4 Complete the chart.

<table>
<thead>
<tr>
<th>Adjectives</th>
<th>Colors</th>
<th>Clothes</th>
</tr>
</thead>
<tbody>
<tr>
<td>beautiful</td>
<td>big</td>
<td>black</td>
</tr>
<tr>
<td></td>
<td>blue</td>
<td>blue</td>
</tr>
<tr>
<td></td>
<td>dress</td>
<td>expensive</td>
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<td></td>
<td>green</td>
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<td>long</td>
<td>shoes</td>
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<td></td>
<td></td>
<td>tunic</td>
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<td></td>
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<td>white</td>
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</tbody>
</table>

5 Write about the painting on page 9. Use the words in activity 4.

The woman is wearing a long green dress.
3 The Language of Clothes

1 Circle the correct words.
   1 Newsreaders on television usually wear a T-shirt / suit.
   2 Doctors often wear a white kimono / coat.
   3 Police officers usually / never wear a uniform.
   4 Traditional costumes are different / the same all around the world.
   5 Traditional Peruvian skirts are made of silk / wool.
   6 The hanbok is the traditional costume of South Korea / India.

2 Match.
   1 We can learn about other people if we look at their
   2 Police officers usually wear a
   3 The special clothes of a country are called the
   4 The buba is the traditional costume of
   5 Peruvian traditional clothes are usually made of
   6 Men's kimonos have

3 Do they wear a uniform? Write ✓ or ✗. Then write sentences.
   1 farmers
   2 police officers
   3 newsreaders
   4 pilots
   5 teachers
   6 movie stars
   7 nurses
   8 doctors

   Farmers don't wear a uniform.

4 Answer the questions.
   1 Describe a traditional costume in your country.

   ____________________________________________________________

   2 What do you wear on important days with your family?

   ____________________________________________________________

   3 What do police officers wear in your country?

   ____________________________________________________________

   4 Which costume do you prefer on pages 14 and 15? Why?

   ____________________________________________________________
**Children's Clothes**

1. **Circle the correct words.**
   1. In the past, rich children / students dressed like adults.
   2. There aren't many paintings of poor / rich children.
   3. In the past, clothes for babies were / weren't very interesting.
   4. Pants / Rompers were the first clothes made just for babies.
   5. Rompers are / aren't easy to wash.
   6. At some schools, children wear a uniform / costume.

2. **Complete the sentences.**

   - babies bright serious shoes
   - stores decoration synthetic wash

   1. There are lots of children’s clothes in big ____________.
   2. Some children’s clothes are made of ____________ fabrics.
   3. Children’s clothes are usually ____________ and colorful.
   4. In the past, many poor children didn’t have ____________.
   5. Students look ____________ in school uniforms.
   6. School uniforms don’t have much ____________.
   7. Rompers are good because they are easy to ____________.
   8. People dress ____________ in many different colors.

3. **Circle the odd one out.**
   1. adults clothes children babies
   2. uniform summer winter spring
   3. boys girls parents colors
   4. shirt school jacket pants
   5. rompers yellow blue green

4. **Answer the questions.**
   1. Where are most children’s clothes made?
   2. Why can more people now buy children’s clothes?
   3. In the past, what did rich babies wear?
   4. Who is the girl in the picture on page 17?
   5. What do we call special clothes for school?
   6. Why can rompers stretch?

5. **Write about what you wear to school.**

   __________________________________________
   __________________________________________
   __________________________________________
   __________________________________________
   __________________________________________
   __________________________________________
   __________________________________________
   __________________________________________
5 Fabrics

1 Write cotton, silk, or wool.

1 ____________ comes from a tiny animal.
2 We get ____________ from sheep and alpacas.
3 Scarves and sweaters are often made of ____________.
4 ____________ comes from a plant.
5 ____________ clothes are expensive.
6 Most T-shirts and underwear are made of ____________.

2 Complete the sentences.

China silkworm sports synthetic winter

1 Wool is good for ____________ clothes because it is warm.
2 Most cotton comes from ____________, India, and the USA.
3 Sometimes cotton is mixed with ____________ threads.
4 A ____________ can make about 900 meters of thread.
5 Many ____________ clothes are made of synthetic fabrics.

3 Circle the odd one out.

1 sheep silkworm cotton alpaca
2 fabric strong comfortable beautiful
3 shirt thread shorts sock
4 cotton silk wool dress

4 Complete the sentences. Then write the numbers.

dry grow pick threads underwear washed

1 Cotton plants ____________ in fields.
2 People ____________ the white cotton balls.
3 The cotton balls are ____________.
4 The balls are made into ____________.
5 Cotton is used to make T-shirts and ____________.
6 Clothes made of cotton and polyester ____________ quickly.

5 Answer the questions.

1 Do you have any clothes made of cotton?
2 Do you have a sweater? What is it made of?
3 Do you have any clothes made of synthetic fabrics?
1 Write the words.

buttons  factory  truck  money  sewing machine  zipper

1 ____________  4 ____________
2 ____________  5 ____________
3 ____________  6 ____________

2 Number the sentences in order.

A customer buys a coat.
A factory worker makes a sample.
First, a designer designs some new coats.
A model puts on the sample. The buyer and the designer look at it.
The factory makes lots of coats and sends them to a store.
The buyer sends an order for lots of coats to the factory.
The design is sent to a factory.

3 Correct the sentences.

1 Most people in the clothing industry are very rich.
   Some people in the clothing industry are very rich.
2 The customer draws the design on paper or on a computer.
   The customer draws the design on paper or on a computer.
3 The design is sent to the store.
4 The factory worker buys the sample.
5 Some famous designers make a lot of models.
6 Fairtrade clothes are made by children.

4 Write sentences about these jobs.

designer  factory worker  model  sales clerk

I would like to be a ____________ because ____________.
I wouldn’t like to be a ____________ because ____________.
1 Write true or false.

1. Some people like wearing the newest fashions.  **true**
2. Old designs often become fashionable again.  **false**
3. All T-shirts are the same color.  **false**
4. The fabric of jeans was called Genoa fustian.  **true**
5. Cowboys wore jeans because they were fashionable.  **true**
6. T-shirts and jeans are always in fashion.  **false**

2 Complete the sentences

change old-fashioned pockets
T-shirts words everybody

1. Fashionable clothes look _________ after a few years.
2. The clothes that are in fashion _________ all the time.
3. Clothes manufacturers want to sell their clothes to _________.
4. The first _________ were really underwear.
5. Now you can put _________ and pictures on your T-shirt.
6. Levi Strauss jeans have rivets on the _________.

3 Match.

1. Fashions change
2. T-shirts are
3. T-shirts are usually made of
4. Some jeans have strong pockets
5. Jeans became very popular

when people saw them in movies.
cotton.
because they have rivets.
al the time.
comfortable and cheap.

4 Answer the questions.

1. Who was Elvis Presley?
   ____________________________________________
2. What did people think of his clothes?
   ____________________________________________
3. What happened to fashion about 100 years ago?
   ____________________________________________
4. What are T-shirts usually made of?
   ____________________________________________
5. What are jeans made of?
   ____________________________________________
6. Why did cowboys wear jeans?
   ____________________________________________

5 Design a T-shirt. Then write about it.

   ____________________________________________
   ____________________________________________
   ____________________________________________
1 Complete the sentences.

Designers  Fashion victims  Goths  Models  Young people

1 _________ walk on the stage at fashion shows.
2 _________ sometimes make crazy clothes.
3 _________ want all the newest fashions.
4 _________ invent amazing street fashions.
5 _________ wear black clothes and white make-up.

2 Correct the sentences.

1 Clothes made by famous designers are very cheap.

2 Designers show their new photos at fashion shows.

3 Designers like seeing photos of their pets in the newspapers.

4 Fashion victims want all the oldest fashions.

5 Harajuku is a school uniform in Japan.

3 Complete the chart.

amazing  big  black  crazy  funny  hat  jacket  little
long  nice  orange  pink  shoes  short  skirt  white

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4 Write about the model on page 32. Use the words in activity 3.

1 What is she wearing?

2 What do you think of the clothes?

5 Find the words. Complete the sentences.

ofabricenjeansrompersunsyntheticrouniformingwooler

1 In most countries, police officers wear a _______ uniform.

2 Silk is a very expensive _________.

3 Nylon and polyester are _________ fabrics.

4 Clothes made of _________ keep us warm in the winter.

5 Cowboys wore _________ because the fabric was strong.

6 Did you wear _________ when you were a baby?
**Clothes and Fabrics**

1. Find out about some of your family’s clothes. Look at the labels on the clothes and complete the chart.

<table>
<thead>
<tr>
<th>Clothes</th>
<th>What's it made of?</th>
<th>Where was it made?</th>
</tr>
</thead>
<tbody>
<tr>
<td>My dad’s sweater</td>
<td>80% cotton, 20% polyester</td>
<td>the Czech Republic</td>
</tr>
<tr>
<td>My jeans</td>
<td>100% cotton</td>
<td>India</td>
</tr>
</tbody>
</table>

2. Make a poster. Write sentences about your family’s clothes. Find photos of your family, or find pictures of clothes in magazines.

3. Display your poster.

**Fashion Designs**

1. Look in magazines or on the Internet and find pictures of different fashions. Write notes about the clothes that you like.

2. Imagine you are planning a fashion show. Design some amazing clothes. Draw some models wearing the clothes, and write sentences about the designs.

3. Display your fashion designs.
Glossary

Here are some words used in this book, and you can check what they mean. Use a dictionary to check other new words.

adult a man or a woman; not a child
advertisement a poster with information about something new
area a part of a place
badge a picture or symbol that means your town or school
blanket a piece of thick fabric on your bed
bright colorful and easy to see (for clothes)
business buying and selling
buyer a person who chooses the things that we can buy in a store
button a small round thing on clothes that holds them together
buttonhole a small hole in clothes where you push in a button
capital the most important city in a country
chain a group of stores that have the same name
change to become different; to make something different
chemical a solid or a liquid that is made by chemistry
child (plural children) a very young person
choose to decide to have something
climate the usual type of weather in a country
close to near
clothing industry all the people and organizations that make and sell clothes
collar the part of your clothes that is around your neck
collection a group of new designs (for clothes)
comfortable nice to wear (for clothes)
complicated difficult to make (for clothes)
costume a group of clothes that you wear together
cotton a soft, light fabric made from plants
countryside the land outside a town or city
cover to put something over something else
cowboy a farm worker who looks after cows
crawl to move on your hands and knees,
like a baby
crazy very strange
crease if fabric creases, it isn’t flat and smooth
culture the history and traditions of a country
customer someone who buys something
daughter a person’s child, who is a girl
decoration colored patterns on clothes to make them look nice
design a drawing of an idea for a new piece of clothing
die to stop living
dress to put clothes on yourself (or another person)
economy money and business
emperor a king
enough how much we want or need
fabric clothes are made of fabric; for example, cotton or silk
fashion clothes made from the newest designs
fashionable the newest and most exciting
field an area of land where we grow crops, or keep animals
fit to be the correct size
fustian a strong, cotton fabric
grow to make or produce (for plants)
industry the production of things, especially from factories
iron to make fabric flat and smooth, with a hot, heavy machine that you hold
jewelry (or jewellery) for example, necklaces, rings, and bracelets
label a small piece of fabric with words on it
last to exist
linen a fabric made from plants
loom a machine that weaves threads
loose big and comfortable (for clothes)
make-up colored creams that you put on your face
manufacturer a person or organization that makes things in factories
match to look the same as
mean to want to say
metal something hard and made from minerals
mixture different things together
model a person who puts on new clothes to show them at fashion shows or in magazines
modern not from the past
narrow thin
newsreader a person who reads the news on television
oil a liquid from the ground that we use for cooking and to make gasoline
old-fashioned fashionable in the past, but not now
order a list of things that someone wants
organization a group of people who work together
paid given money for work
painting a picture made with paints
past many years ago
patient happy to wait for things
personality a type of person
pick to take flowers or fruit from where they grow
politician a person who works in politics
president an important politician; the top person in a country
problem a difficult thing
protect to keep safe from danger
purse a small bag for money
reach to move your hand and touch
reflect to send back light (for sunlight)
sample a piece of clothing made to find out if a design is good
scary frightening; horrible
servant someone who works in your home and does housework
sew to make clothes
sewing machine a machine for making clothes
shape for example, circle, square, triangle
silk a very soft and expensive fabric
similar looking like another person or thing
size how big or small someone or something is
slit a thin hole
special different and important
sporty a sporty person is someone who likes doing sport
stage a high place where people stand so that other people can see them
straight funny; unusual
stretch to pull (for clothes or fabric)
synthetic fabric fabric made from chemicals, not from plants
thick not thin
thread a long, thin string
tight small and uncomfortable (for clothes)
tiny very, very small
traditional old; shared by many people
try on to put on a piece of clothing in a store
 turban a piece of fabric worn around the head
uncomfortable not comfortable
underwear light clothes that you wear under other clothes
victim a sick or unlucky person
waist the middle of your body
waterproof can keep water out
weave to put threads together and make fabric
wide thick
wig something that you wear that looks like your hair
wool hair from animals like sheep; fabric made from this hair
wrap to put something around another thing
zipper (also zip) a long thing that closes the slit in a piece of clothing
Oxford Read and Discover graded readers are at four levels, from 3 to 6, suitable for students from age 8 and older. They cover many topics within three subject areas, and can support English across the curriculum, or Content and Language Integrated Learning (CLIL).

Available for each reader:
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- Activity Book

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<th>The Natural World</th>
<th>The World of Arts &amp; Social Studies</th>
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<td>Amazing Minibeasts</td>
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<td>How to Stay Healthy</td>
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For younger students, Dolphin Readers Levels Starter, 1, and 2 are available.